

# WESTERN SEMINARY - SACRAMENTO

## Introduction to Integrative Issues

CNS 508M: 2 Credit Hours

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**Syllabus – Fall 2009**

### COURSE SCHEDULE

Saturdays, 8:30 am-4:30 pm Oct. 31, Nov 21, Dec. 12; plus 6 group study hours to be jointly established.

### COURSE DESCRIPTION

**CNS 508 – Introduction to Integrative Issues.** This course provides an introduction to the theological and psychological categories or systems providing one with a model of integrative thought and practice. Prerequisites: CNS 504, DBS 506 and THS 501 or with approval of instructor. 2 hours.

### COURSE CONTRIBUTION TO STATED DEGREE OUTCOMES

The objectives of this course are tied directly to the desired outcomes constructed specifically for the degree for which this course is a requirement. Below are the formal degree outcomes which this class supports:

BE a person whose godliness is worthy of being emulated by others, and whose integrity imparts credibility to his/her ministry. (CNS 506, DBS 506, SFS 501, SFS 502, SFS 503, SFS 504, THS 501, THS 502, THS 503, overarching)

BE a person who experiences interdependency with others so that the interests of the whole group are best served. (CNS 508, CNS 509, CNS 512, MFM 500, PRA 530, SFS 501, SFS 502, SFS 504)

- appropriately ecumenical in advancing God's kingdom. (CNS 508, CNS 509)

KNOW significant themes and developments within biblical history to understand the "bigger picture" of God's redemptive program. (BLS 501, BLS 502, BLS 503, CNS 501, CNS 508, CNS 509, DBS 506, MFM 500, THS 510, THS 502, THS 503)

- articulate a personal theology; (CNS 508, CNS 509)

KNOW HOW to effectively integrate his/her understanding of theology, spirituality, and human behavior. (CNS 504, CNS 505, CNS 508, CNS 509, CNS 513, CNS 523, THS 501, THS 502, Practicum)

- understands their personal theology and spirituality; (CNS 508, CNS 509, THS 501, THS 502, THS 503, Practicum)

KNOW HOW to think critically so that various truth claims can be effectively evaluated (CNS 508, CNS 509, DBS 506, THS 501, THS 502, THS 503; CNS 513, Practicum, overarching).

- awareness of world view components and can articulate their own beliefs; (CNS 508, CNS 509, DBS 506, THS 501, THS 502, THS 503, Practicum)

KNOW HOW to think like an effective counselor, able to face new and unique situations with self-efficacy, personal integrity, and professional competence. (CNS 501, CNS 502, CNS 514, Practicum, overarching)

KNOW HOW to build upon his/her seminary training to be a true life-long learner. (Practicum, overarching)

## **COURSE GOALS/OBJECTIVES**

The goal of this class is to introduce the student to the basic theoretical issues integral to the development of a Christian perspective in counseling through a consideration of the three arenas of integration for the Christian therapist: (1) theoretical/paradigmatic; (2) practical/practice-oriented; and (3) personal.

## **TEXTBOOKS**

We are happy to announce that Western Sacramento is now an Amazon Associate. Any purchases (not just books) you make on Amazon using this link will mean that a minimum of 4% of the purchase price comes to Western. Please support your seminary by using this link for all your Amazon purchases.

Click [here](#) to order texts and other products.

### **Required Texts:**

- Carter, John D. and Narramore, Bruce (1979). *The Integration of Psychology and Theology*. Grand Rapids, Michigan: Zondervan. ISBN: 0-310-30341-9
- Cloud, Henry and Townsend, John (2001). *How People Grow: What the Bible Reveals About Personal Growth*. Grand Rapids, Michigan: Zondervan. ISBN: 0-310-22153-6.
- McMinn, Mark. (1996). *Psychology, Theology, and Spirituality in Christian Counseling*. Wheaton: AACCC Tyndale. ISBN: 084235252X

### **Recommended Texts:\***

- Allendar, Dan (1993). *Bold Love*. Colorado Springs: NavPress. ISBN: 08910-97031.
- Cloud, Henry (1990). *Changes That Heal*. Grand Rapids, Michigan: Zondervan. ISBN: 0-310-21463-7.
- Crabb, Larry (1997). *Connecting: Healing Ourselves and Our Relationships*. Grand Rapids, Michigan: Zondervan. ISBN: 0-8499-1413-2.

