

CNS 563F / THS 663K

BIBLICAL SEXUALITY

Western Seminary

July 23-27, 2001

Instructor:

Dr. Steve Tracy

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Course Description:

This course provides an in depth analysis of human sexuality based on a biblical theology of sexuality as well as current social science research. We will begin by evaluating the nature and divine purpose for human sexuality in terms of the creation account in Genesis 1-3. We will then address various timely sexual issues, including: marital sexual relations, singleness and sexual abstinence, sexual addiction, adultery, and homosexuality.

Course Goals:

1. To help students better understand and be able to identify the divine intent for human sexuality.
2. For students to be able to articulate an evangelical, biblical ethic of sexuality with respect to singleness, marriage, sexual abuse, forgiveness, homosexuality, and sexual addiction.
3. To investigate some of the most pressing sexual issues facing the church today so that students are better equipped to counsel and shepherd others experiencing sexual struggles.
4. To stimulate students to apply biblical principles of sexuality to their own lives, so that they grow in personal health and holiness.

Texts:

1. Laurie Hall, An Affair of the Mind, Focus on the Family, 1996
2. Archibald Hart, The Sexual Man, Word 1994 or
Debra Evans, The Woman's Guide to Sexuality, Crossway Books, 1997
3. Stanley Grenz, Sexual Ethics: An Evangelical Perspective, Westminster/John Knox, 1997
4. Jones, Stanton and Mark Yarhouse, Homosexuality: The Use of Scientific Research in the Church's Moral Debate, InterVarsity, 2000

Requirements:

1. Read from the textbooks as indicated below. It is preferable to have the readings completed by the time the course begins July 23. Readings are 20% of the course grade.
2. Write a short research paper on a narrow aspect of biblical sexuality. Make strong use of Scripture being careful to consider the context of all passages cited, but feel free to integrate social science research if you feel it is appropriate. The course topics give you plenty of possibilities. It is often helpful to choose a topic which poses a question to be solved. Viable topics include: "the addictive nature of sexual sin according to the Apostle Paul"; "Does sexual sin disqualify one from church leadership?"; "A biblical evaluation of cyber sex"; "Developing marital sexual intimacy"; "A biblical theology of singleness"; "A biblical theology of procreation" "Is birth control a moral option for Christian couples?" and "How did the fall of Genesis two affect human sexuality?" The paper should be 8-10 pages, double spaced, 12 point font. Footnotes should be at the bottom of each page. Include a bibliography of sources utilized. You should use at least eight sources. Primarily utilize books and journals. You can cite a few web sites if they are from highly credible sources, voicing recognized authorities in the field (such as the Center for Disease Control web site for current STD statistics). This paper is worth 40% of the course grade.
3. Based on the readings and class lectures, write a series of presentations which you could give a group of adults or youth in a ministry setting (Sunday School, sermon, public classroom presentation, home Bible study, small group counseling, etc.). Identify your target audience at the beginning of your project. For example, if your target audience is a church young marrieds class, then you might do lessons on: God's design for sex in marriage, overcoming common sexual problems in marriage, the ethics of birth control, overcoming the effects of childhood abuse, guarding against and dealing with adultery, etc). Think carefully about the needs of your audience. Be creative in your presentation content and teaching methodology. For a B grade, write 2 presentations. For an A grade write 4. These do not need to be manuscripted lessons, but should be detailed enough so that you could actually teach from them and I can clearly understand what you intend to teach. Each written presentation should be 3-6 pages long. This project is worth 40% of the course grade.

All assignments are due to the teacher (mailed or e mailed) by August 14.

Tentative class schedule during the week:

July 23

- A biblical theology of human sexuality
 - Marital sexuality
1. Grenz, Sexual Ethics, 1-54, 78-97, 146-162
 2. Hart, The Sexual Man, 165-187 or Evans, Woman's Guide to Sexuality, 17-45

3. Hart, The Sexual Man, 123-146 or Evans, Woman's Guide to Sexuality, 47-107

July 24

- Marital Fidelity
 - Adultery
 - Procreation/birth control
1. Grenz, Sexual Ethics, 98-116
 2. Grenz, Sexual Ethics, 148-162; 181-199
 3. Hart, The Sexual Man, 101-121

