

2019–2020


# MA COUNSELING DEGREE THREE SPECIALIZATIONS



# We're glad you are in the Western Seminary MA in Counseling degree program!

- You have already heard that we have a fresh new curriculum designed with BBS standards and national trends in view. Our goal is excellence in counselor preparation for your future career and ministry along with genuine integration of faith principles and practice.
- Before you register for classes, you will need to choose whether you would like to remain in your current degree program or which new specialization you would like to pursue.
- You may choose to upgrade to the new curriculum now or later, but once you upgrade, you cannot return to a previous curriculum.

All 2019-2020 specializations require 700 total clinical hours in practicum and internship, including 280 client contact.



# So what MA Counseling specializations are available to me?

1. Clinical Mental Health Counseling (CMHC) | 69 credits
  - Prepares you for licensure as an LPCC
2. Marriage, Couple, and Family Counseling (MCFC) | 71 credits
  - Prepares you for licensure as an LPCC and/or as an LMFT in California
3. Marriage and Family Therapy (MFT) | 68 credits
  - Prepares you for licensure as an MFT in California (does not qualify for the LPCC)
  - Available only to current students for a limited time

# What is the Difference?

## CMHC | 69 credits

- More focus on individual functioning
- Emphasis on diagnosis and treatment
- Practicum and internship experience in a clinical setting
- Career identity as a Licensed Professional Clinical Counselor (LPCC in California, and LPC in many other states)

## MCFC | 71 credits

- More focus on relational counseling
- Emphasis on family systems approach
- Practicum and internship experience oriented toward work with couples and families
- Career Identity as a Licensed Professional Counselor (LPC) in many states, but may be licensed as both a Licensed Marriage and Family Therapist (LMFT) and a Licensed Professional Clinical Counselor (LPCC) in California

Both specializations permit licensed counselors to work with individuals, couples, and families. The primary difference is the emphasis in your coursework, clinical experience, and approach.

# What is the Difference?

## MFT | 68 credits

- Focus on relational counseling
- Emphasis on family systems approach
- Practicum and internship experience oriented toward work with couples and families
- May be licensed as a Licensed Marriage and Family Therapist (LMFT) in California. May be more difficult to transfer license to another state.

## MCFC | 71 credits

- More focus on relational counseling
- Emphasis on family systems approach
- Practicum and internship experience oriented toward work with couples and families
- Career Identity as a Licensed Professional Counselor (LPC) in many states, but may be licensed as both a Licensed Marriage and Family Therapist (LMFT) and a Licensed Professional Clinical Counselor (LPCC) in California

Both specializations permit licensed counselors to work with individuals, couples, and families.


# What is the Coursework Difference between CMHC and MCFC?

All specializations take the same Bible, theology, and integration classes.

**All other classes are the same except:**

**CMHC | 69 credits**

**MCFC | 71 credits**

- CN506 Legal & Ethical Issues
  - CN517 Physiology & Psychopharmacology
  - CN518 Career Development
  - CN530-533 Clinical Counseling Practicum & Internship
- CM506 Legal & Ethical Issues
  - CM517 Physiology & Psychopharmacology
  - CM518 Career Development
  - CM530-533 Marriage, Couple, and Family Counseling Practicum & Internship
  - CM522 Child & Adolescent Therapy
  - CM523 Human Sexuality
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- A large, curved yellow graphic element is located in the bottom right corner of the slide, partially overlapping the text of the MCFC list.

# What is the Coursework Difference between MFT v. MCFC?


All specializations take the same Bible, theology, and integration classes.