- Kirwan, W. T. (1984). *Biblical concepts for Christian counseling*. (1983). Baker Book House. ISBN: 0-8010-5454-0.
- McMinn, Mark and Campbell, Clark D. (2007). *Integrative Psychotherapy: Towards a Comprehensive Christian Approach*. Downers Grove IL: Intervarsity Press. ISBN: 978-0-8308-2830-2.
- McMinn, M. (2004). *Why Sin Matters: The Surprising Relationship Between our Sin and God's Grace*. Tyndale Publishers.
- Townsend, John (1991). *Hiding From Love*. Grand Rapids, Michigan: Zondervan. ISBN: 0-310-20107-1.

\*Alternate books are encouraged for credit in this category. Please check with professor.

### **Personal Formation Books:**

- Any two of the following books by Henri Nouwen:
  - The Wounded Healer*, Image Books, 1972
  - Making All Things New*, Harper & Row, 1981
  - Compassion*, Doubleday, 1982
  - Lifesigns*, Doubleday, 1986
  - The Road to Daybreak*, Doubleday, 1988
  - Here and Now*, Crossroad, 1994
  - In the Name of Jesus*, Crossroad, 1996
- Foster, Richard (1978). *The Celebration of Discipline: The Path to Spiritual Growth*. Harper and Row. ISBN: 0-06-062831-6.
- Hart, Thomas (1980). *The Art of Christian Listening*. Paulist Press. ISBN: 0-8091-2345-2.
- Payne, L. (1989). *The Healing Presence: Curing the Soul Through Union with Christ*. Wheaton: Baker Publishing. ISBN: 0-8010-5348-X.
- Willard, Dallas (1988). *The Spirit of the Disciplines: Understanding How God Changes Lives*. Harper Collins. ISBN: 0-06-63835-4.

## **COURSE REQUIREMENTS**

### **Attendance & Reading**

Please complete all required reading before each class session so that you will be able to participate in and benefit from the class discussions. Reading should be done at a familiarity level (about 45 pages per hour) that assumes knowledge of the material assigned. Reading completion will be assessed at each class meeting during attendance. You cannot receive reading credit if you are not at class (12 points possible for reading and 12 points possible for attendance).

### **Assignments**

### ***Class Interaction, Participation and Reading***

Students are expected to participate intelligently and authentically during class presentations. This course depends greatly on student interaction and sharing of personal experiences. There will be small group discussions related to the reading (especially the Cloud and Townsend book) and how the material has impacted you personally. So be prepared to share your personal reactions to the material with your group. Your involvement is appreciated and expected as part of your learning experience. (attendance 12 points, reading 12 points).

### ***Required Group Project***

You will be asked to participate in a group panel presentation of peers holding a conversation about a topic of interest related to integration (26 pts). The discussion can be related to the theoretical, practical, or personal levels of integration. Arrangements will be made to accomplish this project outside of regular class time. The presentation time will be 15 to 20 minutes in length.

### ***Student Selected Projects***

In addition to the required assignments, you will need to select from the following list of possible assignments noted below. Be sure to select and sufficiently complete as many projects as necessary to accumulate the required points for this section (50 point cutoff).

