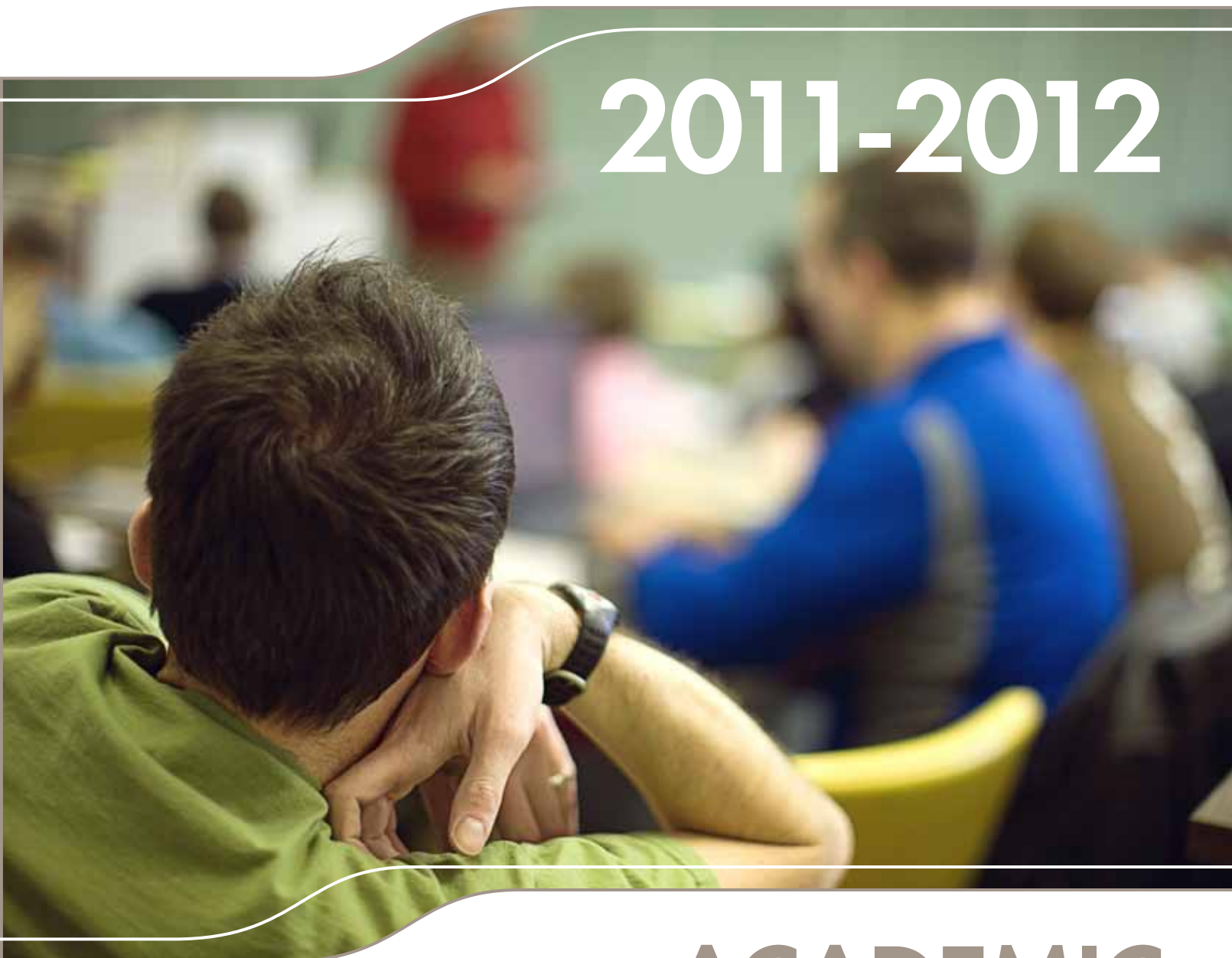




**WESTERN SEMINARY**

Gospel-Centered  
Transformation

**2011-2012**



**ACADEMIC  
CATALOG**



**WESTERN SEMINARY**



# **Northern California Campus Programs** Gospel-Centered Transformation

## Master of Arts (M.A.) in Marital and Family Therapy Program

### PROGRAM OBJECTIVES

Western Seminary offers the Master of Arts (M.A.) in Marital and Family Therapy program (requiring 73 credits) through the San Jose and Sacramento branch campuses. The Marital and Family Therapy program (M.A.-MFT) may be augmented by two dual-track degree options, an M.A. in Marital and Family Therapy/M.Div. (Pastoral Counseling) program (requiring 130 credits), and the M.A. in Marital and Family Therapy/M.A. (Biblical and Theological Studies) (requiring 118 credits). M.A. students may complete additional courses to qualify for the Addiction Studies Certificate (requiring 78 credits). In addition to the Seminary's general educational goals, the M.A.-MFT program endeavors to achieve the following:

1. Equip marriage and family therapists and pastoral counselors for ministry in and through the Church.
2. Integrate biblical and theological foundations with the insights of psychology and practical therapy/counseling strategies.
3. Promote growth in Christian maturity demonstrated through effective interpersonal relationships.
4. Prepare individuals who are seeking state licensure as professional marriage and family therapists.

