

HUMAN SEXUALITY

ANNOTATED BIBLIOGRAPHY

Revised Spring, 2010

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- Akin, Daniel. God on Sex: The Creator's Ides about Love, Intimacy, and Marriage. 2003. A look at the Song of Songs, gleaning God's plan for sexual intimacy by examining the relationship between Solomon and Shulamith. Chr., BJW. (1).
- Anderson, Neil T. A Way of Escape. Harvest House publishers, 1994. Excellent on recovery from sexual addiction. Recommended. Chr. (8,9)
- Arnold, Johann Christopher. A Plea for Purity: Sex, Marriage, and God. Farmington, PA, 1996. WJU (12) 261.8357 A756p 1996.
- Arterburn, Stephen. Addicted to Love: Recovering from Unhealthy Dependencies in Romance, Relationships, and Sex. Ann Arbor, MI: Servants Publishing, 1991. Highly recommended. Chr., (8, 9)
- Arterburn, Stephen, Stoeker, Fred (with Mike Yorkey). Every Man's Battle: Every Man's Guide to Winning the War on Sexual Temptation One Victory at a Time. (The everyman series: sexual integrity). Colorado Springs, Colorado, 2000. This book is getting rave reviews by men. Comes with a workbook too. Covers topics like choosing true manhood, regaining what was lost, developing a battle plan, disciplining your mind and heart, and cherishing your wife. Chr. BJW, (8, 12).
- Arterburn, Stephen, Stoeker, Fred (with Mike Yorkey). Every Woman's Desire: Every Man's Guide to Winning the Heart of a Woman. (The everyman series: marital intimacy). Colorado Springs, Colorado, 2001. Good instruction for men on understanding and meeting a woman's needs. Chr., (12).
- Arterburn, Stephen, Stoeker, Fred (with Mike Yorkey). Every Young Man's Battle: Strategies for Victory in the Real World of Sexual Temptation. (The everyman series: sexual integrity). Colorado Springs, Colorado, 2002. This book is getting rave reviews by young men ages 15-18ish.. Covers topics like just being male, choosing authentic manhood, masturbation, developing your battle plan, sexual honor, and homosexual attraction. Chr., BJW, (3,4, 6, 12).
- Avna, Joan & Waltz, Diana. Celibate Wives: Breaking the Silence. Los Angeles, CA: Lowell House Books, 1994. An excellent resource for women whose husbands refuse a sexual relationship with them. Highly recommended. Sec., BJW. (7,8)
- Balswick, J. & Balswick, J. Authentic Human Sexuality: An Integrated Christian Approach. Illinois: InterVarsity Press, 2008. An excellent volume dealing with numerous sexual issues from leading Christian authors. Recommended. Chr., BJW. (1, 4, 5, 6, 9, 10).
- Barbach, Lonnie. For Yourself: The Fulfillment of Female Sexuality. New York: New American Library, 1976. The book seeks to help women achieve orgasm. It has a detailed section on female sexual physiology--names, location and function of sexual parts. Many chapters devoted to achieving orgasm through masturbation. Recommended to the open minded with care. Sec., BJW. (2,3)
- Bass, Ellen and Laura Davis. The Courage to Heal. New York: Harper and Row, 1988. An excellent book which details the problems encountered by a woman survivor of child sexual abuse and the stages she will go through in healing. Extremely helpful for a person going through this process. It has a serious drawback for the Christian, however, in that the sexual morals, in particular homosexuality, are treated in a very liberal fashion. There are graphic stories of sex, including female homosexual relations. Recommended with cautions. Sec., WJU, BJW. (10)

- Bass, Ellen and Louise Thornton. [I Never Told Anyone](#). New York: Harper and Row, 1983. Very graphic excerpts from stories of women who had been victims of child sexual abuse. They will jar your complacency and make you alternately sad and angry. Not everyone can or should read this book. Recommended with cautions. Sec., BJW, WJU. (10)
- Bell, Rob. [Sex God: Exploring the Endless Connections between Sexuality and Spirituality](#). Zondervan, 2007. Chr., BJW (1).
- Betcher, William, M.D. [Intimate Play: Creating Romance in Everyday Life](#). Viking, 1987. Discusses playfulness as it improves a couple's relationship. Sec., BJW. (8)
- Brownmiller, Susan. [Against Our Will](#). Toronto: Bantam Books, 1975. Factual information on the history of rape especially as it relates to war and mob violence. Covers prison homosexual rape and child sexual abuse. It has a discussion of the victims, the setting and what happened to them. Concludes with a section on women fighting back. Sec., BJW. (10)
- Burgen, Jim. [What's the Big Deal about Sex: Loving God's Way](#). Cincinnati, Ohio: Standard Publishing, 1999. Addressed to a teen audience. Includes discussion of subjects like: why wait, how do I wait, masturbation, homosexuality, interracial dating, and what if I've already messed up. Chr., (3, 4, 5, 6, 12)
- Buth, Lenore. [Sexuality: God's Precious Gift to Parents and Children](#). St. Louis: Concordia Publishing Co., 1982. Recommended. Chr., WJU. (12)
- Carnes, Patrick. [The Betrayal Bond: Breaking Free of Exploitive Relationships](#). Health Communications, 1997. Sec, (9).
- Carnes, Patrick, Ph. D. [Contrary to Love: Helping the Sexual Addict](#). Minneapolis: Comp Care Publishers, 1989. Describes the process of sexual addiction and co-addiction. Focuses on treatment. Rec. Sec. BJW (9)
- Carnes, Patrick. [Don't Call It Love](#). Bantam Books, 1992. Sec. (9).
- Carnes, Patrick. [Facing the Shadow: Starting Sexual and Relationship Recovery](#). Gentle Path Press, 2001. A helpful introduction to the recovery program for addicts and coaddicts. Sec. (8)
- Carnes, Patrick. [Gentle Path Through the Twelve Steps: The Classic Guide for All People in the Process of Recovery](#). Sec.(8,9).
- Carnes, Patrick. [Out of the Shadows: Understanding Sexual Addiction](#). Hazelden Information and Educational Services, 2001. The best treatment on sexual addiction and recovery for both the addict and the addict's partner if they have one. Recommended. Sec., WJU, BJW. (8,9)
- Carnes, Patrick. [Recovery Zone: Making Changes that Last for All People in Recovery and Their Families](#). Gentle Path Press, 2002. Sec. (9)
- Carnes, Patrick. [Sexual Anorexia: Overcoming Sexual Self-Hatred](#). Hazelden Information and Educational Services, 1997. Sec. (8).
- Carnes, Patrick, Delmonico, D., Griffin, E., & Moriarty, J. [In the Shadows of the Net: Breaking Free of Compulsive Online Sexual Behavior](#). Hazelden Information & Educational Services, 2001. Sec. (9)
- Carnes, Patrick, Laaser, Debra, & Laaser, Mark. [Open Hearts: Renewing Relationships with Recovery, Romance and Reality](#). Gentle Path Press, 2000. Leading authors in the field of sexual addiction recovery provide encouragement to couples who are redeeming their relationships. Chr. (8, 9).
- Cole, William. [Sex and Love in the Bible](#). New York: Association Press, 1959. Discusses both divine and human love in the Old Testament and the New Testament including discussion of various Hebrew and Greek words, sex practices and attitudes by the Hebrews and their neighbors, and premarital sex. Proposes a balance between moralistic legalism and irresponsible license. Also covers sex in marriage,

prostitution, adultery, divorce, homosexuality, masturbation, immodesty, rape, incest and bestiality. Recommended. Chr., WJU. (1)

