

CNS 505 Course Outline Psychopathology

For Really Crazy People

Fall 2010

3 Semester Hour Credits /Mondays 9:30-12:30

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He teaches this class because his personal pathologie(s) make him very qualified.

Western Seminary, Portland

Course Description

This course will focus on diagnosis and treatment of the major psychopathologies. Focus will be given to the DSM IV.

Emphasis will be on the diagnosis, classification and etiology of major mental disorders most likely to be encountered in out-patient counseling profession. The student will develop skills in identifying relevant information from interview and/or other sources in order to think like an effective counselor when considering diagnosis and treatment of mental/emotional disorders on the basis of DSM-IV criteria. Consideration will be given to how world view issues impact the study of psychopathology.

How do I get in touch with the prof?

Contact Counseling Department assistant Bethany Dudenhofer at 517-1856 to make an appointment. My home phone is 668-8720 and may comfortably be used until 9:00 p.m. Calling later wakes up children, which causes parents to be unhappy, and unhappy parents make unhappy professors. My e-mail address is

dwenzel@westernseminary.edu

You can also call a classmate. It is a good idea to have their contact info handy. Fill in two here:

Psycho pal #1: _____ phone _____ email _____

Psycho pal #2: _____ phone _____ email _____

What books will we be using?

Federal law now requires institutions to provide the ISBN numbers and retail prices for all required books. Western Seminary encourages students to visit our campus bookstore, Windows Booksellers, in order to obtain these titles at a reduced rate.

- Abnormal Psychology, G. Davison & J. Neale. John Wiley, New York, 8th or 9th edition required. ISBN: 978-0-470-46452-6. Price: \$91.50.

- Abnormal Psychology, A Study Guide, Douglas Hindman. John Wiley, New York, 8th edition. ISBN: 978-0-471-38699-5. Price: \$44.95.
- Diagnostic and Statistical Manual of Mental Disorders, American Psychiatric Association Press, Washington, DC, 1994, 4th edition. ISBN 978-0-89042-025-6. Price: \$99.00.
- Wisdom Hunter, Randall Arthur. Multnomah Books, 1991. ISBN: 1590522591. Price: \$13.99.
- New Personality Self-Portrait: Why You Think, Work, Love and Act the Way You Do, John Oldham, M.D., and Lois B. Morris, Bantam, 1995. ISBN: 0553373935. Price: \$18.00.
- Darkness Is My Only Companion: A Christian Response to Mental Illness, Katherine-Greene McCreight, Brazos Press, 2006. ISBN: 1587431750. Price: \$18.99.

Why am I here? What are we trying to accomplish?

(Better known as Course Goals and Objectives)

- 1) The learner will have knowledge of the basic vocabulary for abnormal psychology. We will accomplish this by:
 - a. Reviewing the vocabulary section of the DSM IV
 - b. Participating in a vocabulary quiz
 - c. Utilizing the vocabulary in class discussion and assessment exercises throughout the semester
- 2) The learner will grasp the classification of the major mental disorders. We will accomplish this by:
 - a. Reading/researching the associated material from the textbook and DSM IV
 - b. Attending class and participating in class lectures
 - c. Viewing and discussing informational videos
 - d. Participating in context based exams
- 3) The learner will develop basic working skills in assessment according to DSM IV criteria. We will accomplish this by:
 - a. Completing weekly exercises in assessment
 - b. Attending class and participating in case discussions
 - c. Viewing and discussing applicational videos
 - d. Participating in case study based exams
 - e. Preparing assigned case study examples
- 4) The learner will reflect on the theological implications of the relationship between sin and psychopathology. We will accomplish

this by:

- a. Participating in class discussions regarding the role of spirituality in the way people think, feel and act.
 - b. Reflectively reading the Wisdom Hunter
 - c. Participating in a class discussion regarding their reading of the Wisdom Hunter
- 5) The learner will reflect on how the material applies to his or her own life. We will accomplish this by:
- a. Reading the New Personality Self Portrait
 - b. Completing a self evaluation
 - c. Seeking personal mentoring or counseling if appropriate
- 6) The learner will think about, and evaluate their thinking process, on how world view interacts with the study of psychopathology. We will accomplish this by:
- a. Considering how world views impact the DSM IV paradigm
 - b. Challenge commonly held presuppositions to discover how substantive they are
 - c. Ask the professor questions when things aren't making sense.

What will we be doing?

