

GURPAL (PALI) GILL, Ph.D. | COUNSELING EDUCATION

1000 S. Park Victoria Drive | Milpitas, CA 95035 | Mobile (408) 356-6889 | E-mail: pgill@westernseminary.edu

SUMMARY

I'm a devoted individual with a passion to work with individuals, groups, and communities to improve mental health. My passion is to bring people together and to work with agencies that are already established to advance the use of trained mental health providers. I also believe agency personnel need an equal amount of support to keep employees healthy and thriving. I like to be that bridge in organizations, communities, and with people to foster individual's mental health. Most importantly, I love to share the skills I have learned with aspiring mental health providers in a teaching capacity.

EDUCATION

DEC 2018

Doctor of Philosophy Student in Counselor Education and Supervision (Ph.D. Conferred)

Oregon State University, Corvallis, OR

- *Specializations in Clinical Counseling Applications and Supervision*
- **Journalist Dissertation 1:** Math Anxiety in Preservice Teachers A Single Subject Research Design.
- **Journalist Dissertation 2:** Preservice Elementary School Teachers' Math Anxiety and Worst Experiences as Students in Math Class.

2007

Master of Science, Marriage Family Therapy and Child Counseling (MFCC) and School Counseling with a conferred Pupil Personnel Credential

California State University, Sacramento, Sacramento, CA

- *Specializations in School Counseling and Marriage Family Therapy*

2001

Bachelor of Arts, Political Science with a minor in Special Education and Bachelor of Science, Occupational Therapy

[2001], San Jose State University, San Jose, CA

[2001], Clinicals: University of California, San Diego, San Diego, CA

- *Specializations in general practice clinical skills*
- *Specializations International Politics*
- *Minor in Infant and Toddler Assessment*
- *Founder of the International Relations Association at SJSU*

PROFESSIONAL EXPERIENCE

FEB 2018 - Current

Crisis Clinician and 5150 designee Mental Health Urgent Care Clinic, Sacramento, CA

Duties: Completed crisis evaluation and suicidal evaluations for Clients. Regularly work on safety planning with Clients from the community who are considered high risk or think they might be suicidal. Work with Law Enforcement Officers to assist Clients who are a danger to themselves, to others, or are gravely disabled. Link Clients for ongoing care with Sacramento County Mental Health.

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NOV 2014 – Current Only as Needed for Return Clients

Life Practice Counseling Group, Sacramento, CA (August 2010-July 2011)

Duties: Provided counseling to court ordered families, children, couples, and patients with various diagnoses. Utilized counseling theory to organize patient counseling sessions and to plan for their treatment goals. Completed basic case managing for patient letters, consultation with additional healthcare providers, and the courts. Participated in both individual and group counseling supervision.

JAN 2013 - Current

Adjunct Faculty at California State University (part-time), Sacramento, CA

Duties: As part-time faculty responsibilities have centered on teaching classes to both graduate students and students preparing to apply to the counseling program. Assisting students in this exploration process and other goal areas have been a center focus of this role. Students are also assisted with preparation of the counselor exit exam and meeting CACREP standards. Curriculum is taught with a Humanist approach and an understanding of multicultural needs.

August 2015- June 2016

Adjunct Faculty at Northwest Christian University, Eugene, OR

Duties: Provided Master's level students with supervision in their practicum and internship courses. Reviewed video tapes of students providing counseling to their clients with students in an individual format and in a triadic supervision format. Discussed the use of the Bernard's Discrimination Model of Supervision; as well as, the use of micro skills in counseling. In addition to processing individual case conceptualizations, student's parallel process as mental health providers were reviewed in relation to their individual clients. As we discussed individual client cases there was both instructor and student interactions to apply and to process the law and ethics encompassing the therapeutic relationship.

APR 2018 – June 2018

Occupational Therapist, Eskaton Care Center, Sacramento, CA

Duties: Evaluate and complete treatment plans for geriatric patients requiring rehabilitation and restoration of health after surgery and sicknesses. Participating in family meetings to review patient progress and communicating with families regarding their family member's health. Monitor patient's rehabilitation progression and organizing patient transitions to return to their living environments. Organize patient's home for success for mobility, home skills, and community re-integration which varies depending on the patient's needs and level of care necessary for them to regain their independence in their natural environment. Participation in making difficult decisions for patient care when a patient is no longer independent in meeting their needs for care.

FEB 2016 – OCT 2016

Crisis Worker-Temporary Position: San Joaquin County Mental Health (Mobile Crisis Team), Stockton, CA

Duties: Completed crisis assessments, suicide assessments, and linked Clients with needed services through Access Medi-Cal and assisted Clients to a crisis stabilization unit. Completed assessments at the local ER, in-house Crisis Center and worked with Law Enforcement for immediate crisis response.