July 25

- Singleness/Abstinence
 - Masturbation
 - Sexual Sin and Forgiveness
1. Grenz, Sexual Ethics, 200-222
 2. Hart, The Sexual Man, 35-50
 3. Hall, An Affair of the Mind, 205-227

July 26

- Homosexuality—theological and ministry considerations
1. Grenz, Sexual Ethics, 223-246
 2. Jones and Yarhouse, Homosexuality (100 pages)
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- Sexual Abuse—the dynamics of sexual abuse; abusers and local church ministry
 - Sexual Abuse—indications, effects, ministry to victims
1. Hart, The Sexual Man, 147-164 or Evans, Woman's Guide to Sexuality, 135-143

July 27

- Pornography/sexual addiction/ Sexual Integrity
1. Hall, An Affair of the Mind, 3-150
 2. Hart, The Sexual Man, 85-100 (optional)

BIBLICAL SEXUALITY RESOURCES

Compiled by Dr. Steven Tracy
Phoenix Seminary

GENERAL RESOURCES ON SEXUALITY

- * Ankerberg, John and John Weldon. The Myth of Safe Sex: The Tragic Consequences of Violating God's Plan. Chicago: Moody, 1993.
- * Balwick, Judith and Jack Balwick. Authentic Human Sexuality: An Integrated Christian Approach.
- Cahill, Lisa Sowle. Sex, Gender, and Christian Ethics. Cambridge: Cambridge University Press, 1996. Cahill is a well established, influential liberal Christian ethicist. While espousing a feministic view of gender, she also seeks to affirm what she believes to be the healthy insights of traditional Christianity, viz., that sex, commitment, and parenthood are a positive, fulfilling ideal (though not an absolute norm).
- * Carder, Dave. Torn Asunder: Recovering from Extramarital Affairs. Moody, 1992. This is one of the best books in print on the dynamics of affairs (he puts affairs into three primary classes) and on the steps to recovery. Carder is an Evangelical Free Church pastor and a licensed family therapist.
- Carter, Les. Broken Vows: How to Put the Pieces of a Marriage Back Together. Nashville: Thomas Nelson, 1991. This is a very solid, non technical book on the dynamics of and recovery from affairs.
- Castleman, Robbie. True Love in a World of False Hope: Sex, Romance, and Real People. Downers Grove, IL: InterVarsity, 1996.
- * Dawn, Marva. Sexual Intimacy: Beyond Technique to Intimacy. Grand Rapids: Eerdmans, 1993.
- DeMoss, Robert. Sex and the Single Person: Dealing Honestly with the Need for Intimacy. Grand Rapids: Zondervan, 1995.
- Eisler, Riane. Sacred Pleasure: Sex, Myth, and the Politics of the Body. San Francisco: Harper Collins, 1995. This is a well written and researched look at the body and human sexuality. Its broad historical scope yields a wealth of valuable information, though evangelicals will disagree with many of her conclusions.
- * Grenz, Stanley. Sexual Ethics: An Evangelical Perspective. Louisville: Westminster John Knox, revised, 1997. This is the best evangelical sexual ethics textbook in print. Grenz is a prolific, highly respected ethicist who represents the progressive edge of evangelicalism.
- * Hart, Archibald. The Sexual Man: Masculinity Without Guilt. Dallas: Word, 1994. This is a very significant study of American male sexuality by the dean of the Graduate School of Psychology at Fuller Seminary.
- * Hart, Archibald, Catherine Hart Weber, and Debra Taylor. Secrets of Eve: Understanding the Mystery of Female Sexuality. Nashville: Word, 1998.
- Hybels, Bill and Rob Wilkins. Tender Love: God's Gift of Sexual Intimacy. Chicago: Moody, 1993.

