

Master of Arts in Counseling

Marriage, couples, and family counseling specialization

Qualifying Graduates for MFT & PCC Licensure in California

	#	Fall	credits	#	Spring	cred-its	#	Summer	credits
20 credits Year One:	500	Professional Orientation	1	505	Psychopathology	3	502	Psychotherapeutic Systems	3
	501	Clinical Foundations	2	506	CM: Legal & Ethical Issues [501]	3	518	CM: Career Development	3
	507	Human Life Span Development	3	508	Integrative Issues in Counseling	1	523	CM: Human Sexuality	1
	6			7			7		
19 credits Year Two:	504	Suicide Prevention	1	503	Adv Cnseing: Theory & Techniques	3	520	Group Counseling [501]	3
	519	Addiction Counseling [501, 505]	3	511	CM: Family Systems [501, 502, 505, 507,	3	514	Research in Counseling	3
	512	CM: Marriage Counseling [501, 502, 505, 507,	3	541	AC: Addictive Behavior	2	543	AC: Addiction Group Dynamics	1
	7			6/8			6/7		
15/18 credits Year Three:	513	CM: Multicultural Counseling	3	521	Crisis & Trauma Counseling	3	522	CM: Child & Adolescent Therapy	1
	506	BL: OT Literature for Counselors	2	507	BL: NT Literature for Counselors	2	530	CM: MCFC Practicum	2
	542	AC: Advanced Addiction Counseling	2				506	TH: Theology I for Counselors	2
	5/7			5/7			5/6		
17/19 credits Year Four:	507	TH: Theology II for Counselors [BL507]	2	517	CM: Physiology & Psychopharmacology	3	509	Adv Integration [508, 530, TH506]	2
	531	CM: MCFC Internship I	3	532	CM: MCFC Internship II	3	561	Clinical Integration Paper	0
							515	Testing & Assessment	3
							533	CM: MCFC Advanced Internship	1
5/7			6			6			

NOTES

- All courses listed above have a **CN** Course Number unless otherwise indicated
- Course number (s) following course name indicates the Prerequisites for that course
- **Courses in bold** are prerequisites for Practicum. In addition, **10 hours of personal psychotherapy** is required prior to starting practicum.
- Courses in **Orange** print are an Addictions Studies Certificate.
- **PLEASE REMEMBER** when scheduling a semester, courses are often offered only **once a year** in the semester specified above. If you choose to deviate from the suggested course sequence you may delay your expected graduation date by a year. It is recommended that you do not register for courses listed in the subsequent year until you've completed all the suggested courses in the current year (e.g. Don't register for a 2nd year course without completing all the first year courses)
- Please contact your advisor with any advising questions.

- 30 hours (minimum) of personal psychotherapy with a licensed therapist or advanced intern (has a minimum of 2,000 hours towards their license) is required for graduation. 10 of these hours must be done as group therapy, 20 hours of personal therapy (10 of which can be marriage/ family).
- Minimum # of practicum/ internship hours to graduate:700 Total hours, which included minimum 280 face to face client contact hours.
- In order to graduate, a minimum GPA of 2.5 overall is required, with a 3.0min GPA in the major. Students are limited to receiving only 2 “C” grades in their counseling coursework. Grades of C- or below in any CN/ CM course result in an automatic required re-take.

