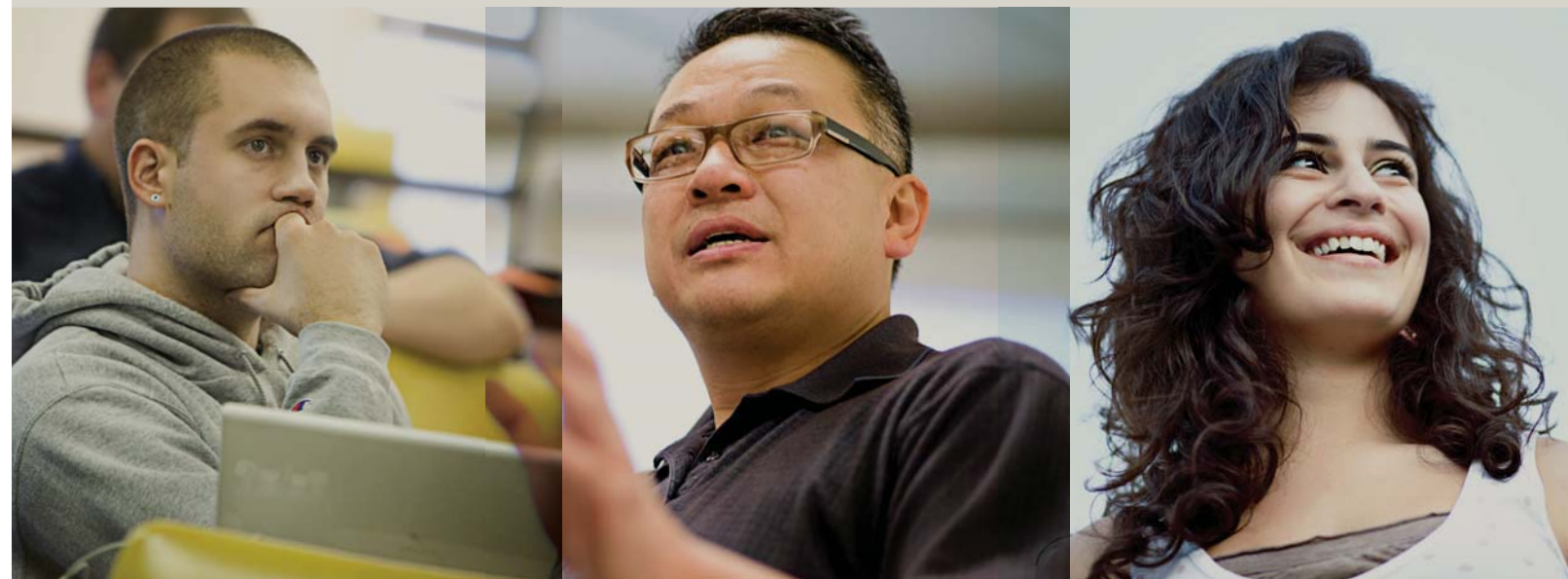




WESTERN SEMINARY



**2009-2010
Academic Catalog
Portland Campus
Counseling Programs**

A Letter from the Division Chair

Thanks for considering the Master of Arts in Counseling degree at Western Seminary.

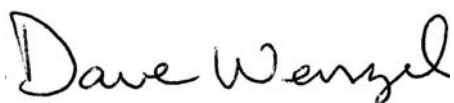
Your desire to go to graduate school is a significant life decision. The school and program that you choose will shape and mold your personal and professional life for years to come. At the same time, you may be unsure exactly how to compare programs, and what questions you need to be asking.

We take your decision to consider us as seriously as you do. To demonstrate this with action and not just words, we are offering a guarantee with your degree. To get the details, contact the enrollment team. I think you'll be pleasantly surprised. I don't know of any other graduate school that is backing up their confidence in their degree program with a guarantee.

Further, we want to assist you by suggesting some things to be looking for, and some ways to compare graduate schools. No one school is right for everyone. We want you to make the right choice and be matched with the best school for you. The following document is provided to help you think through how to choose the best counseling program for your career goals. You'll find a cost comparison sheet, important questions to ask, and additional details about our program that we hope will help you make an informed choice regarding your future education. For those of you who might be a good match with Western, we're confident that when you compare us to other graduate programs you'll find we are competitive in every critical area.

A final note: the field of professional counseling is changing and maturing. Western Seminary is responding to national trends by rolling out two curricular tracks this fall: the Oregon Track and the National Track. Check out our updated catalog online at www.westernseminary.edu/counseling/pdx.

If you believe you are a good match for the counseling program at Western, we invite you to apply to join us: not simply to get a Masters degree in Counseling, but to come to Western and master the art of Counseling.



Dr. Dave Wenzel
Ph.D. Counseling, Licensed Professional Counselor
Western Seminary Counseling Program Director



Released June 2009, Western Seminary, Portland Campus

THE PROGRAM:

Considering a graduate program in counseling is an important step in your life and career. Here are some important questions to ask.

THE QUESTION	WESTERN SEMINARY	WHAT YOU SHOULD CONSIDER
Is the program approved by the Oregon Board of Licensed Professional Counselors & Therapists?	Yes. Our program is approved by the Oregon Board of Professional Counselors & Therapists. Our graduates automatically meet the educational standards for the Oregon Board. Western is also regionally accredited. (Read more) ¹	Programs that lack Oregon Board Approval are not required to abide by the quality standards set forth by the Oregon Board. Licensing for grads of non-approved programs is more complicated. Regional accreditation is separate from OBLPC approval.
How long will it take to complete my degree?	2-5 years with classes concentrated on Mondays and Tuesday mornings. Our average time in program is 3 years. (Read more) ²	Some programs offer “condensed” teaching formats such as one evening a week. Applicants should consider whether they will actually get the training they need in such a short time. Your degree is an investment in yourself and your clients. Be confident that you will be prepared.
How much will it cost?	\$410 per credit, totalling \$25,010 for the Oregon track and \$29,930 for the National track (Read more) ³	
Will I be competitive in tomorrow’s job market?	Western regularly surveys graduates and employers to assess our grads preparedness. Evaluation data feeds program freshness. (Read more) ⁴	The content we need to know as professional counselors is constantly being updated. Consider how many elective credits are available, and what new courses are being developed. What is the self-evaluation process a program uses?
Will I be prepared for State/National licensure?	Yes. Our National track prepares students for licensure in most states. (Read more) ⁴	While Oregon requires 48 semester hours of counseling credits, 25 states now require 60. Western is one of the first LPC programs in the state to offer the 60-unit curriculum.
Will I be ready for my licensing exam and/or the National Counselor Exam?	Over 99% of our graduates have passed the National Exam on their first attempt. Current students score at or above the national mean in all eight domains of the CPCE. (Read more) ⁵	Western’s curriculum specifically prepares students for their exam. The program utilizes the CPCE exam as both a clinical comprehensive exam and a practice exam for the NCE.