- *Joy, Donald. Bonding: Relationships in the Image of God. Waco: Word, 1985. Joy is a seasoned counselor and Methodist seminary teacher who gives simple, yet very helpful insights into the bonding aspect of human sexuality.
- _____. Rebonding: Preventing and Restoring Damaged Relationships. Dallas: Word, 1986.
- LaHaye, Tim and Beverly. The Act of Marriage: The Beauty of Sexual Love. This is a classic book for Christian couples on sex. It is often used in pre-marital counseling.
- McIlhane, Joe. Sexuality and Sexually Transmitted Diseases. Grand Rapids: Baker, 1990. This is a helpful overview of STDs by a Christian physician.
- Penner, Clifford and Joyce. The Gift of Sex: A Christian Guide to Sexual Fulfillment. Waco: Word, 1981. This is considered the classic handbook on sex for Christian couples. It deals in detail with a wide variety of sexuality issues.
- Peterson, Allen. The Myth of the Greener Grass. Tyndale, 1983. This is a good brief overview of the nature, response to, and prevention of adultery. Peterson writes well and draws from vast experience, but offers little research or biblical support for his assertions. Thus, recognize that a few of his common sense sounding suggestions are contested by other Christian authorities (such as his advice that one should not seek or offer details of the affair—"ask for reasons, not details").
- * Reisman, Judith. Kinsey Crimes and Consequences: The Red Queen and the Grand Scheme. Arlington, VA.: Institute for Media Education, 1998. This is a heavily documented book which exposes the fatal flaws and influences of the Kinsey sex research.
- Rosner, Brian. Paul, Scripture, and Ethics: A Study of 1 Cor 5-7. Grand Rapids: Baker, 1999. Rosner is a New Testament theologian and expert in Pauline ethics. This book examines in great detail three chapters in First Corinthians which deal heavily with sexual ethics.
- Rousselle, Aline. Porneia: On Desire and the Body in Antiquity. Cambridge: Blackwell, 1988. This is a fascinating historical and social analysis of attitudes toward sexuality in the Mediterranean world (Christian and pagan) in the first four centuries AD.
- *Schaumburg, Harry. False Intimacy: Understanding the Struggle of Sexual Addiction. Colorado Springs: NavPress, 1992. This is one of the best books on sexual addiction in print. Schaumburg's thesis is that all sexual addiction is ultimately a futile attempt to find illicit intimacy which circumvents the pain and risk of genuine intimacy with one's spouse.
- *Small, Dwight H. Christian: Celebrate Your Sexuality. Old Tappan, NJ: Fleming Revell, 1974. Though Small wrote this 25 years ago, it is a solid introduction to Christian sexual ethics. Small gives a very good, readable survey of the history of sexual attitudes in the church. In the latter half of the book he surveys the divine intent for sexuality. As the title suggests, he argues that sexuality should be celebrated by Christians as a gift from God.
- Smedes, Lewis. Sex for Christians: The Limits and Liberties of Sexual Living. Grand Rapids: Eerdmans, 1976. Smedes is a very tough provoking writer, though many will disagree with his thoughts on "responsible petting."

- Stafford, Tim. Sexual Chaos. Downers Grove: InterVarsity, 1992. This is a very basic, readable overview of sexual issues.
- Stedman, Rick. Pure Joy: The Positive Side of Single Sexuality. Chicago: Moody, 1993. This is a good primer on sexuality for Christian singles.
- *Thatcher, Adrian and Elizabeth Stuart, eds. Christian Perspectives on Sexuality and Gender. Grand Rapids: Eerdmans, 1996. This is an important series of essays on various aspects of sexuality, including gender, power, marriage, singleness, homosexuality, and singleness. Most of the contributors write from a liberal Christian perspective.
- *Trobish, Walter. My Beautiful Feeling. This is one of the few sensitive, readable books on masturbation by a European pastor.
- *Virkler, Henry. Broken Promises: Understanding, Healing, and Preventing Affairs in Christian Marriages. Waco, TX: Word, 1992. This is an excellent, well researched treatment of affairs, written for pastors and Christian counselors.
- Wheat, Ed. Intended for Pleasure. Revell, 1981. This is another well received sex manual for Christian couples. It is quite detailed and fairly explicit, and is an excellent resource for premarital counseling. It is a good compliment to The Act of Marriage, for Wheat as a physician brings in many of the anatomical and physiological details which LaHaye doesn't.
- * White, John. Eros Defiled. Downers Grove: InterVarsity, 1977.
- * _____ . Eros Redeemed. Breaking the Stranglehold of Sexual Sin. Downers Grove: InterVarsity, 1993.