- Conduct a demonstration of a spiritually integrative clinical strategy (15 pts).
- Choose one of the three **Required Texts** and prepare either a 10-page useable outline of the book or a 5-page intelligent reaction paper (15 pts).
- Read any of the **Recommended Texts** and prepare either a 10-page useable outline of the book or a 5-page intelligent reaction paper (15 pts).
- Read any of the **Personal Formation** texts (two from Nouwen) and write a 3-5 page personal impressions and reaction paper. Share how the book intersects your own spiritual ministry journey (15 pts).
- Prepare your own personal “map” integrating areas of theology and Christian faith with psychology and/or counseling process. Share your map with the class in a brief presentation (20 pts).
- Construct a journal based upon your own therapy (minimum of 3 sessions) or intensive reflection/meditation (minimum 2 hrs per week) regarding your own growth as a “wounded healer.” Write a minimum of 5-6 entries focusing on an issue or area of personal growth and be willing to share a summary of this with the class (20 pts).
- Prepare a reading summary from McMinn and Campbell’s *Integrative Psychotherapy: Towards a Comprehensive Christian Approach*. Critique the various “interventions” and discuss the approach with which you most closely align. (20 pts).

## STANDARDS FOR WRITTEN WORK (APA)

Papers must be written to a near-thesis standard. That is, minimum format standards must be met, as defined below. English grammar, idiom, and spelling must be up to graduate level. Always include a strong introduction paragraph (declare what you intend to show the reader) and conclusion paragraph. Qualities valued include clarity, succinctness, and precision.

This course employs the APA (American Psychological Association) publication manual style guide. You can find the APA 6<sup>th</sup> edition in the library reference section. You can also find a simple, straightforward presentation of the format at these online sites:

- <http://owl.english.purdue.edu/owl/>
- <http://www.cws.illinois.edu/workshop/writers/citation/>

A good website with footnote/bibliography entries is:

<http://writing.wisc.edu/Handbook/Documentation.html>

For assignments that require the use of non-course texts and include a bibliography, of the resources mentioned in the bibliography for your project/paper, two must be from a physical library. Note the physical location of each book as an addendum to each bibliographical entry.

All work must reflect master's level use of the English language. Plagiarism will result in failure of assignment.

## GRADING

A+	A	A-	B+	B	B-	C+	C	C-	D+	D	D-
99-100%	95-98%	93-94%	91-92%	88-90%	86-87%	84-85%	81-83%	79-80%	77-78%	74-76%	70-73%

Activity	Percent of Final Grade
Student Chosen Activities	50%
Group Project	26%
Assigned Reading	12%
Attendance	12%
<b>Total</b>	<b>100%</b>

## CLASS POLICIES

- Cover Page: To safeguard confidentiality, provide a Title Page as a cover for assignments. Always put your box number in the upper right hand corner of the cover page.
- Absences and Late Assignments: Please note that since this course consists of only four weekend sessions, attendance is particularly important. Students are expected to adjust schedules in order to attend all sessions for the entire period. When an absence is anticipated, a student is to contact the professor in advance. Missing more than 4 hours of class will affect the student's grade unless other arrangements are made with the Professor to do additional work to compensate for the missed class time. Students will not pass the course if more than one weekend is missed. Assignments submitted after the due date and time constitutes a drop in the student's letter grade for that assignment.
- Enrichment Students: Enrichment Students are encouraged to participate in assignments although there is no obligation to participate at any level, nor is the professor obligated to grade or keep record of the student's participation. Based on class size, the professor will consider work submitted by enrichment students.
- Incompletes: Faculty members determine their own procedures and due dates for the completion of course assignments. The final deadline for submitting all course work is the last day of the semester as noted in the Academic Calendar and in the Sacramento class schedule. In the case of serious illness, family emergency, or similar extenuating circumstances, the instructor may, **if it is initiated by the student**, grant an extension. A 1-3 week extension is typical in all except the most extreme cases, and in all cases the standard decrease of a full letter grade for late work applies. Extensions desired by the student beyond 3 weeks, with prof support, must be approved by the Sacramento Academic Coordinator, with 5 weeks after the end of the course being the longest possible extension for work being due to the prof (this allows a 6<sup>th</sup> week for the grading of work and a grade change request to be filed); for this semester that date is Saturday, 1/23/10. A temporary notation of "I" (incomplete) is assigned until a final grade can be determined. Under no circumstances may the six-week period (allots 1 week to the prof for grading and grade change petition) be extended except by petition and approval of the Administrative Committee in Portland.
- The Availability of Disability Services at Western Seminary: Western Seminary is committed to responding to the needs of students with disabilities as outlined in both the Rehabilitation Act of 1973 and the Americans with Disabilities Act of 1990. Western students are assisted individually as their needs dictate. It is the responsibility of students with disabilities to identify themselves and the nature of the disability. Any student who has a disability should contact the seminary's Disability (Section 504) Coordinator, Ken Epp, at 503-517-1815/1-877-517-1800, ext. 1815. His office is at the Portland campus. Students at the northern California campuses may contact Carrie Priest (Student Services Coordinator – San José) or PJ Oswald (Director of Student Development – Sacramento), or they may contact Dr. Epp