1. Western Seminary is proud to offer one of only a few Oregon Board approved Christian counseling programs in Oregon. Western is involved in discussions on policies and legislation that directly impact the future of the counseling profession. Our counseling program has been approved since 1994. Find out more about licensure at <http://www.oregon.gov/OBLPCT/degrees.shtml>
2. We seek to maintain the balance of convenience and adequate classroom time to prepare counselors who excel in their field. We believe that short cuts don’t pay off, and encourage students to move through the program at a pace that allows them to absorb and apply the material they are learning, and allow adequate time to develop their professional identity as a counselor. We offer a Monday and Tuesday morning schedule to help students balance other areas of life, including internship, work, family, and social life.
3. We hope that students will choose Western for the quality of the education they will receive, and that the value is an added benefit. There is more to a counseling degree than the sticker price. It is our goal to provide the best service to our students, by helping them connect with resources and preparing them for success in the future. We keep fees to a minimum, while providing the personal touch that makes Western stand out.
4. The counseling profession is emerging and changing, as counseling continues to become a distinct field, apart from social work, psychology, and other mental health fields. Our graduates are successful in the field, and we constantly are updating our program to prepare students for the future. Our program offers both an Oregon and National track to prepare students to stay on the cutting edge of the field. Learn more about your particular state’s licensure requirements at <http://www.nbcc.org/directory>.
5. All but one of our 183 graduates has passed the National Counselor Exam on their first attempt. We prepare you to do the same.

THE FACULTY:

THE QUESTION	WESTERN SEMINARY	WHAT YOU SHOULD CONSIDER
Do program faculty hold the license the program is preparing me to obtain?	Yes. Each core faculty member is a licensed professional counselor and is active in the counseling field. As the professions of psychology and counseling have become increasingly distinctive, Western's program is led by, and trains, professional counselors. (Read more) ⁶	Many programs employ psychologists as the primary faculty. Consider whether you are being trained by faculty who have the professional identity you are training to become. Are they professional counselors? Do they have either an LPC or LMFT license? Do they belong to professional counseling associations? (Or is their identity that of a psychologist?)
What is the type and length of experience of the faculty?	Western's core faculty have a combined 75 years of counseling experience with a wide range of populations. Adjunct faculty are currently practicing in their area of expertise. (Read more) ⁶	

6. At Western, not only will you have access to our three core faculty members, you will also receive specialized training from adjunct professors who are experts in the counseling field, and personal attention from our Bible and theology professors. Dr. Dave Wenzel, program director, has his Ph.D. in Counseling and is a Licensed Professional Counselor. Dr. Kay Bruce has her Psy.D. in Psychology, and is also a Licensed Mental Health Counselor. Dr. Norm Thiesen has his Ph.D. in Counseling and is a Licensed Professional Counselor. In addition to their counseling credentials, each of our counseling faculty also hold an advanced theology or ministerial degree. Students seek out their professors for mentoring, advising, and even occasional BBQs in their homes. Stop by or schedule a meeting; they'd love to talk!

THE EXPERIENCE:

THE QUESTION	WESTERN SEMINARY	WHAT YOU SHOULD CONSIDER
Will I be trained to integrate my faith with my counseling?	Western's core faculty are dually trained, at the graduate level in Bible/theology and in the behavioral sciences. Students receive advanced theology and Bible training, and take specialized courses on integration. (Read more) ⁷	Consider how many courses your program will include in Bible (Western: four), theology (Western: three), and integration (Western: three). Does the program thoroughly prepare you to "think integratively"?
What experience will I get during the program?	We take an experiential approach to counseling. Students spend five semesters working at internship sites and average 390 client contact hours during the program. (Read more) ⁸	The Oregon Board requires 240 client contact hours, and two semesters of experience. Many programs simply meet this minimal requirement. The number of contact hours and the type(s) of internship experience you obtain while in school will, in part, determine how competitive you will be for jobs.
What kind of support can I expect during and after I complete the program?	Western graduates are equipped to pass the National Counselor Exam, and are encouraged to return to audit classes or continue their education at a very minimal cost.	

7. At Western, we don't teach students what to think, but how to think. It is a high responsibility to represent Christ in the context of professional counseling. We emphasize integration, and each student will spend time thinking through their theological beliefs as well as their approach to counseling. We are proud to produce graduates who are grounded in their Christian worldview and work at a high standard of professionalism in the counseling field.

8. We believe that you can't learn about counseling just by sitting in a classroom. Our students spend five semesters doing counseling as part of their internship practicum. Class lectures and reading come alive in the context of real clients that students are working with. To this point, Western students have had over 62,000 hours of face-to-face experience with clients, backed by the support and supervision of quality faculty.

TUITION COST COMPARISON:

INSTITUTION	DELIVERY METHOD	DEGREE COST PER UNIT	TOTAL PROGRAM COST
Corban College M.A. in Counseling	Cohort (Meets one day a week)	\$485	\$32,010 (66 semester units)
Denver Seminary M.A. in Counseling	Throughout the week	\$460*	\$28,520 (62 semester units)
George Fox University M.A. in Counseling	Day, evening and weekends	\$520	\$29,120 (56 semester units)
Lewis & Clark University M.A. in Community Counseling	Throughout the week	\$699	\$34,950 (50 semester units)
Mars Hill Graduate School M.A. in Counseling Psychology	Monday-Wednesday	\$515	\$33,990 (66 semester units)
Multnomah University M.A. in Counseling	Cohort (Meets one night a week)	\$484	\$30,008 (62 semester units)
Pacific University M.A. in Counseling Psychology	Afternoon and evenings	\$612^	\$37,940 (62 semester units)
Western Seminary M.A. in Counseling	Mondays and Tuesdays	\$410	\$25,010 or \$29,930 (61 or 73 semester units)

* Assuming 7-11 credits/semester; based on 2008-09 tuition.

^ Based on flat-rate tuition of \$18,970/year and completion of program in two years.

This comparison is based on information available June 2009.

"I challenge you to compare our program and its graduates to any in the nation. I believe you will find that Western trains healthy professionals who are used by God to work in the lives of their clients. Western Seminary is the place to grow in personal health, professional skills, and sensitivity to spiritual issues through God's word."

Dr. Kay Bruce, Professor of Counseling





WESTERN SEMINARY



2009-2010 Counseling Degree Programs

Western Seminary is accredited to award master's and doctor's degrees by the Northwest Commission on Colleges and Universities (NWCCU) and is an accredited member of the Association of Theological Schools (ATS) in the United States and Canada.