Textbook and articles reading : (500 pages, 25 hours total; all at 20 pp. per hour)

Mastery of the skills focused on will require broadening your knowledge base. Reading is one way you will be exposed to new information.

The study guide is an additional way to efficaciously learn the material. You will find that by spending time in the study guide you will enhance your retention of the material.

Wisdom Hunter Reading (10 hours)

Reflectively read the Wisdom Hunter keeping notes on your thoughts concerning the following questions. You will complete an online reading report in the electronic classroom.

- How does sin interact with what we know as pathology?
- Does either provide the basis for the other?
- What pathologies were present in the characters?
- How did/does God heal sin?
- How did/does God heal pathology?
- How did/does God use pathology?
- How did/does *change* occur in the lives of the characters?

Which character (or part of a character) do you identify the most with?

Case Study Prep (17 @ 1 hour each, 17 hours)

17 case studies will be examined throughout the semester. You will be expected to have read and prepped a diagnosis for discussion in class.

Vocabulary and content Quizzes (16 hours)

You will evidence your cognitive and practical knowledge on the quizzes. These quizzes will be administered through the electronic classroom on the web. Each quiz will have an opening and closing date. You will be allowed to take and retake the quiz, with a 24 hour break. If you take the quiz twice, your score will be the average of your two attempts.

Personality Self Portrait Reading and Signature Strengths (12 hours)

1. For this assignment you will read the Personality Self Portrait with an eye toward self application.
2. Read chapters 1,2 and 3 by the dates assigned in the syllabus
3. Complete the self test and graph
4. Read (at the minimum) the three chapters relating to your three highest scores.
5. Share what you learned about yourself in a three page, double-spaced, typed self description paper.

Signature Strengths

Go to authentichappiness.com and complete the VIA Signature Strengths Survey. Include this material in your self description paper. (See above, New Personality Self Portrait)

Attendance and Participation:

Class discussion and lecture will include information not necessarily available in the readings. This material could potentially appear on the exams. In order to receive a C in the course you must attend at least 75% of the class sessions. Please note that the following material should be brought to each class session:

1. DSM IV;
2. any assigned articles;
3. any assigned case studies;
4. textbook (if you have questions).

You will self grade for attendance and participation through the electronic classroom.

How will I be evaluated?

All papers and assignments are due no later than 5 p.m. Friday of finals week. Incompletes may be granted according to school policy as stated in the catalog. Assignments turned in late (regardless of length of time) will be dropped one letter grade. It is the student's responsibility to mark late assignments "LATE".

Wisdom Hunter reading and discussion: 20 points
Personality Self Portrait, Signature Strengths: 50 points
Case studies and discussions: 170 points (10 points ea)
Attendance and participation: 90 points (5 ea)
Vocabulary quiz 50 points
Content quizzes (varies from 20-50 each)
Darkness is My Only Companion: 20 points
Reading 100 points

Grading Scale (grading curve may occur 😊):

95-100	A
93-94	A-
91-92	B+
88-90	B
86-87	B-
84-85	C+
81-83	C
79-80	C-
78 and below	Ah, Houston, we have a problem

This scale is unfair, but when did your parents tell you life was fair?

What if I have a major mood disorder and turn in my work late? Or what if I am personality disordered and am just trying to get attention?

Always consider panexa in these cases (panexa.com)

Work due policy: All assignments are due at class time on the date assigned. The student is responsible to label late work by writing "LATE" on the front or cover page. Late work will be dropped one letter grade. No work will be accepted for credit after 5 p.m. Friday of final exam week. Incompletes will be granted according to school policy (see catalog).

Missed classes: It is your responsibility to obtain information and handouts from missed classes. Excessive tardiness and/or absence will result in reduced grade. Attendance at less than 75% of the class sessions will result in a failing grade.

What happens and when?

Always be sure to read the fine print!

Date	Topics	Reading and Assignments Due
August 30th	<input type="checkbox"/> Course Introduction	Note: electronic quizzes will