FEMINISM/GENDER ROLES

- * Allen, Ron and Beverly. Liberated Traditionalism. Portland: Multnomah, 1985.
- * Bloesch, Donald. Is the Bible Sexist? Crossway, 1982.
- * Christians for Biblical Equality, 380 Lafayette Freeway #122, St. Paul MN 55107-1216 (612-224-2416). (This is the leading organization for Evangelical egalitarians.)
- * Clouse, Bonidell and Robert. Women in Ministry: Four Views. InterVarsity, 1989.
- * Council on Biblical Manhood and Womanhood, P.O. Box 317, Wheaton, IL 60189. This is arguably the leading organization for Evangelicals who hold a traditional position on gender roles, i.e., they affirm male leadership in the home and church.
- * Foh, Susan. Women and the Word of God: A Response to Biblical Feminism. Grand Rapids: Baker, 1979.
- Gilder, George. Men and Marriage. Pelican, 1986.
- Grenz, Stanley and Denise Muir Kjesbo. Women in the Church. Downers Grove: InterVarsity. This book examines the biblical, historical, and practical concerns about women and the ordained ministry from an egalitarian perspective.
- Kassian, Mary A. The Feminist Gospel: The Movement to Unite Feminism with the Church. Wheaton: Crossway, 1992. This is a very stimulating analysis of 20th century feminism—religious and secular. Kassian concludes that "feminism and Christianity are antithetical."
- * Keener, Craig. Paul, Women and Wives: Marriage and Women's Ministry in the Letters of Paul. Peabody, MA: Hendrickson, 1992. This is an excellent, well

documented, irenic overview of the Pauline texts on women by a fine New Testament scholar. Keener has a high view of Scripture, and arrives at an egalitarian position which emphasizes mutual submission of men and women in marriage.

Osborn, G. "Hermeneutics and Women in the Church." JETS December, 1977.

* Piper, John and Wayne Grudem. Recovering Biblical Manhood and Womanhood. A Response to Evangelical Feminism. Crossway Books, 1991. This is an excellent collection of essays divided according to exegesis, theology, social science, pastoral ministry. It is written from a traditional perspective.

*Schussler Fiorenza, Elizabeth. In Memory of Her: A Feminist Theological Reconstruction of Christian Origins. New York: Crossroad, 1983. This is a radical, ground breaking work of biblical theology by a premier feminist scholar and Harvard Divinity professor.

Van Leeuwen, Mary Stewart. Gender and Grace. Love, Work, and Parenting in a Changing World. InterVarsity, 1990. This is a well written work from an evangelical, egalitarian perspective.

SEXUAL ABUSE/DOMESTIC VIOLENCE

Adams, Carol and Marie Fortune, eds. Violence against Women and Children: A Christian Theological Sourcebook. New York: Continuum, 1995. This is a very significant collection of almost three dozen essays by liberal Christian scholars. While evangelicals will take great issue with many of the assertions (in particular the claim that the orthodox view of the substitutionary atonement of Christ is the central reason for the oppressiveness of Christianity), these are essays which cannot be ignored by anyone wanting to do an in depth theological assessment of domestic violence and sexual abuse.

* Allender, Dan . The Wounded Heart: Hope for Adult Victims of Sexual Abuse. NavPress, 1990. This is an excellent counseling resource for adult victims of abuse. A companion workbook is available.

Anderson, Bill. When Child Abuse Comes to the Church. Bethany House, 1992. This is a personal account by a pastor whose church had dozens of children sexually abused by an adolescent church worker.

* Barshinger, Clark and Lojan LaRue. Haunted Marriages: Overcoming the Ghosts of Your Spouse's Childhood Abuse. InverVarsity, 1995.

* Bell, Roy and Stanley Grenz. A Betrayal of Trust: Sexual Misconduct in the Pastorate. InterVarsity Press, 1995. This is a superb treatment of sexual abuse among the clergy, and should be read by every pastor.

Berry, Joy. Sexual Abuse: Alerting Kids to the Danger Zones. Word, 1984.

*Clark Kroeger, Catherine and James Beck, eds. Healing the Hurting: Giving Hope and Help to Abused Women. Grand Rapids: Baker, 1998.