Master of Arts (M.A.) in Counseling Programs

PROGRAM OBJECTIVES

Western Seminary offers several program options through the Portland campus. The Oregon Board approved Master of Arts (M.A.) in Counseling can be taken as a stand-alone degree, or combined with another degree to pursue a dual degree track. Dual degree options include the M.A. in Counseling and the M.Div. track in Pastoral Counseling; the M.A. in Counseling and the M.A. (Intercultural Studies); and the M.A. in Counseling and the M.A. in Specialized Ministries with emphases in Chaplaincy or Pastoral Care to Women.

In addition to the Seminary's general educational goals, the Counseling programs endeavor to achieve the following:

1. Equip counselors for ministry in and through the church and for outreach to the community.
2. Integrate biblical and theological foundations with the insights of psychology and practical counseling strategies.
3. Promote growth in Christian maturity demonstrated through effective interpersonal relationships.
4. Prepare individuals who are seeking state licensure and national certification.

The M.A. in Counseling is intended to prepare Christian counselors with the knowledge, skills, and insight needed to practice counseling in church, non-profit, clinical or school settings. Graduates of the M.A. program are educationally prepared for such vocations as church staff positions in pastoral counseling, related positions in parachurch organizations, family services, mental health clinics, residential and outpatient treatment programs, counseling centers, and public and private school counseling settings.

Western's counseling program asserts an integrative approach which seeks to understand and explain emotional, relational, behavioral, and spiritual problems that people face in life from a thoroughly biblical worldview. The counseling program places an emphasis on theological reflection and spirituality as they relate to the therapeutic process. The program also places an emphasis on marriage and family issues.

Four major areas of study are blended in the M.A. program: biblical, theological, counseling, and spiritual formation. The program combines three components. First is a quality classroom experience. A wide variety of teaching methods are utilized to assist individuals with differing learning styles. The second component is the application of the classroom education in a practical setting—the student's internship site. Western Seminary emphasizes learning by doing. Each student spends five semesters in internship positions actually doing what they are learning. The third component is the personal examination and reflection that takes place in a variety of settings, including small group case conferences and mentoring with faculty. In these settings the student is challenged to reflect upon the practical application of theory and what meaning it has for them not only professionally, but also personally.

The counseling program meets the educational requirements for licensure by the Oregon Board of Licensed Professional Counselors.

Additionally, graduates of the counseling program may choose to pursue certification as a Child Developmental Specialist in preparation for a career in school counseling. (For additional information on licensing and/or certification requirements, consult with the Counseling Department, the Oregon Board of Licensed Professional Counselors, or your local school district office.)

M.A. IN COUNSELING CORE OUTCOMES

In addition to the Seminary's general educational goals, the M.A. in Counseling program attempts to achieve specific outcomes. For each student, these outcomes are:

1. Be a person whose godliness is worthy of being emulated by others, and whose integrity imparts credibility to his/her ministry.
2. Be a person who experiences interdependency with others so that the interests of the whole group are best served.
3. Know significant themes and developments within biblical history to understand the "bigger picture" of God's redemptive program.
4. Know how to utilize the fundamental principles of hermeneutics to interpret and apply biblical texts accurately.
5. Know the tenets of historic orthodoxy.
6. Know at an introductory level assessment measures available to mental health practitioners.
7. Know his/her personal strengths, weaknesses, and other elements of individuality that can help or hinder ministry effectiveness.
8. Know the major theories of counseling and personality development.
9. Know how to effectively integrate his/her understanding of theology, spirituality and human behavior.
10. Know how to recognize and competently handle intercultural issues in counseling.
11. Know how to think critically so that various truth claims can be effectively evaluated.
12. Know how to build an effective therapeutic relationship.
13. Know how to accurately diagnose the major mental disorders and know how to establish and implement an effective treatment plan for each.

"Western's counseling program is unique in that it facilitates personal and professional development in an atmosphere that blends academic rigor with practical application. Not only will you develop practical skills and techniques, but you will also learn how to think and respond like an effective counselor."

Dr. Dave Wenzel, Professor of Counseling

14. Know how to identify and confront ethical dilemmas.
15. Know how to articulate a theology of marriage and apply theological and psychological principles in working with couples.
16. Know how to build upon his/her seminary training to be a true life-long learner.

ADMISSION REQUIREMENTS

In addition to the general requirements for admission to the Seminary given on pages 20-21, applicants to a counseling program must have earned an accredited baccalaureate degree with a cumulative grade point average of 3.0 or higher (on a 4.0 scale), including a breadth of liberal arts. Applicants who do not meet these general academic requirements may petition the Admissions Committee for consideration.

Entering counseling students are expected to bring a foundational knowledge of psychology. Proficiency in this foundational knowledge will be confirmed through a placement exam, required of all incoming counseling students. If deficiencies are indicated, remedial work will be required. Counseling students may satisfy these deficiencies in one of the following two ways: Complete the appropriate undergraduate course(s) at an approved institution, or complete a computer-assisted instructional program provided through the library services of Western Seminary. The student may not begin the second semester of counseling studies without satisfying proficiency requirements.

Applications must give evidence of personal character, interpersonal relationships, goals, motivation, and potential for future counseling ministry as fitting the program. These will include a vital spiritual life, growing and nurturing relationships with people, commitment to a biblical/theological orientation to the therapeutic process, and vocational aspirations involving the care and nurture of people. As a part of the admission process all counseling applicants will undergo a background criminal check.

M.A. IN COUNSELING

The M.A. in Counseling degree is conferred upon the attainment of certain personal and academic requirements. In addition to the general seminary requirements outlined on pages 33-34, degree candidates must (1) give evidence of a genuine Christian character, orthodox belief, and conduct consistent with a God-given call to a position of leadership; (2) complete all courses in the prescribed M.A. curriculum with a minimum grade point average of 2.5 overall, and 3.0 in the major. During their final semesters in the program students are required to pass the Counselor Preparation Comprehensive Exam, which is in preparation for National Certification and Oregon state licensure.

Western Seminary offers two principal tracks for Master of Arts in Counseling students: the Oregon track and the National track. The distinctive difference between these two tracks is the total number of counseling units. The Oregon track has 48 credits of counseling courses, the National track has 60. Each track has an additional 13 credits of Bible and theology.