**All other classes are the same except:**


## **MFT | 68 credits**

- CM514 Research & Program Evaluation (2)
- CM515 Testing and Assessment (2)
- CM516 Psychopharmacology (2)
- CM542 Child and Adolescent Therapy (2)
- CM543 Multicultural Counseling (2)
- CM544 Human Sexuality (2)
- CM548 Career Development (2)

## **MCFC | 71 credits**

- CN514 Research & Program Evaluation (3)
  - CN515 Testing and Assessment (3)
  - CM517 Physiology and Psychopharmacology (3)
  - CM522 Child and Adolescent Therapy (1)
  - CM513 Multicultural Counseling (3)
  - CM523 Human Sexuality (1)
  - CM518 Career Development (3)
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# Other Factors to Consider

- The LPCC licensure in California takes longer post-graduation than the LMFT licensure.
  - A trainee must log internship hours with couples and families to be licensed as an LMFT
  - Both CMHC and MCFC specializations may add the Addiction Studies Certificate by taking an additional five credits and serving in an internship with appropriate field experience. The MFT may add the Addiction Studies Certificate by taking an additional six credits and serving in an internship with appropriate field experience.
  - The specialization you choose will determine the kind of internship experience you will pursue in school and which license(s) are available in your future career.
  - Your chosen specialization will be named on your transcript after graduation.
  - We realize this may seem like a big decision. We are here to help if you have questions!
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# CMHC = 69 credits

# MCFC = 71 credits

**PROGRAM CHECKLIST: Master of Arts in Counseling: Clinical Mental Health Counseling (CA)**

Catalog Year 2019-2020

LPC Licensure only

**Biblical studies** (4 credits)

BL506 (2)	Old Testament Literature for Counselors	( )	_____
BL507 (2)	New Testament Literature for Counselors	( )	_____

**Theological studies** (4 credits)

TH506 (2)	Theology I for Counselors	( )	_____
TH507 (2)	Theology II for Counselors	( )	_____

**Counseling studies** (61 credits)

CN500 (1)	Professional Orientation	( )	_____
CN501 (2)	Clinical Foundations: the Helping Relationship	( )	_____
CN502 (3)	Psychotherapeutic Systems	( )	_____
CN503 (3)	Advanced Counseling: Theory & Techniques	( )	_____
CN504 (1)	Suicide Prevention and Crisis Intervention	( )	_____
CN505 (3)	Psychopathology	( )	_____
CN506 (3)	Legal and Ethical Issues in Counseling	( )	_____
CN507 (3)	Human Life Span Development	( )	_____
CN508 (1)	Integrative Issues in Counseling	( )	_____
CN509 (2)	Advanced Integration in Counseling	( )	_____
CM511 (3)	Family Systems Therapy	( )	_____
CM512 (3)	Marriage and Couple Counseling	( )	_____
CN513 (3)	Multicultural Counseling: Theory and Techniques	( )	_____
CN514 (3)	Research & Program Evaluation	( )	_____
CN515 (3)	Testing and Assessment	( )	_____
CN517 (3)	Physiology and Psychopharmacology	( )	_____
CN518 (3)	Career Development: Theory & Techniques	( )	_____
CN519 (3)	Addiction Counseling	( )	_____
CN520 (3)	Group Counseling	( )	_____
CN521 (3)	Crisis and Trauma Counseling	( )	_____
CN530 (2)	Clinical Counseling Practicum	( )	_____
CN531 (3)	Clinical Counseling Internship I	( )	_____
CN532 (3)	Clinical Counseling Internship II	( )	_____
CN533 (1)	Advanced Clinical Counseling Internship	( )	_____
CN561 (0)	Comprehensive Clinical Integrative Paper	( )	_____
CN562 (0)	Spiritual Formation for Counselors	( )	_____

**PROGRAM CHECKLIST: Master of Arts in Counseling: Marriage, Couple & Family Counseling (CA)**

Catalog Year 2019-20

MFT and LPC Licensure in California

**Biblical studies** (4 credits)

BL506 (2)	Old Testament Literature for Counselors	( )	_____
BL507 (2)	New Testament Literature for Counselors	( )	_____

**Theological studies** (4 credits)

TH506 (2)	Theology I for Counselors	( )	_____
TH507 (2)	Theology II for Counselors	( )	_____