### PROGRAM DESCRIPTION

Western Seminary offers the Marital and Family Therapy program thoroughly grounded in a biblical worldview. Based on the Seminary's Christ-centered approach, theological reflection and spirituality are viewed as significant components in the therapeutic process. In particular, the Seminary underscores the necessity for a healthy sense of self and wholeness in Christ as vital for those desiring to counsel others in the ministry of family therapy. In the midst of their academic training, students participate in small group processing intended to foster personal exploration of their own areas of need requiring spiritual and emotional healing. The Marital and Family Therapy program combines theoretical constructs with practical application both within the personal lives of students as well as in their future professional work as marriage and family therapists.

Three major areas of rigorous academic study are blended in the M.A.-MFT program: biblical, theological, and family therapy/counseling studies. In addition, course work in character development (combining traditional classroom and small-group processes) facilitates spiritual and emotional growth.

### PROGRAM VOCATIONAL PURPOSES

The M.A.-MFT program intends to prepare Christian marital and family therapists with the knowledge, skills, and insights needed to practice therapy in non-profit organizations or mental health clinical settings, residential and outpatient treatment programs, and counseling centers. For individuals not desiring to enter vocational marriage and family therapy, the M.A.-MFT program prepares individuals for church staff positions and for parachurch ministries.

The M.A.-MFT/M.Div. (Pastoral Counseling) dual degree track expands one's preparation in the biblical and theological areas while adding a substantial ministerial emphasis. This track is designed to prepare individuals for such ministries as the pastorate, chaplaincy, pastoral counseling, fam-

ily ministries, pastoral care and visitation, discipleship, and small group ministries.

The M.A.-MFT/M.A. (Biblical and Theological Studies) dual degree track provides scholarly discipline and training for thorough theological/psychological research and integration as well as an academic base suitable for biblical or theological doctoral studies.

The M.A.-MFT and Addiction Studies Certificate dual program track qualifies individuals to test for certification under the National Association of Alcohol and Drug Abuse Counselors and its affiliated state organizations (CAADAC).

The M.A.-MFT program meets the educational requirements for licensure by the California Board of Behavioral Science. Both dual-track programs prepare individuals for membership in the American Association of Pastoral Counselors.

### PROGRAM STRUCTURE

Courses are held at convenient times for working adults. The M.A.-MFT program is designed to be completed within three years. Courses have been strategically sequenced to maximize academic achievement, personal growth, and the integration of psychology and theology.

### ADMISSION REQUIREMENTS

In addition to the general requirements for admission to the Seminary given on pages 18-19, applicants to the Marital and Family Therapy program must have earned an accredited baccalaureate degree with a cumulative grade point average of 3.0 or higher (on a 4.0 scale), including a breadth of liberal arts. Applicants who do not meet the general academic requirements may petition the Admissions Committee for consideration.

Entering M.A.-MFT students are expected to bring a foundational knowledge of psychology. Proficiency in this foundational knowledge will be confirmed through a placement exam required of all incoming M.A.-MFT students who do not have an undergraduate degree in psychology. If deficiencies are indicated, remedial work will be required. Students may satisfy these deficiencies by completing an approved course at a higher education institution or by self-study and retaking the placement exam. Students who do not satisfy proficiency requirements may be prevented from registration for CNS courses until the deficiencies are remedied.

Applications must give evidence of a vital spiritual life, personal character, interpersonal relationships, goals, motivation, and potential for future counseling ministry as fitting the program. These will include growing and nurturing relationships with people, commitment to a biblical/theological orientation to the therapeutic process, and vocational aspirations involving the care and nurture of others.

### DEGREE REQUIREMENTS

The M.A.-MFT degree is conferred upon the attainment of pertinent personal and academic requirements. In addition to the general seminary requirements outlined on pages 31-32, degree candidates must (1) give evidence of a genuine Christian character, orthodox belief, and conduct

consistent with a God-given call to a position of leadership; (2) complete all courses in the prescribed M.A. curriculum with a minimum grade point average of 2.5 overall, and 3.0 in the major; (3) complete a minimum of 30 hours of personal therapy, and (4) complete a minimum of 225 hours of face-to-face experience counseling individuals, couples, families, or groups. Up to 75 of those hours may be gained performing Client Centered Advocacy.