OREGON TRACK

The Oregon Board of Licensed Professional Counselors and Therapists has set forth three core requirements for candidates seeking licensure in Oregon: a clinical experience component, an educational component, and an exam component. The educational component is detailed in the Oregon Administrative Rules (OAR) and is comprised of 48 credit hours of counsel-

Master of Arts in Counseling Core

61 / 73 CREDITS

Theological Studies [5] Biblical Studies [8]

Counseling Studies [43 / 56]

OREGON TRACK

Counseling Electives [5]

NATIONAL TRACK

Counseling Electives [4]

(see page 8 for detail)

DEGREE TOTAL

= 61 / 73 CREDITS

M.A. IN COUNSELING & M.A. IN INTERCULTURAL STUDIES (DUAL DEGREE)

**Spiritual Formation [5]
Additional Biblical Studies [6]
Additional Theological Studies [5]
Intercultural Ministry Studies [22]
Intercultural Internship [8]**

**DUAL DEGREE TOTAL =
107 CREDITS (OREGON TRACK)
119 CREDITS (NATIONAL TRACK)**
(see page 9 for detail)

M.A. IN COUNSELING & M.Div. IN PASTORAL COUNSELING (DUAL DEGREE)

**Spiritual Formation [5]
Additional Biblical Studies [8]
Biblical Language Studies [12]
Additional Theological Studies [11]
Ministerial Studies [18]**

**DUAL DEGREE TOTAL =
115 CREDITS (OREGON TRACK)
127 CREDITS (NATIONAL TRACK)**
(see page 9 for detail)

M.A. IN COUNSELING & M.A. IN SPECIALIZED MINISTRY (DUAL DEGREE)

**Spiritual Formation [5]
Additional Biblical Studies [6]
Additional Theological Studies [5]
Ministerial Studies [26]**

**DUAL DEGREE TOTAL =
103 CREDITS (OREGON TRACK)
115 CREDITS (NATIONAL TRACK)**
(see page 10 for detail)

ing instruction. Western Seminary's 48 credit hour track is approved by the Oregon Board of Licensed Professional Counselors and Therapists. This track is designed for students anticipating practicing in Oregon (or other states requiring a 48 semester hour program).

The M.A. in Counseling degree (Oregon track) requires 61 credits of study. The courses are drawn from counseling (48 credits), biblical studies (8 credits), and theological studies (5 credits).

Biblical interpretation studies: 8 credits

DBS 516	Survey of Learning to Interpret Scripture.....	(2)
BLS 511	Survey of Genesis to Song of Solomon.....	(2)
BLS 512	Survey of Prophets to Gospels.....	(2)
BLS 513	Survey of Acts to Revelation.....	(2)

Theological studies: 5 credits

THS 511	Survey of Knowing the Triune God: Theology I.....	(2)
THS 512	Survey of the God of our Salvation: Theology II.....	(2)
THS 513	Survey of Living as the Community of the Spirit: Theology III.....	(1)

Counseling studies: 48 credits

CNS 501	Clinical Foundations: Basic Counseling Skills/Interventions.....	(2)
CNS 503	Family Systems Therapy.....	(2)
CNS 504	Psychotherapeutic Systems.....	(2)
CNS 505	Psychopathology.....	(3)
CNS 506	Legal and Ethical Issues.....	(3)
CNS 507	Human Life Span Development.....	(3)
CNS 508	Introduction to Integrative Issues.....	(2)
CNS 509	Advanced Integration.....	(2)
CSN 510	Spiritual Development and Assessment.....	(2)
CNS 512	Group Counseling.....	(2)
CNS 513	Social and Cultural Foundations.....	(2)
CNS 518	Career and Lifestyle Development.....	(2)
CNS 524	Research in Counseling & Family Studies.....	(2)
CNS 525	Tests and Measurements.....	(3)
CNS 530	Internship Case Conference I.....	(2)
CNS 531	Internship Case Conference II.....	(2)
CNS 532	Internship Case Conference III.....	(2)
CNS 533	Internship Case Conference IV.....	(2)
CNS 534	Internship Case Conference V.....	(2)
CNS 557	Emergency Preparedness: Suicide Prevention.....	(1)
CNS 5xx	Counseling electives (Consult with department advisor) ...	(5)

Total: 61 credits

NATIONAL TRACK

Approximately half of the states require a 60 semester hour counseling curriculum for licensing. Western Seminary has designed the National track for students anticipating the possibility of seeking licensure in a 60-unit state. While Western cannot obtain the individual approval of these states, the curriculum was designed after a careful review of the requirements in these states. Students are encouraged to contact state licensing agencies to determine specific requirements. Western has built enough elective credits into the curriculum in order for the program to flex with any idiosyncratic requirements.

For additional information regarding differences between the Oregon and National tracks, and for help in choosing the right track for you, please visit our counseling program webpage, located at westernseminary.edu/counseling/PDX/index.htm.

The M.A. in Counseling degree (National track) requires 73 credits of study. The courses are drawn from counseling (60 credits), biblical studies (8 credits), and theological studies (5 credits).

Biblical interpretation studies: 8 credits

DBS 516	Survey of Learning to Interpret Scripture.....	(2)
BLS 511	Survey of Genesis to Song of Solomon.....	(2)
BLS 512	Survey of Prophets to Gospels.....	(2)
BLS 513	Survey of Acts to Revelation.....	(2)

Theological studies: 5 credits

THS 511	Survey of Knowing the Triune God: Theology I.....	(2)
THS 512	Survey of the God of our Salvation: Theology II.....	(2)
THS 513	Survey of Living as the Community of the Spirit: Theology III.....	(1)

Counseling studies: 60 credits

CNS 501	Clinical Foundations: Basic Counseling Skills/Interventions.....	(2)
CNS 502	Psychological Theory & Techniques.....	(2)
CNS 503	Family Systems Therapy.....	(2)
CNS 504	Psychotherapeutic Systems.....	(2)
CNS 505	Psychopathology.....	(3)
CNS 506	Legal and Ethical Issues.....	(3)
CNS 507	Human Life Span Development.....	(3)
CNS 508	Introduction to Integrative Issues.....	(2)
CNS 509	Advanced Integration.....	(2)
CSN 510	Spiritual Development and Assessment.....	(2)
CNS 512	Group Counseling.....	(2)
CNS 513	Social and Cultural Foundations.....	(2)
CNS 518	Career and Lifestyle Development.....	(2)
CNS 523	Human Sexuality.....	(2)
CNS 524	Research in Counseling & Family Studies.....	(2)
CNS 525	Tests and Measurements.....	(3)
CNS 526	Psychopharmacology.....	(1)
CNS 528	Neuropsychology.....	(1)
CNS 516	Marriage Counseling.....	(2)
CNS 529	Counseling Addictions.....	(2)
CNS 530	Internship Case Conference I.....	(2)
CNS 531	Internship Case Conference II.....	(2)
CNS 532	Internship Case Conference III.....	(2)
CNS 533	Internship Case Conference IV.....	(2)
CNS 534	Internship Case Conference V.....	(2)
CNS 544	Counseling Violence and Abuse Issues.....	(2)
CNS 557	Emergency Preparedness: Suicide Prevention.....	(1)
CNS 558	Emergency Preparedness: Trauma Counseling.....	(1)
CNS 5xx	Counseling electives (Consult with department advisor).....	(4)