Semester Schedule

	Fall 2022	Spring 2023	Summer 2023
Counseling	CN500 Professional Orientation CN501 Clinical Foundations CN504 Suicide Prevention CN507 Human Life Span Development CM512 Marriage/Couple Counseling CM513 Multicultural Counseling CN519 Addiction Counseling	CN503 Advanced Counseling: Theory/Tech CM511 Family Systems CN505 Psychopathology CM506 Legal & Ethical Issues CN508 Integrative Issues CM517 Physiology & Psychopharmacology CN521 Crisis and Trauma Counseling	CN502 Psychotherapeutic Systems CN509 Advanced Integration CM514 Research & Program Evaluation CN515 Testing & Assessment CM518 Career & Lifestyle Development CN520 Group Counseling CN522 Child & Adolescent Therapy CN523 Human Sexuality
	CN 561 Comprehensive Clinical Integrative Paper		
Practicum & Internship	CM530 Marriage, Couple, & Family Counseling Practicum CM531 Marriage, Couple, & Family Counseling Internship I CM532 Marriage, Couple, & Family Counseling Internship II CM533 Advanced Marriage, Couple, & Family Counseling Internship		
Bible & Theology	BL 506 Old Testament Lit for Counselors TH 507 Theology II For Counselors	BL 507 New Testament Lit for Counselors	TH 506 Theology I For Counselors
Addiction Studies (Optional)	AC542 Advanced Addiction Counseling (Independent Study)	AC541 Addictive Behavior: Treatment / Counseling (Independent Study)	AC543 Addiction Group Dynamics (Independent Study)
	AC 530 Addiction Counseling Practicum AC 531 Addiction Counseling Internship AC 532 Addiction Counseling Internship		



Spring Start | 4 Year Sequence | Sacramento

Last Updated 02/28/2023

Catalog Year
2022/2023

Total Credits
71 Credits

76 w/Addiction St.

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				506	CM: Legal & Ethical Issues [501]	3	518	CM: Career Development	3
				508	Integrative Issues in Counseling	1	523	CM: Human Sexuality	1
				7			7		
Year One: 20 credits	500	Professional Orientation	1	503	Adv Cnseing: Theory & Techniques [501,	3	520	Group Counseling [501]	3
	501	Clinical Foundations	2	511	CM: Family Systems [501, 502, 505, 507,	3	514	Research in Counseling	3
	507	Human Life Span Development	3						
	6			6			6		
Year Two: 19 credits	504	Suicide Prevention	1	521	Crisis & Trauma Counseling	3	522	CM: Child & Adolescent Therapy	1
	512	CM: Marriage Counseling [501, 502,	3	507	New Testament Literature for Counse-	2	515	Testing & Assessment	3
	519	Addiction Counseling [501, 505]	3	541	AC: Addictive Behavior	2	506	TH: Theology I for Counselors	2
	7			5/7			6/7		
Year Three: 18 credits	530	CM: MCFC Practicum	2	517	CM: Physiology & Psychopharmacology	3	509	Adv Integration [508, 530, TH506]	2
	506	BL: OT Literature	2	531	CM: MCFC Internship I	3	561	Clinical Integration Paper	0
	542	AC: Advanced Addiction Counsel-	2				532	CM: MCFC Internship II	3
	5/7			6			5		
Year Four: 14/19 cred-	507	TH: Theology II for Counselors	2	NOTES <ul style="list-style-type: none"> All courses listed above have a CN Course Number unless otherwise indicated Course number(s) following course name indicates the Prerequisites for that course Courses in bold are prerequisites for Practicum. In addition, 10 hours of personal psychotherapy is required prior to starting practicum. 					
	533	CM: MCFC Advanced Internship	1						
	513	CM: Multicultural Counseling	3						
	3								

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<i>Practicum & Internship</i>	CM530 Marriage, Couple, & Family Counseling Practicum CM531 Marriage, Couple, & Family Counseling Internship I CM532 Marriage, Couple, & Family Counseling Internship II CM533 Advanced Marriage, Couple, & Family Counseling Internship		
<i>Bible & Theology</i>	BL 506 Old Testament Lit for Counselors TH 507 Theology II For Counselors	BL 507 New Testament Lit for Counselors	TH 506 Theology I For Counselors
<i>Addiction Studies (Optional)</i>	AC542 Advanced Addiction Counseling (Independent Study)	AC541 Addictive Behavior: Treatment / Counseling (Independent Study)	AC543 Addiction Group Dynamics (Independent Study)
	AC 530 Addiction Counseling Practicum AC 531 Addiction Counseling Internship AC 532 Addiction Counseling Internship		

Summer Start | 4 Year Sequence | Sacramento

Last Updated 02/28/2023

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Catalog Year

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		506	BL: Integrative OT Biblical Litera-	2	507	New Testament Literature for Coun-	2	543	AC: Addiction Group Dynamics	1
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