**M.A. IN MARITAL AND FAMILY THERAPY**

The courses are drawn from marital and family therapy/counseling studies (60 credits), biblical studies (8 credits), and theological studies (5 credits).

**Biblical literature studies: 8 credits**

- DBS 516 Survey Learning to Interpret Scripture ..... (2)
- BLS 511X Survey Genesis - 2 Samuel..... (1)
- BLS 511Y Survey 1 Kings - Song of Solomon..... (1)
- BLS 512X Survey Prophets ..... (1)
- BLS 512Y Survey Gospels ..... (1)
- BLS 513X Survey Epistles 1..... (1)
- BLS 513Y Survey Epistles 2..... (1)

**Theological studies: 5 credits**

- THS 511 Survey: Theology I ..... (2)
- THS 512 Survey: Theology II ..... (2)
- THS 513 Survey: Theology III ..... (1)

**Marital and family therapy/counseling studies: 60 credits**

- CNS 501 Clinical Foundations: Basic Counseling Skills/Interventions . ..... (2)
- CNS 502 Psychological Theory & Techniques ..... (3)
- CNS 503 Family Systems Therapy ..... (3)
- CNS 504 Psychotherapeutic Systems ..... (2)
- CNS 505 Psychopathology ..... (3)
- CNS 506 Legal and Ethical Issues ..... (2)
- CNS 507 Human Life Span Development ..... (3)
- CNS 508 Introduction to Integrative Issues ..... (2)
- CNS 509 Advanced Integration..... (2)
- CNS 510 Spiritual Development and Assessment..... (2)
- CNS 512 Group Counseling ..... (3)
- CNS 513 Social & Cultural Foundations ..... (2)
- CNS 516 Marriage Counseling ..... (3)
- CNS 517 Child & Adolescent Therapy ..... (2)
- CNS 518 Career and Lifestyle Development ..... (2)
- CNS 523 Human Sexuality ..... (2)
- CNS 524 Research in Counseling and Family Studies ..... (2)
- CNS 525 Tests and Measurements ..... (3)
- CNS 526 Psychopharmacology (*Sacramento students only*) ..... (2)
- or CNS 527 Pharmacology of addiction (*San Jose students only*) ..... (2)
- CNS 529 Counseling Addictions ..... (2)
- CNS 530 Counseling Practicum I ..... (2)
- CNS 531 Counseling Practicum II ..... (2)
- CNS 532 Counseling Practicum III ..... (2)
- CNS 544 Counseling Violence and Abuse Issues ..... (3)
- CNS 553 Human Services ..... (2)
- CNS 559 Emergency Preparedness: Crisis Management ..... (2)

**Total: 73 credits**

Master of Arts in Marital and Family Therapy

Theological Studies [5]  
Biblical Studies [8] Counseling Studies [60]

**DEGREE TOTAL = 73 CREDITS**

**M.A.- MFT & M.DIV. (DUAL DEGREE)**

Additional Spiritual Formation [4]  
Additional Biblical Studies [6]  
Biblical Language Studies [12]  
Additional Theological Studies [8]  
Ministerial Studies [18]

**DUAL DEGREE TOTAL = 130 CREDITS**

(see page 88 for detail)

**M.A.- MFT & M.A. (BIBLICAL AND THEOLOGICAL STUDIES) (DUAL DEGREE)**

Additional Spiritual Formation [4]  
Additional Biblical Studies [6]  
Additional Theological Studies [8]  
Exegetical Theological Electives [18]

**DUAL DEGREE TOTAL = 118 CREDITS**

(see page 88 for detail)

**M.A.- MFT & ADDICTION STUDIES CERTIFICATE (DUAL TRACK)**

Required Courses [5]

**DUAL TRACK TOTAL = 78 CREDITS**

(see page 88 for detail)

**M.A.-MFT/M.DIV. DUAL DEGREE**

The M.A./M.Div. dual degree program requires 57 credits in addition to the 73 credits of the M.A. listed above.