Total: 73 credits

CHILD AND YOUTH COUNSELING SPECIALIZATION

Each year the Counseling Department admits a limited number of counseling students to a specialized Child and Youth Counseling track within the M.A. program. In addition to the counseling core counseling courses (43 or 56 credit hours listed above), Child and Youth Counseling students use their electives toward the following required courses, bringing their total to 63 (Oregon track) or 76 (National track). These courses include:

- CNS 542 Child Assessment and Treatment.....(1)
- CNS 546 Counseling Adolescents.....(1)
- CNS 561R Parent Skill Training.....(1)
- CNS 562J Healing Children Through Non-Directive Play.....(2)
- CNS 563K Advanced Play Therapy.....(2)
- CNS 53x Child Therapy Case Conference.....(2)

Total: minimum 63 (Oregon) or 76 (National) credits

This specialized track has been made possible in part through a grant from the Collins Foundation. In addition to these courses the students will be utilizing a state of the art training center on campus, including video and audio taping capabilities, one-way viewing rooms, live supervision of counseling sessions, and specialized reference materials. Upon completion of the specialization, students will receive a Child and Youth Counseling Certificate.

Students interested in this specialization, and also interested in At-Risk Children and Youth, are encouraged to audit one or more of the At-Risk Children and Youth courses listed on page 114.

M.A. IN COUNSELING/M.DIV. IN PASTORAL COUNSELING (DUAL DEGREE)

The M.A. in Counseling/M.Div. (Pastoral Counseling specialization) dual degree program expands the student's preparation in the biblical and theological areas, and adds a substantial ministerial emphasis (see the M.Div. program description). It is designed to prepare individuals for both professional counseling and such ministries as the pastorate, pastoral counseling, family ministries, pastoral care, chaplaincy, discipleship, and small group ministries. Additionally, the dual degree track program begins preparation for membership in the American Association of Pastoral Counselors. The Master of Arts in Counseling degree program is designed to meet the educational requirements for licensure by the Oregon State Board of Licensed Professional Counselors.

This dual degree track requires 54 credits in addition to the 61 or 73 credits listed above for the M.A. in Counseling degree.

Spiritual formation studies: 5 credits additional

- SFS 501 Learning to Love God and Others(2)
- SFS 502 Practicing Prayer and Other Spiritual Disciplines.....(2)
- SFS 514 Survey Growing in Ethical Maturity.....(1)

Biblical interpretation studies: 8 credits additional

- Substitute DBS 506, BLS 501, BLS 502, BLS 503 for DBS 516, BLS 511, BLS 512, BLS 513

Biblical language studies: 12 credits additional)

- (see p. 36 on biblical language options)
- NTS 501 Functional Foundations of Greek.....(3)
- NTS 502 Functional Application of Greek.....(3)
- or
- NTS 508 Introducing Foundation for Greek Exegesis(3)
- NTS 509 Greek Reading and Syntax(3)
- (Students complete either NTS 501/502 or NTS 508/509)
- OTS 501 Functional Foundations of Hebrew(3)
- OTS 502 Functional Application of Hebrew(3)
- or
- OTS 508 Introducing Foundation for Hebrew Exegesis(3)
- OTS 509 Hebrew Reading and Syntax(3)
- (Students complete either OTS 501/502 or OTS 508/509)

Theological studies: 11 credits additional

- Substitute THS 501, THS 502, THS 503 for THS 511, THS 512, THS 513
- THS 508 Integrating Ministry and Theology.....(2)
- CHS 505 Wisdom from Church History(4)
- or
- CHS 506 Insight and Inspiration from Church History.....(2)
- CHS 5xx Church History elective(2)
- (Students complete either CHS 505 or CHS 506 and a CHS elective)

Ministerial studies: 18 credits

- DIS 501 Communicating Christ in Culture(2)
- DMS 501 Thinking Theologically about Ministry.....(2)
- DMS 502 Introducing Theology and Practice of Worship(2)
- DMS 506 Developing Godly Leadership for the 21st Century.....(2)
- EMS 505 Growing Disciples Intentionally(2)
- PTS 503 Practicing Evangelism and Apologetics(2)
- PTS 504 Maximizing the Church's Redemptive Influence(2)
- PTS 508 Developing Strong Families(2)
- PTS 510 Preparing and Preaching Expository Sermons(2)

Total: 61 & 54 = 115 (Oregon) or 73 & 54 = 127 (National)

M.A. IN COUNSELING/M.A. (INTERCULTURAL STUDIES) (DUAL DEGREE)

The M.A. in Counseling/M.A. (Intercultural Studies) dual degree is specifically designed for students who envision their future will include a significant amount of involvement with both counseling and intercultural settings. The program is an excellent choice for those individuals who desire to utilize counseling skills as a missionary or some other position within a different culture. While the program cannot apply counseling training specific to any one culture, students are equipped to begin the process of application for their intended setting.

Two internship periods highlight the program. Students will train in counseling internships in the Portland metropolitan area. Additionally, students will complete a full-time, supervised intercultural internship lasting six months or longer (see the M.A. [Intercultural Studies] program description, page 51).

(This dual degree track requires 46 credits in addition to the 61 or 73 credits of the M.A. in Counseling program listed above.)

Spiritual formation studies: 5 credits additional

SFS 501	Learning to Love God and Others	(2)
SFS 502	Practicing Prayer and Other Spiritual Disciplines.....	(2)
SFS 514	Survey Growing in Ethical Maturity.....	(1)

Biblical interpretation studies: 6 credits additional

Substitute BLS 501, BLS 502, BLS 503 for BLS 511, BLS 512, BLS 513

Theological studies: 5 credits additional

Substitute THS 501, THS 502, THS 503 for THS 511, THS 512, THS 513

Intercultural foundation studies: 10 credits

DIS 501	Communicating Christ in Culture	(2)
DIS 505	Biblical Theology of Mission	(2)
DIS 506	Applied Cultural Analysis	(2)
DIS 508	Applied Anthropology	(2)
DIS 516	Applied Linguistics	(2)

Intercultural specialization studies: 8 credits

Restricted electives—Select 8 credits from among the following:

DIS 502	Perspectives on World Ministry	(3)
DIS 520	History of Missions	(2)
DIS 522	Starting and Reproducing Churches	(2)
DIS 524	Foundations: At Risk Children/Youth.....	(2)
DIS 526	Religions of the World	(2)
DIS 553	History of Women in Missions	(2)
DIS 562H	Introduction to Islam	(2)

Mentored ministry experience: 4 credits

DIS 500	Discovering and Developing Ministry Potential	(2)
DIS 539	Mentored Ministry Experience	(1,1)

Intercultural Internship: 8 credits

DIS 534	Adapting Cross-Culturally	(2)
DIS 531	Intercultural Ministry Internship	(4)
DIS 570	Senior Project	(2)

Total: 61 & 46 = 107 (Oregon) or 73 & 46 = 119 (National) credits

M.A. IN COUNSELING/M.A. IN SPECIALIZED MINISTRY (DUAL DEGREE)

The M.A. in Counseling/M.A. in Specialized Ministry dual degree is specifically designed for students who envision their future will include ministry to and with women or as a chaplain to special populations. Please see further information on page 44 (Chaplaincy) or 48 (Pastoral Care to Women).