- Coleman, Barry, Editor. [Sex and the Single Christian](#). Ventura: Regal Books, 1985. Contains "candid conversations" with various contemporary Christians on sex for the single person. Issues included are premarital sex, masturbation, homosexuality, celibacy, dating, sex after marriage, and birth control. Chr., WJU. (6)
- Collins, Gary, editor. [The Secrets of Our Sexuality](#). Waco: Word Publishing, 1976. Covers a variety of topics by various contemporary authors. Topics include men and women's gender roles, sexual counseling, homosexuality and sex education. It is modern in that it sees gender roles and characteristics as overlapping between men and women, but conservative in its viewpoint toward homosexuality. Chr., WJU. (11)
- Curtis, B. & Eldredge, J. [The Sacred Romance: Drawing Closer to the Heart of God](#). Tenn: Thomas Nelson Publishers, 1997. A look at the passionate love relationship between God and His people—the ultimate romance in the universe. Captivating. Highly recommended. Chr., BJW, (1).
- Cutrer, William, MJ. D. & Glahn, Sandra. [Sexual Intimacy in Marriage](#). Rand Rapids, Michigan: Kregel Publications, 2001. A good basic manual for married couples. Chr. (12).
- Dallas, Joe. [A Strong Delusion: Confronting the Gay Christian Movement](#). Harvest House Publishers, 1996. Helps the reader learn to respond to the key arguments in the pro gay Christian movement. Highly recommended. Chr., BJW. (4)
- Dallas, Joe. [Desires in Conflict](#). Harvest House Publishers, 1991. A Christian who tried to live out his faith while practicing a homosexual lifestyle, Dallas articulates well the struggle. Chr. (4).
- Davies, Bob & Lori Rentzel. [Coming Out of Homosexuality: New Freedom for Men and Women](#). Downers Grove, Illinois: InterVarsity Press, 1993. Covers steps to freedom. Very practical treatment of breaking addictive patterns. Recommended. Chr., BJW. (4)
- Davis, Michele. [The Sex-Starved Marriage: Boosting your Marriage Libido](#). New York, NY. Simon & Schuster, 2003. One of only a few resources to help couples struggling with limited/celebrate sex lives. Sec., BJW. (7, 8, 12).
- Dayringer, R. & Malony, N. [Pastoral Care and Counseling in Sexual Diversity](#), 2002. (1, 4, 11, 12)
- Dillow, Joseph C. [Solomon on Sex: A Biblical Guide to Married Love](#). Nashville: Thomas Nelson Publishing, 1977. Excellent commentary on the Song of Solomon. Dillow views hierarchy as God's design for men and women. Appendix includes questionable treatment of sexual dysfunction. Recommended. Chr., WJU, BJW. (1)
- Dillow, Linda & Pintus, Lorraine. [Intimate Issues: 21 Questions Women Ask About Sex](#). Colorado Springs, Colorado, 1999. Written to the married Christian woman addressing questions like, can you be sensuous and Godly? What does God think about sex? It also deals with practical questions like What do I do when I don't want to do it? Chr. (12)
- Dobson, James. [Love Must Be Tough: New Hope for Families in Crisis](#). Waco: Word Books, 1983. Excellent discussion of adultery and the principle involved in dealing with it. Recommended. Chr., WJU, BJW. (5)
- Dobson, James. [What Wives Wish Their Husbands Knew About Women](#). Wheaton: Tyndale, 1975. Discusses sexual problems in marriage, menstrual, and physiological difficulties. Also has chapters on low self-esteem, fatigue and time problems, loneliness, and boredom. Recommended. Chr., WJU. (7)
- Durfield, R., & Durfield, R. [Raising Them Chaste: A Practical Strategy for Helping your Teen Wait till Marriage](#). Minn: Bethany House 1991. Solidly scriptural discussion of the importance of covenant in scripture. Includes practical ideas for helping adolescents covenant with God in sexual purity. Highly recommended. Chr., BJW, (12).

- Durham, Gigi. [The Lolita Effect: The Media Sexualization of Young Girls and What We Can Do About It](#), 2009. Recommended (10,12)
- Dwyer, John C. [Human Sexuality: A Christian View](#). Kansas City, MO: Sheed and Ward, 1987. An interesting philosophical commentary on sexuality. Deals with a wide range of dimensions of sexuality. Unique are the inclusions of responses to Catholic church doctrine on marriage, birth control, celibacy. Recommended. Chr., WJU. (1)
- Ellens, Harold. [Sex in the Bible: A New Consideration](#). Praeger, 2007. A discussion/evaluation of the Bible and its teachings on love, marriage, and sexuality. It includes controversial issues like homosexuality and polygamy. Chr. BJW (1).
- Ells, Alfred. [Restoring Innocence: Healing the Memories and Hurts that Hinder Sexual Intimacy](#). Nashville: Thomas Nelson, 1990. This book helps those who have been sexually harmed, deal with the memories and hurts that get in the way of true sexual intimacy. Recommended. (10)
- Ethridge, S., Arteburn, S. [Every Woman's Battle: Discovering God's Plan for Sexual and Emotional Fulfillment](#), 2009. Recommended, Chr. (9)
- Ethridge, S., Arteburn, S. [Every Single Woman's Battle: Guarding Your Heart Against Sexual and Emotional Compromise](#), 2005. Recommended, Chr. (9, 12)
- Ethridge, S., Arteburn, S. [Every Young Woman's Battle: Guarding Your Mind, Heart, and Body in a Sex-Saturated World](#), 2009. Recommended, Chr. (9)
- Ethridge, S., Arteburn, S. [Preparing Your Daughter for Every Woman's Battle: Creative Conversations about Sex & Emotional Integrity](#), 2005. Recommended, Chr. (12)
- Feldhahn, S. & Feldhahn, J. [For Men Only: A Straightforward Guide to the Inner Lives of Women](#), 2006. Recommended, (12).
- Feldhahn, Shaunti. [For Women Only: What You Need to Know about the Inner Lives of Men](#), 2004. Recommended, (12)
- Fischer, Helen. [Anatomy of Love: A Natural History of Mating, Marriage, and Why We Stray](#). New York, NY: Fawcett Books, 1992. Recommended. Sec., BJW, (14).
- Fischer, Helen. [Why We Love: The Nature and Chemistry of Romantic Love](#). New York, NY: Henry Holt & Co., 2004. Recommended. Sec., BJW. (2)
- Flatt, Bill W., Jack P. Lewis, & Dowell E. Flatt. [Counseling homosexuals a Christian guide for homosexuals, parents, and counselors](#). Jonesboro: National Christian Press, 1982. Contains detailed word studies of the Hebrew and Greek in the context of passages of the Old and New Testaments relating to homosexuality. A third chapter covers counseling homosexuals. Recommended. Chr. (4)
- Foster, Richard. [Money, Sex, and Power](#). San Francisco: Harper and Row, 1985. An excellent, though short, overview of a Christian perspective of sexuality. In this section the author covers Old Testament and New Testament theology, and the church's views on sex. Also includes distorted sexuality, singleness, masturbation, and the covenant relationship in marriage. Recommended. Chr., BJW. (1)
- Frank, Jan. [A Door of Hope](#). San Bernardino: Here's Life Publishing, 1987. A step by step healing process for victims of child sexual abuse beginning with facing the problem to restoration. Covers dealing with feelings, confronting the aggressor, forgiveness, and rebuilding yourself. It is full of Scriptures and has a strong emphasis on the work of God. Recommended. Chr., WJU. (10)
- Freeman, D'Emilio and Estelle. [Intimate Matters: A History of Sexuality in America](#). New York: Harper & Row, 1988. A scholarly work--includes the rise and fall of sexual liberalism to the present. Includes discussions of race, class, and gender as it relates to sexuality. Sec., BJW. (14)
- Freitas, Donna. [Sex and the Soul: Juggling Sexuality, Spirituality, Romance, and Religion on America's College Campuses](#). BJW (6).