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OCT 2013 – OCT 2016

Special Projects and Liaison to the Vacaville Police Department, Vacaville Unified School District, Vacaville, CA

Duties: As a liaison between Vacaville Unified School District and the Vacaville Police Department the areas of focus are mental health collaboration and consultation, building healthier schools and communities, and research and writing grants that can fund projects and research between the two organizations. In addition, being an active member of two roundtable meetings a month which bridge the needs of local schools, mental health, and community needs is a main focus of this role.

SEPT 2005 – OCT 2016

Occupational Therapist, Vacaville Unified School District, Vacaville, CA

Duties: As an occupational therapist in management the responsibilities that are required are evaluating children, providing occupational therapy services directly to children, and using a consultative model to provide services. Consultation services are provided to teaching staff, administrators, parents, and IEP Teams at various elementary schools, middle schools, and high schools. This position requires independent, self-motivation and extensive communication skills given the sensitive and confidential information being shared and the amount of staff interaction needed a daily basis.

JUL 2010 – JUL 2011

Counseling Supervision of Oregon State Masters Level Students, Oregon, CA

Duties: Provided counseling supervision to Master's level students in the area of clinical and school counseling. Reviewed with counseling students their theories of practice and implementation, law and ethics application for individual counseling cases, and guidance and support as practicum students completed their field study placements and practicums.

AUG 2006 – JUL 2008

Counselor Intern, Vacaville Police Department, Vacaville, CA

Duties: Provided both individual and group counseling to students in the schools that are identified as "at risk" through the police department's PALS program, through school district staff, and medical professionals that referred students to get counseling support in the academic environment. Worked closely with the Vacaville Police Department to identify needed support for gang violence, bullying reduction, advocacy support for students, and providing necessary referrals to meet students and family mental health needs.

AUG 2006 - 2007

Counselor Intern, James Rutter Middle School, Sacramento, CA

Duties: Provided individual and group counseling support to middle school students. Participated in meetings with staff, students, and parents. Discussed student's needs for academic success and progression. Provided information and assisted with college career planning days. Consulted with clinical staff that provided added groups on the Middle school campus, consulted with teachers, administrators, and parents. Participated in both individual and group supervision with school counselors.

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AUG 2004 – JUL 2006

Counselor Intern, Howe Avenue Elementary School, Sacramento, CA

Duties: Provided counseling support to elementary students, referred parents to counseling agencies, participated in staff consultation, and participated in IEP Team Meetings. Participated in both group and individual supervision. Often participated as a change agent reframing the needs of children, parents, and staff by assisting each party to effectively communicate their needs, frustrations, and possible goals and outcomes and to be heard.

AFFILIATIONS	LICENSES/CREDENTIALS
<ul style="list-style-type: none">American Counseling Association (ACA)Association for Counselor Education and Supervision (ACES)International Association for Counseling (IAC)Western Association for Counselor Education (WACES)	<ul style="list-style-type: none">CA OT License Number #1057NBCOT Registration # 1057039Marriage Family Intern # 86303Pupil Personnel Services Credential (PPS) # 090217301

TEACHING COURSE SPECIALIZATION	
<ul style="list-style-type: none">Counseling and Supervision: Advance Practicum and SupervisionLegal and Ethical Issues in CounselingModels and Methods of Assessment and Use of DataMulticultural Framework for Counselors SupervisionQualitative and Quantitative Research Design	<ul style="list-style-type: none">Statistical Analysis and Counselor EducationTheory, Practice and Research in Social Justice and DiversityTheoretical Systems of Individual CounselingTheoretical Systems of Group CounselingTheoretical Systems of Career Counseling

COURSES TAUGHT AT CSU, SACRAMENTO & AWARDS	
<ul style="list-style-type: none">Counseling Supervision for Field StudyDynamics of Human DevelopmentGuest Lectured at OSU at the Doctoral Level: Teaching the Sensory Profile (Birth through Adulthood)Introduction to Counseling	<ul style="list-style-type: none">Law and EthicsPower, Privilege, and Self-IdentityResearch for Counselor Education

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PRESENTATIONS

- Presenter at International Association for Counseling, British Columbia, Canada 2014.
- Presenter at American Mental Health Counselors Association, Seattle, Washington 2014.
- Guest Lectured at OSU for Doctoral Students in the Assessments Course on the Sensory Profile Evaluation Tools, Oregon 2014.
- Presenter at WACES on Teaching a Multicultural Course: Deconstructing and Constructing the Stories of Three Counselor Educators of Asian Decent: Utilizing A Narrative Approach, Anaheim, California 2014.
- Recipient of the Western Association of Counselor Education and Supervision Emerging Leaders Fellowship, Anaheim, California 2014.