This dual degree track requires 42 credits in addition to the 61 or 73 credits listed above for the M.A. in Counseling degree.

Spiritual formation studies: 5 credits additional

SFS 501	Learning to Love God and Others	(2)
SFS 502	Practicing Prayer and Other Spiritual Disciplines.....	(2)
SFS 514	Survey Growing in Ethical Maturity.....	(1)

Biblical interpretation studies: 6 credits additional

Substitute BLS 501, BLS 502, BLS 503 for BLS 511, BLS 512, BLS 513

Theological studies: 5 credits additional

Substitute THS 501, THS 502, THS 503 for THS 511, THS 512, THS 513

Ministerial studies: 12 credits

Required—4 credits:

DMS 501	Thinking Theologically about Ministry.....	(2)
DMS 506	Developing Godly Leadership for the 21st Century.....	(2)

Or

PCW 513	Women in Leadership	(2)
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Restricted electives—Select 8 credits from among the following:

DIS 501	Communicating Christ in Culture	(2)
DMS 502	Introducing Theology and Practice of Worship	(2)
EMS 505	Growing Disciples Intentionally	(2)
PTS 503	Practicing Evangelism and Apologetics	(2)
PTS 504	Maximizing the Church's Redemptive Influence	(2)
PTS 508	Developing Strong Families	(2)
PTS 510	Preparing and Preaching Expository Sermons	(2)

Or

PCW 561	Developing & Delivering Life Changing Messages	(2)
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Mentored ministry: 6 credits

MFM 500	Discovering and Developing Ministry Potential	(2)
MFM 501-504	Mentored Field Ministry	(1 + 1 + 1 + 1)

Or

ICS 530	Chaplaincy Practicum	(4)
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Chaplaincy specialization track: 8 credits

Select 8 credits from the courses below,

or related electives with advisor approval:

CNS 503	Family Systems	(3)
CNS 512	Group Counseling	(3)
ICS 501	The Chaplaincy	(2)
ICS 505	Hospital Chaplaincy	(2)
ICS 506	Military Chaplaincy	(2)
PTS 503	Practicing Evangelism and Apologetics	(2)
PTS 506	Pastoral Duties	(2)
PTS 515X	Advanced Expository Preaching I	(2)
PTS 515Y	Advanced Expository Preaching II	(2)

Pastoral Care to Women specialization track: 8 credits

Select 8 credits from the courses below,

or related electives with advisor approval.

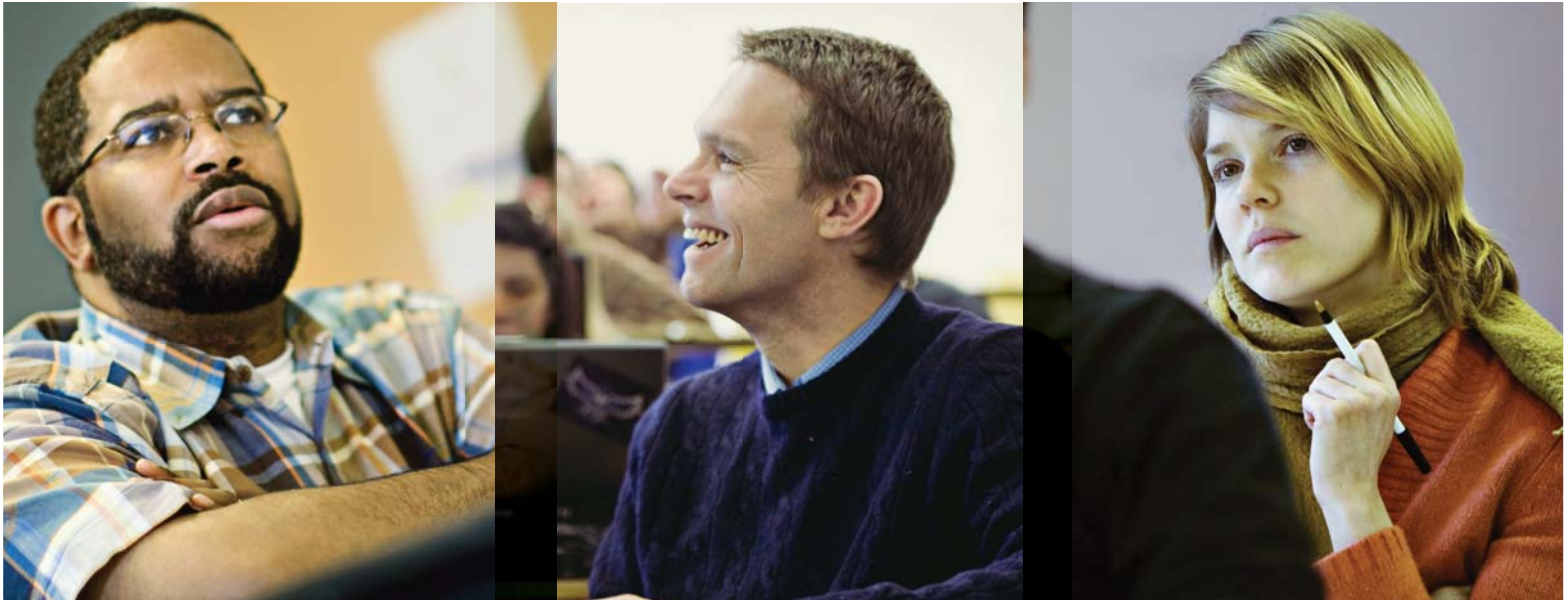
PCW 511	Pastoral Understanding of Women	(2)
PCW 512X	Women in Pain, Part 1	(2)
PCW 512Y	Women in Pain, Part 2	(2)
PCW 513	Women in Leadership	(2)
PCW 514	Building Relational Ministries to Women	(2)
PCW 515	Developing & Delivering Life Changing Messages	(2)
PCW 522	Women and Spiritual Warfare: Championing Women to Stand Firm in the Face of Adversity	(2)
PCW 561F	Develop Life Changing Bible Study Curriculum	(1)
DIS 553	Women in Missions	(2)
THS 572	Integrating a Theology of Women in Ministry.....	(2)

(Note: Students in the PCW track are required to complete at least five PCW specialized courses. These may include the PCW courses listed in the ministry core described above.)