- Friberg, Nils, and Laaser, Mark. [Before the Fall: Preventing Pastoral Sexual Abuse](#). Liturgical Press, 1998. Laaser was a pastor who abused. He=s well qualified to suggest danger signals and provide helpful advice on catching the problem before it develops. Chr. (10)
- Gallagher, Kathy. [When His Secret Sin Breaks Your Heart: Letters to Hurting Wives](#), 2003 Deals with the issue of sex addiction from the mate=s perspective. Chr. (8, 9).
- Gallagher, Steve. [At the Altar of Sexual Idolatry](#). 2000. Discusses the devastating effects of sex addiction, the process of becoming addicted, and the journey to freedom. Chr. (8, 9).
- Gagnon, Robert. [The Bible and Homosexual Practice: Texts and Hermeneutics](#). Nashville, TN: Abingdon Press, 2001. A through analysis of biblical texts relating to homosexuality. His clearly articulated argument establishes that the Bible unanimously defines same-sex intercourse as sin. Chr., BJW. (1, 4).
- Gardelia, Peter. [Innocent Ecstasy: How Christianity Gave America an Ethic of Sexual Pleasure](#). New York: Oxford University Press, 1985. A historical book, this volume describes how Christian influences led Americans to seek ecstatic pleasure and to expect freedom from guilt in their sexual relations. Chr., BJW. (14)
- Gardner, Tim Alan. [Sacred Sex: A Spiritual Celebration of Oneness in Marriage](#). Colorado Springs, Colorado: Waterbrook Press, 2002. Includes insights on the theology of sexuality including the holiness of sex, as well as practical discussion for married couples. Recommended. Chr., (1, 12).
- Gray, John. [Mars and Venus in the Bedroom: A Guide to Lasting Romance and Passion](#). Harper Collins, 1995. Sec. WJU (12).
- Green, Shelley, Flemons, Douglas. (Eds.) [Quickies: The Handbook of Brief Sex Therapy](#). New York, NY: W.W. Norton & Company, 2004. Sec., BJW. (7, 8).
- Grenz, S. [Betrayal of Trust: Sexual Misconduct in the Pastorate](#). InterVarsity Press, 1995. Chr. WJU (10).
- Gresh, D. [And the Bride Wore White: Seven Secrets to Sexual Purity](#). Ill: Moody Press, 1999. Excellent resource to encourage premarital sexual purity. Highly recommended. Chr., BJW, (5, 6, 12).
- Hajcak, Frank & Patricia Garwood. [Hidden Bedroom Partners](#). San Diego: Libra Publishers, Inc., 1987. An excellent book defining the various needs and motives that destroy sexual pleasure. It covers the ways we use sex for other things, like affection and self-esteem, how to put sex in its proper place. Recommended. Sec., WJU, BJW. (8)
- Hall, Laurie. [An Affair of the Mind: One Woman's Courageous Battle to Salvage her Family from the Devastation of Pornography](#). Wheaton, Illinois: Tyndale House Publishers, 1996. A must read!! Highly recommended for anyone pursuing ministry to this generation where pornography addiction is so rampant. Laurie offers a Godly model for any woman whose husband is hooked on pornography, an describes the impact of this addiction on a marriage. Chr., BJW. (9)
- Hamilton, J. & Henry, P. [Handbook of Therapy for Unwanted Homosexual Attractions: A Guide to Treatment](#). 2008. Recommended. Sec, BJW (4).
- Hancock, Maxine & Karen Burton Mains. [Child Sexual Abuse: A Hope for Healing](#). Wheaton: Harold Shaw Publishers, 1987. Has outstanding chapters on seeing God as He really is, forgiving and accepting yourself, and renewing relationships. Recommended. Chr. (10)
- Hart, Archibald. [The Sexual Man: Masculinity without Guilt](#) The Landmark Study of Men and Sex in the 90's. Dallas, TX: Word Publishing, 1994. Highly recommended for every man and every woman who wants to understand male sexuality. Chr., BJW (12).
- Hart, Archibald, Weber, Catherine, & Taylor, Debra. [Secrets of Eve: Understanding the Mystery of Female Sexuality](#). Nashville, Tenn: Word Publishing, 1998. Covers topics like what women really want from sex, difficulties with anorgasmia, fatigue, trauma, female desire, singleness, sex ed for girls, and bridging the gender gap. Excellent companion volume to Hart=s book on men. Highly recommend. Chr. BJW, (8, 12).