	<input type="checkbox"/> Abnormal Behavior <input type="checkbox"/> Description of the The DSM IV	"close" at 12:01 am of due date
Sept 6th	<input type="checkbox"/> No class	<input type="checkbox"/>
Sept 13th	<input type="checkbox"/> Mood Disorders <input type="checkbox"/> Vignette 1.5 <input type="checkbox"/> Vignette 2.6	<input type="checkbox"/> Davison Chap 1,2,3, and Mood Disorders <input type="checkbox"/> Article: "Is it True? Are We All Crazy?" <input type="checkbox"/> Case Study: The Farmer; Car Salesman
Sept 20th	<input type="checkbox"/> Vocabulary Quiz <input type="checkbox"/> Mood Disorders con't <input type="checkbox"/> Vignette 1.3	<input type="checkbox"/> Case Study: Busted Nerves <input type="checkbox"/> Article: "Feeling Depressed? Maybe That's Healthy Considering . . .";
Sept 27 th	<input type="checkbox"/> Anxiety Disorders <input type="checkbox"/> Vignette 1.2 <input type="checkbox"/> Vignette 1.4 <input type="checkbox"/> Vignette 1.7	<input type="checkbox"/> Davison: Anxiety <input type="checkbox"/> Case Study: Edgy Electrician; Wealthy Widow <input type="checkbox"/> Electronic Quiz: DSM IV and Mood Disorders <input type="checkbox"/> Article: The Yellow Wallpaper
Oct. 4th	<input type="checkbox"/> Substance Use Disorders <input type="checkbox"/> Vignette 1.6	<input type="checkbox"/> Davison: Substance Use <input type="checkbox"/> Case Studies: Junkie; House Painter <input type="checkbox"/> Electronic Quiz: Anxiety Disorders <input type="checkbox"/> Spirituality: The Key to Recovery from Alcoholism
Oct 11th	<input type="checkbox"/> Substance Use Disorders con't	<input type="checkbox"/> Case Studies: Twisted Sister; In Search of a Home
Oct 18th	<input type="checkbox"/> Schizophrenia <input type="checkbox"/> Vignette 1.1	<input type="checkbox"/> Davison: Schizophrenia <input type="checkbox"/> Case Study: Miriam and Esther; Low Life Level <input type="checkbox"/> Electronic Quiz: Substance Use Disorders <input type="checkbox"/> Article: "New Hope for Schizophrenia"
Oct 25th	<input type="checkbox"/> Personality Disorders <input type="checkbox"/> Mid semester class evaluation <input type="checkbox"/> Vignette 2.1	<input type="checkbox"/> Davison: Personality Disorders <input type="checkbox"/> Oldham Chaps 1-3 <input type="checkbox"/> Case Study: Blood is Thicker Than Water <input type="checkbox"/> Electronic Quiz: Schizophrenia <input type="checkbox"/> Article: "Bright, beautiful and deeply troubled"
Nov 1st	<input type="checkbox"/> Personality Disorders Con't <input type="checkbox"/> Wisdom Hunter Discussion	<input type="checkbox"/> Wisdom Hunter reading <input type="checkbox"/> Article" Emerging from the Shadows" <input type="checkbox"/> Self Evaluation due

		<input type="checkbox"/> Case Study: Nothing Matters
Nov 8th	<input type="checkbox"/> Psychosexual Disorders	<input type="checkbox"/> Davison: Psychosexual Disorders <input type="checkbox"/> Electronic Quiz: Personality Disorders <input type="checkbox"/> Case Studies: Mr. and Mrs. Albert; Mr. and Mrs. B
Nov 15th	<input type="checkbox"/> Proposed Axis VI: Spiritual Conditions <input type="checkbox"/> Differential Diagnosis	<input type="checkbox"/> Article: Whatever happened to Sin? <input type="checkbox"/> Electronic Quiz: Psychosexual Disorders
Nov 22nd	<input type="checkbox"/> Somatoform Disorders <input type="checkbox"/> Dissociative Disorders <input type="checkbox"/> Vignette 2.8 <input type="checkbox"/> Vignette 1.8	<input type="checkbox"/> Davison: Somatoform and Dissociative Disorders <input type="checkbox"/> Case Study: Foggy Student <input type="checkbox"/> Article: "All of Me" <input type="checkbox"/> Article: Glimpses of the Mind"
Nov 29th	<input type="checkbox"/> Eating Disorders <input type="checkbox"/> Disorders of Childhood and Adolescence <input type="checkbox"/> Vignette 2.7 <input type="checkbox"/> Vignette 2.3 <input type="checkbox"/> Adjustment Disorders	<input type="checkbox"/> Davison: Eating and Childhood Disorders <input type="checkbox"/> Case Study: A Visit to Food Hell <input type="checkbox"/> Article: Mental illness is still a myth
Dec 6th	<input type="checkbox"/> Letters to peers <input type="checkbox"/> Class Evaluations	<input type="checkbox"/> Electronic Quiz: Somatoform, Dissociative and Eating Disorders