Total: 61 & 54 = 115 (Oregon) or 73 & 54 = 127 (National)



WESTERN SEMINARY



Course Descriptions Gospel-Centered Transformation

COUNSELING MINISTRY (CNS)

These courses provide training in the theory and practice of counseling, preparing men and women with a commitment to ministry to serve in a variety of church and community settings. Integrates biblical and theological foundations with the insights of psychology and practical counseling methods.

CNS 501 – Clinical Foundations: Basic Counseling Skills and Interventions. This course introduces the student to basic skills of attending, empathy, acceptance, genuineness, and concreteness necessary to effective clinical counseling. The course also addresses the additional skills of confrontation, immediacy, self-disclosure, and strategies for change to develop the psychotherapeutic skills for clinical intervention and accomplishing goals. The role of faith in psychotherapy will be explored. Activities include reading, lecture, observation, role playing, and student audio/videotaped clinical practice. 2 credits.

CNS 502 – Psychological Theory and Techniques. This course will cover the application and development of treatment strategies and interventions. Focus will be given to an eclectic approach to therapy. Prerequisite: CNS 501, CNS 504. 3 credits in San Jose and Sacramento, 2 credits in Portland.

CNS 503 – Family Systems Therapy. This course will include the theoretical and practical approaches to understanding and intervening with families. A review of the major family system theories will be covered. Prerequisites: CNS 501 and CNS 505. 3 credits in San Jose and Sacramento, 2 credits in Portland.

CNS 504 – Psychotherapeutic Systems. This course will provide a historical and theoretical overview of the major counseling theorists. 2 credits.

CNS 505 – Psychopathology. This course will focus on diagnosis and treatment of the major psychopathologies. Focus will be given to using the DSM-IV (Diagnostic and Statistical Manual of Mental Disorder). 3 credits.

CNS 506 – Legal and Ethical Issues. This course will include an overview of professional ethics and state law as applied to counseling in private and state agencies, including addiction recovery programs. Topics to be addressed will include professionalism, licensure and practice issues. Prerequisite: CNS 501. 2 credits in San Jose and Sacramento, 3 credits in Portland.

CNS 507 – Human Life Span Development. This course covers human development; including biological, psychological, sociological, and cognitive development from conception to death, including aging and long-term care. Diagnostic and psychotherapeutic issues that are particular to each phase of development will also be highlighted. 3 credits.

CNS 508 – Introduction to Integrative Issues. This course provides an introduction to the theological and psychological categories or systems providing one with a model of integrative thought and practice. 2 credits.

CNS 509 – Advanced Integration. This course is part two of the required integration classes. It will explore the components and dynamics of the integration process. Focus points will include issues surrounding the person of the counselor in the integrative task, in addition to the assessment of paradigms utilized in cross-disciplinary integration. Topics include (but are not limited to) the history of integration, evaluation of models of integra-

tion, addressing objections to integration, the sufficiency of Scripture, the role of the Holy Spirit in counseling, mental health from a Christian world view, God in the treatment process, the role of suffering and hope. A base understanding of theology and psychology is assumed. Prerequisites: CNS 508, CNS 530, DBS 506/516, THS 501/511. 2 credits.

CNS 510 – Spiritual Development and Assessment. The practical and theological dynamics of spirituality will be examined. This course will focus on the process by which we both assess and encourage the spiritual life of those to whom we minister. Attention will be given to understanding the dynamic of spirituality, methodology for assessment, development of spiritual maturity and ways to involve spirituality in pastoral and clinical counseling. Prerequisite: CNS 508. 2 credits.

CNS 511 – Marriage and Contemporary Issues. This course prepares the student in a broad range of issues including pre-marital, marital and couple counseling, spousal abuse, single families and other contemporary issues. Prerequisite: CNS 501. 3 credits.

CNS 512 – Group Counseling. This course provides an overview of the principles of group theory, dynamics and process as applied to various therapeutic settings and problems. Prerequisite: CNS 501P. 3 credits in San Jose and Sacramento, 2 credits in Portland.

CNS 513 – Social and Cultural Foundations. This course will focus on the problems and issues arising from values and assumptions that affect counseling with individuals and families of different ethnic origins, including addictive behavior and co-occurring disorders. Prerequisite: CNS 501. 2 credits.

CNS 514 – Research in Family Studies. This course gives an introduction to testing and research in family studies, including an understanding of research methodology and statistical techniques. 2 credits.

CNS 515 – Marriage and Family Assessment. This course covers an introduction to testing instruments available for marital and family therapy that provides the counselor with quantitative and diagnostic information for appropriate interventions. Prerequisite: CNS 514. 2 credits.

CNS 516 – Marriage Counseling. Pre-requisites: CNS 501, CNS 505, CNS 507. 2 credits.

CNS 517 – Child and Adolescent Therapy. This course provides an overview of the major treatment modalities for children and adolescents. Prerequisite: CNS 501, CNS 505, CNS 507. 2 credits.

CNS 518 – Career and Lifestyle Development. The course begins with an exploration of the theology of work and moves to an examination of career selection and career development theories. Students will learn about occupational information sources and systems as well as lifestyle and career decision making. 2 credits.

CNS 521 – Substance Abuse. This course presents an overview of addictive processes, treatment modalities, and relapse prevention. This will include a knowledge of chemical reactions as well as treatment methods that include individual, family and community issues. 2 credits.

CNS 522 – Child, Spouse, and Elder Abuse. This course reviews recognition and assessment of abuse, reporting procedures and prevention programs. Prerequisites: CNS 503, CNS 505, CNS 507. 2 credits.

CNS 523 – Human Sexuality. This course will give an overview of the theological, physiological, psychological, and sociological perspectives on human sexuality. It includes a consideration of sexual identity, sexual behavior and sexual disorders as well as an introduction to treatment considerations and referrals. Prerequisite: CNS 505. 2 credits.

CNS 524 – Research in Counseling and Family Studies. This course is an introduction to psychological research and testing. The student will be introduced to research design and statistical methodologies. 2 credits.

CNS 525 – Tests and Measurements. This course will provide an introduction to testing instruments that are available to the counselor for use in diagnostic and therapeutic interventions within a counseling setting. There is a materials fee associated with this course. Prerequisite: CNS 524. 3 credits.

CNS 526 – Psychopharmacology. This course provides an overview of basic psychopharmacology including an introduction to the interaction between neurophysiology and psychotropic medications, and how such interactions influence psychotherapy treatment planning and interventions. 2 credits in San Jose and Sacramento, 1 credit in Portland.

CNS 527 – Physiology and Pharmacology of Addiction. This course provides an overview of basic psychopharmacology including an introduction to the interaction between neurophysiology and psychotropic medication, and how such interactions influence psychotherapy treatment planning and intervention. This course includes the biopharmaceutics and physiological effects of addictive behavior, focusing on alcohol and other recreational drugs, especially as to tolerance, withdrawal, and addiction patterns. 2 credits.