* _____ . Women, Abuse, and the Bible: How Scripture Can Be Used to Hurt or Heal. Grand Rapids: Baker, 1996. This is one of the few substantial treatments of abuse and the Bible. It contains a wealth of helpful material. Unfortunately (in my opinion), the authors lay the blame for abuse in the church on the doctrine of patriarchy (male leadership), but fail to distinguish models of patriarchy. They

lump rigid fundamentalistic views which demean women and children and hence implicitly promote abuse, with a servant leadership model which asserts that the husband is to be the loving, sacrificial leader of the family as Christ is the loving, sacrificial leader of the church.

*Cooper-White, Pamela. The Cry of Tamar: Violence Against Women and the Church's Response. Minneapolis: Augsburg/Fortress, 1995.

This is a very thorough account of violence against women by an Episcopalian priest.

Courtright, John and Side Rogers. What to Do When You Find Out Your Wife Was Sexually Abused. Zondervan, 1994.

Fortune, Marie. Sexual Violence: The Unmentionable Sin. Cleveland, OH: Pilgrim Press, 1983.

This is a widely read pastoral treatment of sexual violence by a leading authority on sexual abuse. Fortune is an ordained minister in the United Church of Christ, and writes from a liberal Christian perspective.

Frank, Jan. A Door of Hope. Nashville: Thomas Nelson, 1993. This is an excellent book on sexual abuse and the resultant spiritual issues for victims. It is written by an abuse survivor.

Gil, Eliana. Systemic Treatment of Families who Abuse. San Francisco: Jossey-Bass, 1966. This is a helpful secular analysis for counseling families in which child abuse has occurred. Gil is a nationally recognized expert on child abuse, and has written extensively on the subject.

* Hancock, Maxine and Karen Burton Mains. Child Sexual Abuse: A Hope for Healing. Harold Shaw, 1987. This is an excellent book to help victims of abuse find healing. It reflects a solid Evangelical world view, and integrates biblical principles very well.

* Heitritter, Lynn and Jeanette Vought. Helping Victims of Sexual Abuse: A Sensitive, Biblical Guide for Counselors, Victims, and Families. Bethany House, 1989. This is one of the best books on sexual abuse from a decidedly Christian perspective. It includes a discussion of the types of sex offenders, signs of abuse, incestuous families, and steps for victims to find healing and victory.

*Holderread Heggen, Carolyn. Sexual Abuse in Christian Homes and Churches. Scottsdale, PA: Herald, 1993. This is an excellent book which covers a wide range of sexual abuse issues related to the local church, including congregational responses to abuse, making worship sensitive to survivors, preventing sexual abuse, religious beliefs and abuse, and the factors related to abuse. It should be noted that the author writes from a decidedly feminist perspective.

*Leberg, Eric. Understanding Child Molesters. Thousand Oaks, CA: Sage, 1997. This is an excellent comprehensive, but non technical treatment of child molesters. It was written to help lay people understand the mindset, patterns, and behavior of sex abusers. Leberg has also included detailed sections on sex crimes and the legal system. Case studies are used to illustrate his various points.

Morrison, Marianne. Sins of the Father. Boise: Pacific Press, 1993. This is a very disturbing first hand account by the woman whose husband and son were molested by a family member who molested dozens of neighbors, grandchildren,

and church children over a period of 35 years. The book chronicles the way families and churches conspire to excuse and cover up abuse.

Mosgofian, Peter and George Ohlschlager. Sexual Misconduct in Counseling and Ministry. Word, 1995. This is one of the best in depth works on sexual abuse in the church. The legal aspects of child abuse are also discussed.

Nason-Clark, Nancy. The Battered Wife: How Christians Confront Family Violence. Louisville, KY.: Westminster/John Knox, 1997.

Nomme Russell, Mary. Confronting Abusive Beliefs: Group Treatment for Abusive Men. Thousand Oaks, CA: Sage, 1995.

This is a very readable secular treatment guide for those who work with physically abusive men. It presents a unique model for exploring and challenging the beliefs which influence abusive behavior.

* Reducing the Risk. This is a video and workbooks to guide local churches in setting up child protection policies. It can be obtained through Brotherhood Mutual or call 704-841-8066.

Ridings, K.C. Facing the Brokenness: Meditations for Parents of Sexually Abused Children. Herald Press, 1991. This is an excellent resource for parents. It is very practical, covers a wide range of issues, and has good integration of Scripture.