**Spiritual and personal formation studies: 8 credits**

MFM 500	Discovering and Developing Your Ministry Potential .....	(2)
SFS 501	Learning to Love God and Others .....	(2)
SFS 502	Practicing Prayer and Other Key Disciplines .....	(2)
SFS 504	Growing into Ethical Maturity.....	(2)

**Biblical literature studies: 8 credits**

Substitute DBS 506, BLS 501, BLS 502 and BLS 503 for DBS 516, BLS 511, BLS 512 and BLS 513

**Biblical language studies: 12 credits**

NTS 508	Introducing Foundation for Greek Exegesis.....	(3)
NTS 509	Greek Reading and Syntax .....	(3)
OTS 508	Introducing Foundation for Hebrew Exegesis .....	(3)
OTS 509	Hebrew Reading and Syntax .....	(3)

**Theological studies: 11 credits**

Substitute THS 501, THS 502, THS 503 for THS 511, THS 512, THS 513		
CHS 505	Wisdom from Church History .....	(4)
THS 508	Integrating Ministry and Theology.....	(2)

**Ministerial studies: 18 credits**

DIS 501	Communicating Christ in Culture .....	(2)
DMS 501	Thinking Theologically about Ministry.....	(2)
DMS 502	Introducing Theology and Practice of Worship .....	(2)
DMS 506	Developing Godly Leadership for the 21st Century.....	(2)
EMS 505	Growing Disciples Intentionally.....	(2)
PTS 503	Practicing Evangelism and Apologetics .....	(2)
PTS 504	Maximizing the Church's Redemptive Influence .....	(2)
PTS 508	Developing Strong Families .....	(2)
PTS 510	Preparing and Preaching Expository Sermons .....	(2)

**Total: 73 + 57 = 130 credits**

**M.A.-MFT/M.A. (BIBLICAL AND THEOLOGICAL STUDIES) DUAL DEGREE**

The M.A.-MFT/M.A. (Biblical and Theological Studies) dual degree program requires 36 hours in addition to the 72 hours of the M.A. listed above.

**Spiritual and personal formation studies: 8 credits**

MFM 500	Discovering and Developing Your Ministry Potential .....	(2)
SFS 501	Learning to Love God and Others .....	(2)
SFS 502	Practicing Prayer and Other Key Disciplines .....	(2)
SFS 504	Growing into Ethical Maturity.....	(2)

**Biblical literature studies: 8 credits**

Substitute DBS 506, BLS 501, BLS 502 and BLS 503 for DBS 516, BLS 511, BLS 512 and BLS 513

**Theological studies: 11 credits**

Substitute THS 501, THS 502, THS 503 for THS 511, THS 512, THS 513		
CHS 505	Wisdom from Church History .....	(4)
THS 508	Integrating Ministry and Theology.....	(2)

**Exegetical theological electives: 18 credits**

**Total: 73 + 45 = 118 credits**

**M.A.-MFT/ADDICTION STUDIES CERTIFICATE DUAL TRACK**

The Addiction Studies Certificate program provides the specialized knowledge and professional skills for a wide range of addiction counseling professions and ministries. This curriculum is specifically designed to prepare individuals to test for certification under the National Association of Alcohol and Drug Abuse Counselors and its affiliated state organizations (CAADAC). (Since requirements for certification or licensure differ between agencies and organizations, individuals are advised to seek additional information on certification and/or licensing with the agency or organization they wish to pursue.)

The Addiction Studies Certificate may be completed as a track within the M.A.-MFT program or separately for students who do not bring the M.A.-MFT course work. For students who are concurrently enrolled in the M.A.-MFT and the Addiction Studies track, they may complete the Certificate with 5 credits of additional courses:

CNS 551	Advanced Counseling Addictions .....	(2)
CNS 552	Treatment of Addictive Behavior and Counseling Addictive Behavior .....	(2)
CNS 554	Addiction Group Dynamics.....	(1)

(Note: Please consult with the Counseling Department for program advising.)

For graduates of a previous M.A.-MFT or equivalent program, please consult the Counseling Department for guidance.

Students who are not concurrently enrolled in the M.A.-MFT program will complete 26 credits. The Addiction Studies Certificate requires:

CNS 501	Clinical Foundations: Basic Counseling Skills/Intervntns ..	(2)
CNS 506	Legal and Ethical Issues .....	(2)
CNS 512	Group Counseling .....	(3)
CNS 513	Social & Cultural Foundations .....	(2)
CNS 527	Physiology and Pharmacology of Addiction .....	(2)
CNS 529	Counseling Addictions .....	(2)
CNS 53x	Counseling Practicum (addiction focus) .....	(4)
CNS 551	Advanced Counseling Addictions .....	(2)
CNS 552	Treatment of Addictive Behavior and Counseling Addictive Behavior .....	(2)
CNS 553	Human Services .....	(2)
CNS 554	Addiction Group Dynamics.....	(1)
CNS 559	Emergency Preparedness: Crisis Management .....	(2)

**Total: 26 credits**

For students who wish to complete the Addiction Studies Certificate separately from the M.A.-MFT program will follow the admission and graduation requirements of the Graduate Studies Certificate program, on page 91. Questions on admission or program advising may be directed to the Counseling Department or the Registrar's Office.



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