- Hartzler, Rachel. [Grief and Sexuality: Life After Losing a Spouse](#). Scottsdale, Penn. Herald Press, 2006. Chr. (6).
- Heiman, Julia. [Becoming Orgasmic: A Sexual and Personal Growth Program for Women](#). 1992. WJU (12,8)
- Huggett, Joyce. [Dating, Sex, and Friendship](#). Downer's Grove: IVP, 1985. Excellent discussion of important issues for singles: intimacy, friendship, sex before marriage, ending relationships, masturbation, and homosexuality. Honest, straightforward. Recommended. Chr., WJU, BJW. (3,4,5,6)
- Joy, Donald M., PhD. [Bonding: Relationships in the Image of God](#). Waco: Word Publishing, 1991. The premise of this book is that God's relationship with humans is one of intimate bonding and that all human intimacies are "rehearsals" for the ultimate reunion with Him. Highly recommended. Chr., BJW. (1)
- Joy, Donald M., PhD. [Rebonding: Preventing and Restoring Damaged Relationships](#). Dallas: Word Publishing, 1986. In this second book, Joy discusses the tragedies involved in unhealthy bonds. Healing and hope are strong. Highly recommended. Chr., BJW. (1)
- Joy, Donald M., Ph.D., Joy, Robbie. [Two Become One: God's Blue Print for Couples](#). 2002. (12)
- Kain, Craig, Ed. [No Longer Immune: A Counselor's Guide to Aids](#). Alexandria: American Association for Counseling and Development, 1989. Presents an overview of the problem, how to work with specific populations, and key issues for the counselor. It also includes discussion of working with family members. Recommended. Sec., BJW. (7)
- Kaplan, Helen Singer, M.D. Ph.D. [The Illustrated Manual of Sex Therapy](#). New York: Brunner/Mazel Publishers, 1987. Covers basic issues in sex therapy, basic dysfunctions, exercises and techniques. Recommended for the professional. Sec., BJW. (7,8)
- Kaplan, Helen Singer. [The New Sex Therapy: Active Treatment of Sexual Dysfunction](#). New York, NY. Times Books, 1974. A seminal work by one of the early pioneers in sex therapy. Sec., BJW. (8).
- Kennedy, Eugene. [Sexual Counseling: A Practical Guide for Those Who Help Others](#). New York: Continuum, 1989. Provides a guide to lay counselors on many important aspects of sexual needs/problems of counselees. Recommended. Sec., WJU. (2,3,4,5,8)
- Kubler-Ross, Elisabeth. [AIDS: The Ultimate Calling](#). New York: MacMillan Publishers, 1987. Sec., WJU. (7)
- Laaser, Mark. [Faithful and True: Sexual Integrity in a Fallen World](#). Grand Rapids, Michigan: Zondervan Publishing House, 1996. An exceptional volume which uncovers the sin of sexual addiction, its roots, and its healing. Highly recommended. Chr., BJW, (9).
- Laaser, Mark. [Healing the Wounds of Sexual Addiction](#). Zondervan. 2004. Recommended. Chr. WJU (9) 241.66L IIIh2004.
- Laaser, Mark. [Talking to Your Kids About Sex: How to have a Lifetime of Age Appropriate Conversations with your Children About Healthy Sexuality](#). Colorado Springs, Colorado: WaterBrook Press, 1999. Excellent guide for parents with all ages of children, through young adulthood. Highly recommended. Chr. BJW. (12).
- Laaser, Mark, and Hopkins, Nancy. [Restoring the Soul of a Church: Healing Congregations Wounded by Clergy Sexual Misconduct](#). Liturgical press, 1995. Congregations are deeply shaken and struggle with senses of corporate betrayal upon learning that their pastor has been sexually abusive. This volume seeks to provide guidance for those left in leadership. Chr., (10).
- Lamb, Sharon. [Sex, Therapy, and Kids: Addressing Their Concerns through Talk and Play](#). New York, NY: W. W. Norton. 2006. This book is a professional resource to help clinicians discern what is normative when it comes to children and sexuality, and what might signal possible abuse. It provides helpful ideas on working with children/teens who have been abused. It includes a discussion on working with the developmentally disabled around sexual issues too. Sec. (8).

- LaHaye, Tim and Beverly. [The Act of Marriage](#). Grand Rapids: Zondervan Corp., 1976. Deals with impotence and frigidity and their causes with suggestions on what to do about them. Also has sections on anatomy, theology, stages of lovemaking, the spiritual dimension of sex, and a question and answer section. Recommended. Chr., WJU. (7)
- Langberg, D. [On the Threshold of Hope: Opening the Door to Healing for Survivors of Sexual Abuse](#). 1999. Recommended (10).
- Larson, Ray and Rebecca. [When the Womb Is Empty: A Positive Approach to Infertility](#). Springdale: Whitaker House, 1988. A personal testimony of how the authors dealt with their infertility both emotionally and practically. Covers various types of adoption and steps in adoption. It has appendices with strategies for prolife activities; agency adoption forms; and a listing of adoption agencies. Recommended. Chr., WJU. (7)
- Larue, Gerald. [Sex and the Bible](#). Buffalo, New York, Prometheus Books, 1983. Covers topics like sex ed in ancient Israel, Levirate marriage, polygamy, circumcision, virginity, celibacy, menstruation, adultery, incest, rape, bestiality, prostitution, illegitimacy, abortion, exhibitionism, homosexuality, transvestism, masturbation, fantasy, lust, and the joy of sex as discussed in scripture. Sec., BJW. (14).
- Leight, Lynn. R.N. [Raising Sexually Healthy Children](#). New York: Rawson Associates, 1988. Excellent resource. Ages and stages, issues, handling questions. Recommended. Sec., BJW. (12)
- Leman, Kevin. [Sex Begins in the Kitchen: Creating Intimacy to Make Your Marriage Sizzle](#). (2006). Chr. (12).
- Leman, Kevin. [Sheet Music: Uncovering the Secrets of Sexual Intimacy in Marriage](#). 2003. Excellent resource for enhancing marital intimacy. Recommended. Chr. WJU, BJW (12).
- Leman, Kevin, Bell, Kathy. [A Chicken's Guide to Talking Turkey with Your Kids About Sex](#). 2004. (12). Chr. BJW.
- Lew, Mike. [Victims No Longer: Men Recovering from Incest and Other Sexual Child Abuse](#). New York: Neuraumont Publishing Co., 1988. First book that speaks directly to the male victim. Recommended. Sec., BJW. (10)
- Lockwood, Craig & Comiskey, Andrew. [Falling Forward: The Pursuit of Sexual Purity](#), 2000. Excellent resource for those recovering from sexual addiction. Chr. Amazon (9).
- Love, Pat. [Hot Monogamy: Essential Steps to More Passionate Intimate Lovemaking](#). 1994. WJU (12) 613.96L 897h 1994.
- Love, Pat. [The Truth About Love: The Highs, the Lows, and How You Can Make It Last Forever](#). New York, NY: Simon & Schuster, 2001. Recommended. SEC., BJW. (12).
- Ludy, E. & Ludy, L. [When God Writes Your Love Story \(Expanded Edition\): The Ultimate Guide to Guy/Girl Relationships](#). 2009. Recommended, Chr. Amazon (5, 6, 12).
- Lutzer. [The Truth about Same Sex Marriage: Six Things you Need to Know about What's Really at Stake](#). 2004. Highly recommended by a local pastor. Chr. (4)
- Masters, William and Virginia Johnson. [Human Sexual Inadequacy](#). Toronto: Bantam Books, 1970. Deals with therapists roles and formats in dealing with problems of premature ejaculation, ejaculatory incompetence, impotence, orgasmic dysfunction, dyspareunia, and aging. Sec., BJW. (7)
- Masters, William H. MD., and Virginia E. Johnson. [Human Sexual Response](#). New York: Bantam Books, 1966. Includes research in sexual response, female and male sexual response, and geriatric sexual response. Recommended for clinicians. Sec., WJU, BJW. (2)
- Masters, William H., Virginia E. Johnson, and Robert C. Koldney. [Masters and Johnson on Sex and Human Loving](#). Boston: Little, Brown & Co., 1986. Quite comprehensive, textbook quality. Especially note it includes childhood sexuality. Recommended for clinicians. Sec., BJW. (2,3,4,7,8)