CNS 528 – Neuropsychology. This course will introduce students to current understanding of brain-behavior relationships. Emphasis will be placed on commonly used approaches in the assessment and measurement of human behavior and how we understand the brain's role in cognition, language, memory, spatial processing, emotion, spirituality and personality. Students will gain a basic understanding of principles of brain organization and professional/clinical issues in neuropsychology. 1 credit.

CNS 529 – Counseling Addictions. This course will examine the major categories of psychoactive drugs, the biology of addiction, and theories of addiction and recovery. Topics include the history and classification of psychoactive drugs, the neurobiology of addiction, principles of drug actions, uses and side effects, the addiction cycle and treatment alternatives. Theories of addiction will be examined from both a worldview and from a spiritual experience. Pre-requisites: CNS 501, CNS 505, CNS 507. 2 credits.

CNS 530 – Internship Case Conference I. This course will provide a supervised counseling experience with an on-site supervisor, and class and faculty feedback and evaluation. The internship requires that the student apply classroom knowledge to interviewing, assessment, diagnosis, and treatment of individual, marital, and family dysfunction. Prerequisites required. Enrollment limited to counseling degree students. Pre- or co-requisites: CNS 500, CNS 501P, CNS 504, CNS 505, CNS 506. Portland campus. 2 credits.

CNS 530C – Child/Youth Internship Case Conference I. Portland campus. 2 credits.

CNS 530S/M – Counseling Practicum I. This course will provide a supervised counseling experience with an on-site supervisor, and class and faculty feedback and evaluation. The internship requires that the student apply classroom knowledge to interviewing, assessment, diagnosis, and treatment of individual, marital, and family dysfunction. Prerequisites required. Enrollment limited to counseling degree students. San Jose or Sacramento campus. 2 credits.

CNS 530CS – Counseling/AS Practicum I. This course is for students enrolled in both the MFT and Addiction Studies Certificate (ASC) programs. This course will provide a supervised counseling experience with an on-site supervisor, and class and faculty feedback and evaluation. The internship requires that the student apply classroom knowledge to interviewing, assessment, diagnosis, and treatment of individual, marital, and family dysfunction, including addiction issues. Prerequisites required. Enrollment limited to counseling degree students. San Jose campus. 2 credits.

CNS 530DS – Addiction Studies Practicum I. This course is for students enrolled only in the Addiction Studies Certificate (ASC) program. This course will provide a supervised counseling experience with an on-site supervisor, and class and faculty feedback and evaluation. Prerequisites required. San Jose campus. 2 credits.

CNS 531 – Internship Case Conference II. Portland campus. 2 credits.

CNS 531C – Child/Youth Internship Case Conference II. Portland campus. 2 credits.

CNS 531S/M – Counseling Practicum II. San Jose or Sacramento campus. 2 credits.

CNS 532 – Internship Case Conference III. Portland campus. 2 credits.

CNS 532C – Child/Youth Internship Case Conference III. Portland campus. 2 credits.

CNS 532S/M – Counseling Practicum III. San Jose or Sacramento campus. 2 credits.

CNS 533 – Internship Case Conference IV. Portland campus. 2 credits.

CNS 533C – Child/Youth Internship Case Conference IV. Portland campus. 2 credits.

CNS 534 – Internship Case Conference V. Portland campus. 2 credits.

CNS 534C – Child/Youth Internship Case Conference V. Portland campus. 2 credits.

CNS 539 – Advanced Case Conference. Portland campus. Pre-requisite: CNS 532S/M or CNS 534. 1 credit.

CNS 539S/M – Advanced Practicum. San Jose or Sacramento campus. Pre-requisite: CNS 532S/M or CNS 534. 1 credit.

CNS 542 – Child Assessment and Treatment. This course is an introduction to the assessment and treatment of children ages three through 12 years of age. 1 credit.

CNS 544 – Counseling Violence and Abuse Issues. The purpose of this class is to prepare counselors to recognize and respond to some of the most pervasive, emotionally and physically damaging, yet hidden behaviors in our society. Prerequisites: CNS 501, CNS 505, CNS 506, CNS 507. 2 credits.

CNS 546 – Adolescent Counseling. This course examines and synthesizes adolescent growth and developmental stages, examines normal and abnormal adolescent behaviors, identifies common adolescent problems/symptoms, and presents counseling techniques and skills resulting in the ability to successfully work with adolescent populations. 1 credit.

CNS 551 – Advanced Substance Abuse. This course provides a review of specialized skills and knowledge related to the substance abuse services. Topics include intervention, relapse prevention, specialty fields, program development training and cross-discipline studies related to social work, medicine, law, theology, and psychology relevant to addiction professionals. Prerequisite: CNS 521. 2 credits.

CNS 552 – Treatment of Addictive Behavior and Counseling Addictive Behavior. This course surveys current standard models of education, prevention, and intervention in substance abuse. The course provides a practical understanding of how to help clients from all populations and major special populations arrive at sobriety in both religious and secular programs. A wide variety of addictive problems will be investigated including denial, relapse, and progression. 2 credits.

CNS 553 – Human Services for Addiction Treatment. This course presents case management, program development and management, and clinical supervision of addiction treatment. This will include specific case presentation skills such as assessment, treatment planning, counseling, crisis intervention and referral. Community care, prevention, education, outreach and response services will be studied. 4 credits.

CNS 554 – Addiction Group Dynamics. This course provides an overview of the principles of group dynamics and process specifically related to the addiction recovery population. Pre- or co-requisite: CNS 512. 1 credit.

CNS 557 – Emergency Preparedness: Suicide Prevention and Crisis Intervention. Part I. This course provides an overview of the effects of suicide and crises on persons of all ages. Content will include the counselor's role individually and as part of an interdisciplinary team, and the recovery process surrounding loss and bereavement. 1 credit.

CNS 558 – Emergency Preparedness: Crisis Intervention, Trauma and Loss. Part II. This course provides an overview of the effects of crises, disasters, and other trauma-causing events on persons of all ages. Content will include the counselor's role individually and as part of an interdisciplinary team in responding to both small- and large-scale trauma and the recovery process surrounding loss and bereavement. 1 credit.

CNS 564Q – Intervention Strategies for Victims of Sex Trafficking. 2 credits.

CNS 565H – Intervention Strategies for Children and Youth at Risk. Those children who have suffered deep trauma often develop at different rates and ways from other children. This course is designed to provide students with understanding about the most common challenges that children at risk face in their growth, key approaches to encouraging their healing, and an understanding of which signals should trigger the worker to enlist the help of a trained specialist. 2 credits.

CNS 580 – Individualized Research. This is an elective research course designed to meet the specific needs of the individual student. Direct guidance by a professor within the discipline gives an opportunity for a significant learning experience. Approval of program coordinator required. 1- 2 credits.

Notes

COURSE
DESCRIPTIONS

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