directly. Appropriate forms will be provided and must be submitted to the Disability Coordinator's office.

## **LIBRARY AND INTERNET RESEARCH- SACRAMENTO**

All class assignments with a research element require library research annotated as such in the bibliography. A minimum of two resources must be from a physical library. Note the physical location of each resource as an addendum to each bibliographical entry.

For complete library information including: hours of operation, interlibrary loan, local library resources, etc., please:

- Visit [www.westernseminary.edu/sacramento](http://www.westernseminary.edu/sacramento)
- Click the link "Library Services" in the right navigation pane.

### **Reserve Collection**

The library carries all required readings for this course.

### **Print Resources**

Use the Western-Arcade Library catalog to find books and other materials. To search the library collection:

- Visit <http://www.westernseminary.edu/Library/SAC> .
- Click the link "Search the Library Collection Online".

### **Periodical & Research Databases**

As you complete your assignments for this course, don't forget about the resources in the Western research databases. Remember to evaluate and cite your information too. To access the Western research databases:

- Visit <http://www.westernseminary.edu/Library/SAC> .
- Click the link "Research Databases" from the bottom menu.
- Click the link "Ebsco Host Research Databases".
- Log in. [**User ID:** westsem / **Password:** seminary]
- Click the link "EBSCOhost Web".
- Click the database(s) you wish to use. Start with *PsycARTICLES*.

To cite your information, consider the following APA composers:

<http://www.noodletools.com> and <http://www.citationmachine.net>

### **Course Packs (if applicable)**

To access the course pack(s) for this course:

1. Go to the library homepage: <http://www.westernseminary.edu/Library/SAC>
2. Click the link 'Course Packs'.

### **Reference and Research Contact Information**

David Holifield, M.A., M.L.S. / (916) 488-3720, ext. 7 /

[dholfield@westernseminary.edu](mailto:dholfield@westernseminary.edu)

## COURSE OUTLINE AND SCHEDULE

Date	Class Topic	Readings Due
Oct 31	<ul style="list-style-type: none"> <li>• Theory of integration.</li> <li>• Barriers to integration.</li> <li>• Models of integration.</li> <li>• Nature and scope of integration.</li> <li>• Process of integration.</li> </ul>	<p><i>The Integration of Psychology and Theology</i>, Carter, John D. and Narramore, Bruce. Pgs. 1-48; 71-101.</p> <p><i>The Integration of Psychology and Theology</i>, Carter, John D. and Narramore, Bruce. Pgs. 49-70; 103-122.</p> <p><b>NOTE:</b> have these pages read before the first class!! (please read pages in assigned order)</p>
Nov. 21	<ul style="list-style-type: none"> <li>• Ingredients for growth</li> <li>• Parts I-III: The God of growth and finding the best climate</li> <li>• Panel discussion</li> <li>• Part IV: The path of growth</li> <li>• Panel discussion</li> </ul>	<p><i>How People Grow</i>, Cloud, Henry and Townsend, John.</p>
Dec. 12	<ul style="list-style-type: none"> <li>• The practice of integration</li> <li>• Class presentations</li> <li>• Clinical vignettes</li> </ul>	<p><i>Psychology, Theology, and Spirituality in Christian Counseling</i>, McMinn,</p>