- Mays, Mary Ann. [A Christian Guide to Sexual Counseling](#). Grand Rapids, MI: Zondervan Publishing, 1987. WJU. (8)
- Mazzalongo, Michael (Ed.). [Gay Rights or Wrongs: A Christian's Guide to Homosexual Issues and Ministry](#). College Press Publishing Inc., 1996. This volume includes contributions from Dallas, Davies, Rentzel and others. Chr., (4).
- McCluskey, Christopher, McCluskey, Rachel. [When Two Become One: Enhancing Sexual Intimacy in Marriage](#). 2004. Excellent resource for enhancing marital intimacy. Recommended. Chr. BJW, (12).
- McCommon III, Paul. "Pornography, 1985 Its Pervasive Presence in American Society." July 12, 1985. Types of material available and the effects of pornography are covered. This paper is full of facts. Recommended. Sec., WJU. (9)
- McDowell, Josh and Dick Day. [Why Wait: What You Need to Know About the Teen Sexuality Crisis](#). Approaches sex from the standpoint of trying to convince teenagers to wait until marriage. Gives physical, psychological, environmental, and relational reasons to wait. Recommended. Chr., WJU. (5)
- Means, Marsha. [Living with Your Husband's Secret Wars](#). Deals with sexual unfaithfulness and provides a guide to women to help them deal with the devastation they face. Recommended by highly respected Christian leaders. Chr. (5, 9)
- Meier, Richard, et al. [Sex in the Christian Marriage](#). Grand Rapids, MI: Baker Book House, 1988. A good general manual for married couples. Included are three phases of romantic sex, a discussion of nutrition, weight, and exercise as they affect sexuality. Recommended. Chr., WJU. (2)
- Metz, Michael, McCarthy, Barry. [Coping with Premature Ejaculation: How to Overcome PE & Please Your Partner, Have Great Sex](#). New Harbinger Publications, 2004. Clinical techniques to promote sexual performance and satisfaction. Comprehensive bio-psychological approach for effectively coping with this relationship-challenging disorder. Sec. (8).
- Michael, Robert, Gagnon, John, Laumann, Edward, Kolata, Gina. [Sex in America: A Definitive Survey](#). Boston, MA: Little, Brown and Company, 1994. A study of 3,432 respondents who each discussed their sexual lives, histories, and beliefs. This study is considered a comprehensive, methodologically sound, survey of American=s sexual practices and beliefs, conducted by a group of sociologists who worked through the National Opinion Research Center at the University of Chicago. Sec. BJW. (3, 4, 5, 7, 10).
- Miletic, Stephen Francis. [One Flesh: Ephesians 5:22-24, 5:31: Marriage and the New Creation](#). Rome, Italy: Editrice Pontificio Instituto Biblico, 1988. Chr., WJU. (1)
- Miller, Keith and Andrea Wells Miller. [The Single Experience](#). Waco: Word Publishing, 1981. Discusses what they term "real" identity and intimacy, how identity is developed, why and how to break with parents, how to parent alone, friendship, dating, and sexual choices. Includes some helpful information for those who have been divorced and are trying to adjust to the single life again. Recommended. Chr., BJW. (6)
- Moberly, Elizabeth. [Homosexuality: A New Christian Ethic](#). Greenwood: The Attic Press, 1983. Presentation of the author's theory that homosexuality is based on problems in the relationship with the same sex parent. Recommended. Chr., BJW. (4)
- Nicolosi, Joseph, PhD. [Reparative Therapy of Male Homosexuality: A New Clinical Approach](#). Northvale: Jason Aronson, Inc., 1991. This book helps one to better understand the nature of the homosexual man's struggle. It describes reparative therapeutic measures which will allow him to achieve freedom from homosexual behavior. Sensitive and empathic. Recommended. Sec., BJW. (4)
- Paulk, Anne. [Restoring Sexual Identity: Hope for Women Who Struggle with Same-Sex Attraction](#). Eugene, Oregon: Harvest House Publishers, 2003. A former lesbian, this author helps us understand the root causes of female same-sex attractions and offers hope for genuine change. Compassionate, thoughtful. Recommended. Chr., BJW, (4).
- Payne, Leanne. [The Broken Image](#). Westchester: Crossway Books, 1981. Emphasis on restoring the homosexual person through healing prayer. Uses cases showing God's intervention and healing. Shows various causes of homosexuality. Recommended. Chr., BJW, WJU. (4)

- Penner, Clifford. [Fifty-Two Ways to Have fun, Fantastic Sex: A guidebook for Married Couples](#). Thomas Nelson Publishing, 1994. A guide to keep marital love fun and exciting. Chr. (12).
- Penner, Clifford. [Men and Sex: Discovering Greater Love, Passion and Intimacy with Your Wife](#). Thomas Nelson Publishing, 1997. Great resource for the married man. Chr. (12)
- Penner, Clifford and Joyce. [A Gift for All Ages: A Family Handbook on Sexuality](#). Waco: Word Publishing, 1986. Excellent resource. Includes many topics not included in their first book: teaching children about sex, single sexuality and special situations. Recommended. Chr., WJU, BJW. (6,12)
- Penner, Clifford and Joyce. [Counseling for Sexual Disorders](#). v.26. Waco: Word Publishing, 1990. (Resources for Christian Counseling, gen. ed., Gary R. Collins.) An excellent resource for Christians who seek to understand and treat sexual dysfunction. It includes basic anatomy, sexual response cycle, common dysfunctions, and treatment plans. Samples of couple's history forms and homework assignments make this a practical resource. Recommended. Chr., WJU, BJW. (8)
- Penner, Clifford and Joyce. [Getting Your Sex Life Off to a Great Start: A Guide for Engaged and Newlywed Couples](#). W Publishing Group, 1994. Good basic manual for premarital and young married couples. Chr., (12).
- Penner, Clifford and Joyce. [Sex Facts for the Family](#). Waco: Word Publishing, 1991. A good guide to understanding human sexuality. Focuses on: family planning, how children impact the sexual life, teaching children about sex, single sexuality, handling adult sexuality in special situations, and tough sexual issues. Recommended. Chr., BJW. (12).
- Penner, Clifford and Joyce. [The Gift of Sex](#). Waco: Word Publishing, 1981. Detailed information on physiology of sexuality, sexual responses, and psychology of sexuality. Strong emphasis on sex for love and pleasure. Recommended especially for married people. Chr, WJU, BJW. (2,3,7,8,12, 13).
- Penner, Joyce. [Restoring the Pleasure](#). W Publishing Group, 1993. Designed for couples in long term relationships that have grown cold/dull. Chr., (8).
- Peters, David. [A Betrayal of Innocence](#). Waco: Word Publishing, 1986. A good overall discussion of the problem of child sexual abuse, its effects, indicators, and treatment. Recommended. Chr., WJU. (10)
- Perkins, B. [When Good Men are Tempted](#). Mich: Zondervan Publishing House, 1997. An exceptionally well written discussion of the sexual temptations that plague even the best of men. It includes a discussion of the reasons men struggle as they do and also offers strategies to help them in the fight for purity. Highly Recommended. Chr., BJW, (8, 12).
- Philpott, K. [The Gay Theology](#), 1977. Chr., WJU (4) 261.834P 571g, 1977.
- Pope, Kenneth. [Sexual Involvement with Therapists: Patient Assessment, Subsequent Therapy, Forensics](#). Washington, D.C.: American Psychological Association, 1994. Provides helpful guidance for the subsequent therapist concerning the patient's needs in therapy as well as helpful suggestions for subsequent therapy. Sec., BJW. (10)
- Reisman, Judith. [Kinsey: Crimes and Consequences: The Red Queen and The Grand Scheme](#), 2000. This book exposes the Kinsey research. Chr. WJU (12) 364.153R 377K 2000.
- Roach, Mary. [Bonk: The Curious Coupling of Science and Sex](#). A humorous account of sex research. Recommended. Sec., BJW (2, 7, 8).
- Rosenau, Douglas. [A Celebration of Sex: A Guide to Enjoying God's Gift of Married Pleasure](#). Thomas Nelson Publishers, 2002. A thorough treatment of the sexual relationship in marriage. Includes discussion of Biblical perspective, as well as practical advice for the couple. Also has chapters on sex and disability, disease. Highly recommended. Chr., BJW. (2, 7, 12)
- Rosenau, Douglas. [A Celebration of Sex for Newlyweds](#). Thomas Nelson Publishers, 2002. Includes specific discussion related to beginning a sexual relationship. Chr., (12).