*Salter, Anna. Transforming Trauma: A Guide to Understanding and Treating Adult Survivors of Child Sexual Abuse. Thousand Oaks, CA: Sage, 1995.

This is one of the best secular text books in print on the treatment of sexual abuse. Salter has vast experience with both abuse victims and abusers. This book covers a wide range of topics, including the characteristics of sex offenders, the deviant cycle, apology and forgiveness in the cycle of child molestation, and the cognitive and emotional effects of sexual abuse.

Samford, Doris. I Can't Talk About It: A Child's Books About Sexual Abuse.

Multnomah Press, 1986. This is a good workbook for younger children who have been abused.

Walters, Candice. Invisible Wounds. Portland: Multnomah, 1987. This book has good prevention and victim response ideas for church communities.

HOMOSEXUALITY

Family Research Council, 700 13th St., NW Suite 500, Washington, DC 20005 (202-393-2100). They have various short articles from an informed Evangelical perspective, including "New Genetic Study Not What it's Cracked Up to Be,"

"Homosexuality is Not a Civil Right," and "The Homosexual Agenda in Schools."

*Boswell, John. Christianity, Social Tolerance, and Homosexuality. New Haven, Conn.: Yale University Press, 1980.

This is a very influential, frequently cited work by a gay historian.

_____. Same Sex Unions in Pre Modern Europe. New York: Villard Books, 1994.

Comiskey, Andrew. Pursuing Sexual Wholeness: How Jesus Heals the Homosexual. Lake Mary, FL: Creation House, 1989.

This is a very practical book written by the founder of Living Waters, a ministry program for individuals struggling with homosexuality.

- Davies, Bob and Lori Rentzel. Coming Out of Homosexuality. New Freedom for Men and Women. Downers Grove: InterVarsity, 1993.
- *Jones, Stanton and Mark Yarhouse. Homosexuality: The Use of Scientific Research in the Church's Moral Debate. Downers Grove: InterVarsity, 2000.
- Magnuson, Roger. Are Gay Rights Right? Minneapolis: Straightgate Press, 1985.
Magnuson is a Christian trial attorney, and offers a concise, well documented analysis of homosexuality which has received much national attention.
- *Moberly, Elizabeth. Homosexuality: A New Christian Ethic.
- Nissinen, Martti. Homoeroticism in the Biblical World: A Historical Perspective. Minneapolis: Fortress, 1998. While evangelicals will take issue with Nissinen's view of the biblical text (for example he denies the historical authenticity of the Gospel of John), this is a significant work which deserves attention by those seeking a fuller understanding of homosexuality in the ancient world.
- * Payne, Leanne. The Broken Image. Restoring Personal Wholeness Through Healing Prayer. Westchester, Ill.: Crossway Books, 1981.
- * Satinover Jeffrey. Homosexuality and the Politics of Truth. Baker, 1996.
Satinover is a Christian psychiatrist who provides an excellent discussion of the psychological and genetic studies of homosexuality.
- * Schmidt, Thomas. Straight and Narrow. Downers Grove: IVP, 1995. This is one of the best books in print on homosexuality. Schmidt is a New Testament scholar who interacts with a wealth of material. His chapter on the physical consequences of a gay lifestyle is outstanding.
- Scroggs, Robin. The New Testament and Homosexuality. Philadelphia: Fortress, 1983.
This is a classic work by a New Testament scholar who argues that the New Testament prohibitions against homosexuality are irrelevant in today's debate because the homosexuality of the New Testament era was pederastic and abusive. The early Christians knew little or nothing of the loving adult homosexual relationships practiced in our culture.
- Siker, Jeffrey, ed. Homosexuality in the Church: Both Sides of the Debate. Louisville: Westminster John Knox, 1994. This is a helpful overview of the issues involved in the homosexual debate. Various essays are given on six different topics (the biblical evidence, scientific research, tradition, decision making, moral reasoning and experience) by writers who support homosexuality as a moral lifestyle and by those who don't.
- Whitehead, Neil and Briar. My Genes Made Me Do It: A Scientific Look at Sexual Orientation. Lafayette, LA: Huntington House, 1999. This is a very readable analysis of the genetic question by a Christian biochemist.
- Wold, Donald. Out of Order: Homosexuality in the Bible and the Ancient Near East. Grand Rapids: Baker, 1998.
- Worthen, Frank. Helping People Step Out of Homosexuality. Manila: OMF, 1991.