**Counseling studies** (63 credits)

CN500 (1)	Professional Orientation	( )	_____
CN501 (2)	Clinical Foundations: the Helping Relationship	( )	_____
CN502 (3)	Psychotherapeutic Systems	( )	_____
CN503 (3)	Advanced Counseling: Theory & Techniques	( )	_____
CN504 (1)	Suicide Prevention and Crisis Intervention	( )	_____
CN505 (3)	Psychopathology	( )	_____
CM506 (3)	Legal and Ethical Issues in Counseling	( )	_____
CN507 (3)	Human Life Span Development	( )	_____
CN508 (1)	Integrative Issues in Counseling	( )	_____
CN509 (2)	Advanced Integration in Counseling	( )	_____
CM511 (3)	Family Systems Therapy	( )	_____
CM512 (3)	Marriage and Couple Counseling	( )	_____
CM513 (3)	Multicultural Counseling: Theory and Techniques	( )	_____
CN514 (3)	Research & Program Evaluation	( )	_____
CN515 (3)	Testing and Assessment	( )	_____
CM517 (3)	Physiology and Psychopharmacology	( )	_____
CM518 (3)	Career Development: Theory & Techniques	( )	_____
CN519 (3)	Addiction Counseling	( )	_____
CN520 (3)	Group Counseling	( )	_____
CN521 (3)	Crisis and Trauma Counseling	( )	_____
CM522 (1)	Child and Adolescent Therapy	( )	_____
CM523 (1)	Human Sexuality	( )	_____
CM530 (2)	Marriage, Couple, and Family Counseling Practicum	( )	_____
CM531 (3)	Marriage, Couple, and Family Counseling Internship I	( )	_____
CM532 (3)	Marriage, Couple, and Family Counseling Internship II	( )	_____
CM533 (1)	Advanced Marriage, Couple, and Family Counseling Internship	( )	_____
CN561 (0)	Comprehensive Clinical Integrative Paper	( )	_____
CN562 (0)	Spiritual Formation for Counselors	( )	_____

# MFT = 68 credits

Available only to current students for a limited time

## PROGRAM CHECKLIST: Master of Arts in Counseling: Marriage & Family Therapy

Catalog Year 2019-2020

Licensure as an MFT in California

### Biblical studies (4 credits)

BL506 (2)	Old Testament Literature for Counselors	( )	_____
BL507 (2)	New Testament Literature for Counselors	( )	_____

### Theological studies (4 credits)

TH506 (2)	Theology I for Counselors	( )	_____
TH507 (2)	Theology II for Counselors	( )	_____

### Counseling studies (60 credits)

CN500 (1)	Professional Orientation	( )	_____
CN501 (2)	Clinical Foundations: the Helping Relationship	( )	_____
CN502 (3)	Psychotherapeutic Systems	( )	_____
CN503 (3)	Advanced Counseling: Theory & Techniques	( )	_____
CN504 (1)	Suicide Prevention and Crisis Intervention	( )	_____
CN505 (3)	Psychopathology	( )	_____
CM506 (3)	Legal and Ethical Issues in Counseling	( )	_____
CN507 (3)	Human Life Span Development	( )	_____
CN508 (1)	Integrative Issues in Counseling	( )	_____
CN509 (2)	Advanced Integration in Counseling	( )	_____
CM511 (3)	Family Systems Therapy	( )	_____
CM512 (3)	Marriage and Couple Counseling	( )	_____
CM514 (2)	Research & Program Evaluation	( )	_____
CM515 (2)	Testing and Assessment	( )	_____
CM516 (2)	Psychopharmacology	( )	_____
CN519 (3)	Addiction Counseling	( )	_____
CN520 (3)	Group Counseling	( )	_____
CN521 (3)	Crisis and Trauma Counseling	( )	_____
CM530 (2)	Marriage, Couple & Family Counseling Practicum	( )	_____
CM531 (3)	Marriage, Couple & Family Counseling Internship I	( )	_____
CM532 (3)	Marriage, Couple & Family Counseling Internship II	( )	_____
CM533 (1)	Advanced Marriage, Couple & Family Counseling Internship	( )	_____
CM542 (2)	Child and Adolescent Therapy	( )	_____
CM543 (2)	Multicultural Counseling: Theory and Techniques	( )	_____
CM544 (2)	Human Sexuality	( )	_____
CM548 (2)	Career Development: Theory & Techniques	( )	_____
CN561 (0)	Comprehensive Clinical Integrative Paper	( )	_____
CN562 (0)	Spiritual Formation for Counselors	( )	_____