- Rush, Florence. [The Best Kept Secret: Sexual Abuse of Children](#). New York: McGraw Hill, 1980. Discusses consequences, current scope of the problem, and the history of child sexual abuse. Sec., WJU. (10)
- Saia, Michael R. [Counseling the Homosexual](#), 1988. A Compassionate and Biblical Guide for Pastors and Counselors as well as non-professionals and families. The premise of the book is that God demands holiness. He provides instruction in Christian living especially for those tempted by sexual desire for those of their own gender. Good resource for counseling males. Recommended. Chr., WJU. (4)
- Sandford, Paula. [Healing Victims of Sexual Abuse](#). Tulsa: Victory House, 1988. Although this book covers the symptoms of a sexually abused person and steps required in healing, its most outstanding contribution is the chapter on "Counselors Who Devour the Afflicted." Here the author lists a variety of both emotional and physical ways that counselors can wound their clients and, for the most part, are cautions we all should keep in mind when relating to a sexually abused person. Also contains a chapter profiling the sexual abuser. Recommended. Chr. (10)
- Scanzoni, Letha and Virginia Mollenkott. [Is The Homosexual My Neighbor?](#) San Francisco: Harper & Row, 1978. The premise of this book is that all the Scriptures prohibiting homosexuality are related to violent acts, lust and idolatry; not to loving homosexual relationships. On these it says the Bible is silent. It covers the current church debate on homosexuality, and proposes a homosexual Christian ethic. It is a controversial book and clearly the most liberal Christian publication I have read. Chr., BJW. (4)
- Schaumburg, Harry W. [False Intimacy: Understanding the Struggle of Sexual Addiction](#). Colorado: Navpress, 1997. Information on sexual addiction, including cybersex. Excellent. Rec. Chr. BJW (8, 9).
- Schlink, Basilea. [My All For Him](#). Minn, Minn: Bethany House, 1971. Excellent expression of bridal love for Jesus. Written by a single woman. Recommended. Chr., BJW (1)
- Schmidt, Thomas E. [Straight and Narrow? Compassion and Clarity in the Homosexual Debate](#). Downers Grove, Illinois: IVP, 1995. Recommended, Chr. (4)
- Schmierer, Don. [An Ounce of Prevention: Preventing the Homosexual Condition in Today's Youth](#). Tenn: Word Publishing, 1998. Chr. BJW (4)
- Schnarch, D. [Constructing the Sexual Crucible: An Integration of Sexual and Marital Therapy](#), 1991. Recommended, WJU, (2, 7, 8).
- Small, Dwight. [Christian Celebrate Your Sexuality](#). Old Tappan: Fleming H. Revell, 1974. Shows sexuality as a gift of God. Particularly strong in addressing the theology of sexuality. Highly recommended. Chr., BJW. (1)
- Smalley, M., Smalley, A. [Don't Date Naked](#), 2008. Recommended. Chr. (5, 6, 12).
- Smedes, Lewis B. [Sex for Christians: The Limits and Liberties of Sexual Living](#). Michigan: Wm. Eerdmann Publishing Co., 1994. Excellent resource divided into three sections: Sex and Christian people, Sex and single people, and Sex and married people. Much quoted in the works of others. Smedes is a leader in the field. Highly Recommended. Chr., WJU. (1,6)
- Smith, Debra White. [Romancing Your Husband: Enjoying a Passionate Life Together](#). Eugene Oregon: Harvest House Publishers, 2002. Written to the married Christian Woman. Inspirational ideas for keeping your love life exciting in a long term relationship. Chr. (12).
- Socarides, Charles W., M.D. [Homosexuality: A Freedom too Far](#). Phoenix, Arizona: Ladam Margrave Books, 1995. A psychoanalyst, Socarides describes the causes, cures, and the impact of the gay rights movement on American society. A must read for anyone interested in this subject. Truly a seminal work. Highly recommended. Sec, BJW, (4).
- Spring, J. A. [After the Affair: Healing the Pain and Rebuilding Trust When a Partner Has Been Unfaithful](#). NY: Harper Collins Publisher, 2006. A book with strategies that enable both partners to heal from infidelity. Written for couples as well as the clinicians that help them. Recommended. Sec., BJW, (5).

- Stafford, Tim. [A Love Story](#). Grand Rapids: Zondervan, 1977. Questions and answers for young people. Why wait until marriage to have sex, how far can you go, masturbation, singleness, homosexuality, and dating. A good general book with a moderate viewpoint. Chr., BJW. (6)
- Stafford, Tim. [Sexual Chaos](#). Downers Grove, IL: IVP, 1993. Covers marriage, the boundaries around love, premarital sex, celibacy, homosexuality. Chr., WJU. (4,5,6)
- Stafford, Tim. [The Sexual Christian](#). Wheaton: Victor Books, 1989. An excellent book on singleness and celibacy. Covers historical background of sexuality from early Bible times to now. Discusses the "ethic of intimacy and the ethic of desire." Recommended. Chr., WJU. (6)
- Stafford, Tim. [Worth the Wait](#). Wheaton: Tyndale House, 1988. Covers the problems in waiting until you're married to have sex which are caused by society, your peers, and your own biology as compared to the reasons to wait. Reasons to wait that he explores are: fear of sexually transmitted diseases, the dream of a perfect relationship, and God's position. Contains some helpful information on how to say "no," how to find forgiveness, finding the right one, and developing healthy relationships. Recommended. Chr., WJU. (6)
- Stanton, G. & Maier, B. [Marriage on Trial: The Case Against Same-Sex Marriage and Parenting](#), 2004. (4)
- Staver, M. [Same Sex Marriage: Putting Every Household at Risk](#), 2004. Chr. (4)
- Stedman, Rick. [Your Single Treasure](#). Chicago: Moody Press, 1999. Discusses the worth of the single person and helps singles reframe their value. Suggests ways to deal with sexual stress. The most valuable section includes a plan for temporary celibacy as a way of healing from sexual sin. Recommended. Chr., BJW. (6)
- Stepp, Laura. [Unhooked: How Young Women Pursue Sex, Delay Love, and Lose at Both](#). (2007). Chr., (12).
- Stott, John. [Same Sex Partnerships: A Christian Perspective](#). Grand Rapids, Michigan: Fleming H. Revell, 1998. Stott addresses Biblical prohibitions as well as contemporary arguments on this subject. Chr., BJW. (4).
- Stout, Martha. [Without Child: A Compassionate Look at Infertility](#). Grand Rapids: Zondervan Publishers, 1985. A compassionate look at the problem of infertility from the eyes of one who experienced it. Includes psychological and emotional impact, causes, tests, and treatments. It addresses the ethical dilemma for the Christian posed by various solutions to the problem of infertility. Covers the question of living child free or adopting. Recommended. Chr., WJU. (7)
- Sullivan, Andrew. [Same Sex Marriage, pro & con: a reader](#), 2004. WJU (4) 306.848 S949s2004.
- Thompson, Chad. [Loving Homosexuals as Jesus Would: A Christian Approach](#), 2004. Brazo Press. Highly recommended by a local pastor. Chr., (4).
- Trobish, Walter. [My Beautiful Feeling](#). Downer's Grove: IVP, 1977. Well done responses to a girl struggling with masturbation. Recommended. BJW. (3)
- Vigevano, H.S. [I'm in Love with a Married Man](#). 1976. Chr. WJU (5) 261.834736V674i1976
- Web, W. [Slaves, Women, and Homosexuals: Exploring the Hermeneutics of Cultural Analysis](#). The book walks you thru Biblical Interpretation on these 3 Controversial subjects. Recommended. Chr. (1, 4, 11, 14).
- Weiss, D. [Women Who Love Sex Addicts](#). 1993. WJU (9).
- West, Christopher. [Theology of the Body for Beginners: A Basic Introduction to Pope John Paul II's Sexual Revolution](#). 2004. Includes a discussion of God's plan for the body and sex, Christian celibacy, Christian marriage, and theology in the bedroom. Chr. (1).
- Wheat, Ed and Gaye. [Intended for Pleasure](#). Old Tappan: Fleming H. Revell, 1977. Detailed description of sexual organs and their functions, techniques of lovemaking, solution to common problems--inhibited orgasm, impotence; birth control. Recommended especially for married people. Chr., WJU. (2,13)
- Wier, T. [Holy Sex: God's Purpose and Plan for Our Sexuality](#). PA: Whittaker House, 1999. Wier aims to reestablish the concept of the Holiness of Sexuality in the minds of his Christian readers helping them see