PORNOGRAPHY AND SEXUAL ADDICTION

- Anderson, Neil. A Way of Escape: Freedom from Sexual Strongholds. Eugene, OR.: Harvest House, 1994.

- Arterburn, Stephen and Fred Stoeker. Every Man's Battle: Winning the War on Sexual Temptation One Victory at a Time. Colorado Springs: Water Books, 2000. This is a solid book for men struggling with pornography and sexual temptation but who are not really sexual addicts.
- Carnes, Patrick. Out of the Shadows. Understanding Sexual Addiction. Minneapolis: CompCare, 1983. This is the classic work by the foremost authority on sexual addiction. Though it is written from a secular psychological perspective, it is extremely helpful.
- _____. Contrary to Love: Helping the Sexual Addict. Hazelden, 1989.
- * _____ . Don't Call It Love: Recovery from Sexual Addiction. Bantam, 1991.
- Crow, Greg and Ralph Earl. Lonely All the Time. This book deals with sexual addiction by two Christian psychologists in Scottsdale who specialize in sexuality issues and sexual addiction.
- * Dobson, James. "Pornography: Addictive, Progressive, and Deadly." In this 50 minute video Dr. Dobson exposes the hidden dangers of pornography. A riveting portion of Dr. Dobson's interview with serial killer Ted Bundy is included. This is available through Focus on the Family.
- Earle, Ralph and Marcus. Sex Addiction: Case Studies and Management. New York: Brunner/Mazel, 1995
- Enough is Enough. This is an anti pornography organization with excellent resources. Their web site is: <http://enough.org/>
- Final Report of the Attorney General's Commission on Pornography. Nashville: Rutledge Hill Press, 1986.
- Foster, David. Sexual Healing: God's Plan for the Sanctification of Broken Lives. Mastering Life Ministries, 1995.
- *Hall, Laurie. An Affair of the Mind. Wheaton, IL: Tyndale, 1996. This is an extremely well written account of sexual addiction from the perspective of the addict's wife. Hall writes as a lay person, but her insights, and especially her judicious use of Scripture are excellent.
- * Kasl, Charlotte Davis. Women, Sex, and Addiction. San Francisco: Harper, 1989. This is one of the few detailed treatments on sexual addiction ever written. It is based on the 12 step model. Kask is a very skilled writer with deep insights. She correctly links addictive behavior with human spirituality and image of God, but unfortunately, she does not have an orthodox understanding of biblical truth.
- *Laaser, Mark. Faithful and True: Sexual Integrity in a Fallen World. Grand Rapids: Zondervan, 1992. This is an excellent basic overview of sexual addiction and recovery from a Christian perspective. The workbook which goes with it is particularly helpful.
- Mastering Life Ministries. This is a Christian organization designed to help those struggling with sexual addiction and brokenness. They largely, but not exclusively, focus on homosexual addiction. Their web site is: <http://MasteringLife.org>
- Schneider, Burt and Jennifer. Sex, Lies, and Forgiveness: Couples Speaking Out on Healing from Sex Addiction. Minneapolis: Hazeldon, 1991.

- *Russell, Diana. Dangerous Relationships: Pornography, Misogyny, and Rape. Thousand Oaks, CA: Sage, 1998. Russell is a feminist scholar who powerfully demonstrates the causal relationship between pornography and sexual abuse.
- Twelve Steps to Sexual Addiction Recovery: A Christ-Centered Bible Study. This study book is published by the American Family Association (601-844-5036), and gives an excellent Bible study applied to the twelve-steps.
- Weiss, Douglas. The Final Freedom. Fort Worth: Discovery Press, 1998. Weiss is a Christian psychologist and recovering sex addict. This is a good basic explanation of the dynamics of sexual addiction and the steps to freedom. Weiss utilizes the twelve-step recovery model.
- She Has a Secret: Understanding Female Sexual Addiction. Discovery Press, 2000.
- Steps to Freedom. Fort Worth: Discovery Press, 1997. This is a helpful Christian twelve-step manual for sexual addiction.
- Wilson, Earl. Sexual Sanity. Breaking Free From Uncontrolled Habits. Downers Grove: InterVarsity, 1984.