God's design more clearly. Upon this background he tackles sexual problems that plague humanity. Recommended. Chr., BJW, (1, 3, 4, 5, 8, 9, 10, 11)

Wilson, Barbara. (2010). The Hormone of Love: Don't Let Your Past Steal Your Passion. Barbara discusses the role of Oxytocin in keeping spouses bonded to each other. The book offers a biblical plan for rekindling the closeness and passion women long for in marriage. Chr. BJW. Recommended. (5, 8, 12)

Wilson, Barbara. The Invisible Bond: How to Break Free from Your Sexual Past, 2006. Multnomah Press. Highly recommended. Chr. WJU, (2, 5, 8)

Wilson, Earl D. A Silence To Be Broken. Portland: Multnomah Press, 1986. Discusses the causes of incest and the problems arising from it. It is a general overview book and lacks depth in most areas, but has good insight into the roots of sexual abuse. Wilson gives hope for healing both for the victim and the abuser. He uses Scriptures liberally to emphasize what he is saying. Recommended. Chr. (10)

Winner, Lauren F. Five Paths to the Love of your Life: Defining Your Dating Style. Chr. BJW. (6)

Winner, Lauren F. Real Sex: The Naked Truth about Chastity. 2005. Candid discussion of the difficulty and the importance of sexual chastity. Confronts cultural lies about sex and also how we talk about sex in the church. Chr., BJW, (6).

Zilbergeld, Bernie. Male Sexuality. Toronto: Bantam Books, 1978. Explains physiological aspects of sex, conditions necessary for good sex, various myths about men and sex (good section). Has exercises for males like the ones for females in For Yourself. Recommended to the open minded with care. Sec., BJW. (2,3,7)

HUMAN SEXUALITY BIBLIOGRAPHY: KEY

Areas in which the books are strong are listed under each book by number code, ie: (1,6). This example shows that the books strong in areas 1 and 6. The areas included in this bibliography are listed below.

- 1. Theology of Sexuality**
- 2. Physiology of Sexuality**
- 3. Masturbation**
- 4. Homosexuality**
- 5. Premarital/Extramarital Sex**
- 6. Singleness**
- 7. Sexual Function/Dysfunction, Disease**
- 8. Sex Therapy/Resources**
- 9. Pornography/ Addiction**
- 10. Power/Subjugation - Rape/Child Sexual Abuse**
- 11. Gender Identity**
- 12. Sex Education: Children, Adolescents, and Married Adults**
- 13. Birth Control**
- 14. History**

Abbreviations found at the end of each listing:

Chr. = a Christian book

Sec. = a secular book

WJU = William Jessup University Library

BJW = Bev Wiens' Library

HUMAN SEXUALITY
ANNOTATED BIBLIOGRAPHY

1. THE THEOLOGY OF SEXUALITY

- Akin, Daniel. [God on Sex: The Creator's Ides about Love, Intimacy, and Marriage.](#) 2003. A look at the Song of Songs, gleaning God's plan for sexual intimacy by examining the relationship between Solomon and Shulamith. Chr., BJW. (1).
- Arnold, Johann Christoph. [A Plea for Purity: Sex, Marriage, and God.](#) Farmington, PA: The Plough Publishing House of the Bruderhof Foundation, 1996. Fresh Biblical insights into the sacredness of the marriage covenant and more. Chr., WJU
- Balswick, J. & Balswick, J. [Authentic Human Sexuality: An Integrated Christian Approach.](#) Illinois: InterVarsity Press, 2008. Excellent resource on numerous sexual issues from leading Christian authors. Chr., BJW, (1,4,5,6,9,10).
- Bell, Rob. [Sex God: Exploring the Endless Connections between Sexuality and Spirituality.](#) Zondervan, 2007. Chr., BJW (1).
- Cole, William. [Sex and Love in the Bible.](#) New York: Association Press, 1959. Discusses both divine and human love in the Old Testament and the New Testament including discussion of various Hebrew and Greek words, sex practices and attitudes by the Hebrews and their neighbors, and premarital sex. Proposes a balance between moralistic legalism and irresponsible license. Also covers sex in marriage, prostitution, adultery, divorce, homosexuality, masturbation, immodesty, rape, incest, and bestiality. Recommended. Chr., WJU.
- Curtis, B. & Eldredge, J. [The Sacred Romance: Drawing Closer to the Heart of God.](#) Tenn: Thomas Nelson Publishers, 1997. A look at the passionate love relationship between God and His people—the ultimate romance in the universe. Captivating. Highly recommended. Chr., BJW, (1).
- Dillow, Joseph C. [Solomon on Sex: A Biblical Guide to Married Love.](#) Nashville: Thomas Nelson Publishing, 1977. Excellent commentary on the Song of Solomon. Dillow views hierarchy as God's design for men and women. Appendix includes questionable treatment of sexual dysfunction. Recommended. Chr., WJU, BJW.
- Durfield, R., & Durfield, R. [Raising Them Chaste: A Practical Strategy for Helping your Teen Wait till Marriage.](#) Minn: Bethany House 1991. Solidly scriptural discussion of the importance of covenant in scripture. Includes practical ideas for helping adolescents covenant with God in sexual purity. Highly recommended. Chr., BJW, (12).
- Dwyer, John C. [Human Sexuality: A Christian View.](#) Kansas City, MO: Sheed and Ward, 1987. An interesting philosophical commentary on sexuality. Deals with a wide range of dimensions of sexuality. Unique are the inclusions of responses to Catholic church doctrine on marriage, birth control, celibacy. Recommended. Chr., WJU.
- Ellens, Harold. [Sex in the Bible: A New Consideration.](#) Praeger, 2007. A discussion/evaluation of the Bible and its teachings on love, marriage, and sexuality. It includes controversial issues like homosexuality and polygamy. Chr. BJW (1).
- Foster, Richard. [Money, Sex, and Power.](#) San Francisco: Harper and Row, 1985. An excellent, though short, overview of a Christian perspective of sexuality. In this section the author covers Old Testament and New Testament theology, and the church's views on sex. Also includes distorted sexuality, singleness, masturbation, and the covenant relationship in marriage. Recommended. Chr., BJW.
- Gagnon, Robert. [The Bible and Homosexual Practice: Texts and Hermeneutics.](#) Nashville, TN: Abingdon Press, 2001. A through analysis of biblical texts relating to homosexuality. His clearly articulated argument establishes that the Bible unanimously defines same-sex intercourse as sin. Chr., BJW. (1, 4).
- Gardner, Tim Alan. [Sacred Sex: A Spiritual Celebration of Oneness in Marriage.](#) Colorado Springs, Colorado: Waterbrook Press, 2002. Includes insights on the theology of sexuality including the holiness of sex, as well as practical discussion for married couples. Recommended. Chr., (1, 12).
- Joy, Donald M., PhD. [Bonding: Relationships in the Image of God.](#) Waco: Word Publishing, 1991. The premise of this book is that God's relationship with humans is one of intimate bonding and that all human intimacies are "rehearsals" for the ultimate reunion with Him. Highly recommended. Chr., BJW.

- Joy, Donald M., PhD. [Rebonding: Preventing and Restoring Damaged Relationships](#). Dallas: Word Publishing, 1986. In this second book, Joy discusses the tragedies involved in unhealthy bonds. Healing and hope are strong. Highly recommended. Chr., BJW.
- Miletic, Stephen Francis. [One Flesh: Ephesians 5:22-24. 5:31: Marriage and the New Creation](#). Rome, Italy: Editrice Pontificio Instituto Biblico, 1988. Chr., WJU.
- Schlink, Basilea. [My All For Him](#). Minn, Minn: Bethany House Publishers, 1971. Excellent expression of Bridal love for Jesus. Written by a single woman. Recommended. Chr., BJW.
- Small, Dwight. [Christian Celebrate Your Sexuality](#). Old Tappan: Fleming H. Revell, 1974. Shows sexuality as a gift of God. Particularly strong in addressing the theology of sexuality. Highly recommended. Chr., WJU, BJW.
- Smedes, Lewis B. [Sex for Christians: The Limits and Liberties of Sexual Living](#). Michigan: Wm. Eerdmans Publishing Co., 1994. Excellent resource divided into three sections: Sex and Christian people, Sex and single people, and Sex and married people. Much quoted in the works of others. Smedes is a leader in the field. Recommended. Chr., WJU.
- Web, W. [Slaves, Women, and Homosexuals: Exploring the Hermeneutics of Cultural Analysis](#). The book walks you thru Biblical Interpretation on these 3 Controversial subjects. Recommended. Chr. (1, 4, 11, 14).
- West, Christopher. [Theology of the Body for Beginners: A Basic Introduction to Pope John Paul II's Sexual Revolution](#). 2004. Includes a discussion of God's plan for the body and sex, Christian celibacy, Christian marriage, and theology in the bedroom. Chr. (1).
- Wier, T. [Holy Sex: God's Purpose and Plan for Our Sexuality](#). PA: Whittaker House, 1999. Wier aims to reestablish the concept of the Holiness of Sexuality in the minds of his Christian readers helping them see God's design more clearly. Upon this background he tackles sexual problems that plague humanity. Recommended. Chr., BJW, (1, 3, 4, 5, 8, 9, 10, 11)

2. PHYSIOLOGY OF SEXUALITY

- Barbach, Lonnie. [For Yourself: The Fulfillment of Female Sexuality](#). New York: New American Library, 1976. The book is aimed at helping a woman to achieve an orgasm. It has a detailed section on female sexual physiology--names, location and operation of sexual parts. Many chapters devoted to achieving orgasm through masturbation. Recommend to the open minded with care. Sec., BJW.
- Fischer, Helen. [Why We Love: The Nature and Chemistry of Romantic Love](#). New York, NY: Henry Holt & Co., 2004. Recommended. Sec., BJW. (2).
- Heiman, Julia. [Becoming Orgasmic: A Sexual and Personal Growth Program for Women](#). 1992. WJU (12,8)
- Kennedy, Eugene. [Sexual Counseling: A Practical Guide for Those Who Help Others](#). New York: Continuum, 1989. An exceptional resource for those who counsel. Covers basics and frequent problems in relationships and helpful suggestions concerning counseling approaches. Recommended. Sec., WJU. (2,3,4,5,8)
- Masters, William H. MD., and Virginia E. Johnson. [Human Sexual Response](#). New York: Bantam Books, 1966. Includes research in sexual response, female and male sexual response, and geriatric sexual response. Recommended for clinicians. Sec., WJU, BJW.
- Masters, William H., Virginia E. Johnson, and Robert C. Koldney. [Masters and Johnson on Sex and Human Loving](#). Boston: Little, Brown & Co., 1986. Quite comprehensive, textbook quality. Especially note it includes childhood sexuality. Recommended for clinicians. Sec., BJW.
- Meier, Richard, et al. [Sex in the Christian Marriage](#). Grand Rapids, MI: Baker Book House, 1988. A good general manual for married couples. Included are three phases of romantic sex, a discussion of nutrition, weight, and exercise as they affect sexuality. Recommended. Chr., WJU.
- Penner, Clifford and Joyce. [The Gift of Sex](#). Waco: Word Publishing, 1981. Detailed information on physiology of sexuality, sexual responses, and psychology of sexuality. Strong emphasis on sex for love and pleasure. Recommended especially for married people. Chr., WJU, BJW.
- Roach, Mary. [Bonk: The Curious Coupling of Science and Sex](#). A humorous account of self research. Recommended. Sec., BJW (2, 7, 8).
- Rosenau, Douglas. [A Celebration of Sex: A Guide to Enjoying God=s Gift of Married Pleasure](#). Thomas Nelson Publishers, 2002. A thorough treatment of the sexual relationship in marriage. Includes discussion of Biblical perspective, as well as practical advice for the couple. Also has chapters on sex and disability, disease. Highly recommended. Chr., BJW. (2, 7, 12)
- Schnarch, D. [Constructing the Sexual Crucible: An Integration of Sexual and Marital Therapy](#), 1991. Recommended, WJU, (2, 7, 8).
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- Zilbergeld, Bernie. [Male Sexuality](#). Toronto: Bantam Books, 1978. Explains physiological aspects of sex, conditions necessary for good sex, various myths about men and sex (good section). Has exercises for males like the ones for females in [For Yourself](#). Recommended to the open minded with care. Sec., BJW.

3. MASTURBATION

- Arterburn, Stephen, Stoeker, Fred (with Mike Yorkey). Every Young Man=s Battle: Strategies for Victory in the Real World of Sexual Temptation. (The everyman series: sexual integrity). Colorado Springs, Colorado, 2002. This book is getting rave reviews by young men ages 15-18ish.. Covers topics like just being male, choosing authentic manhood, masturbation, developing your battle plan, sexual honor, and homosexual attraction. Chr., BJW, (3,4, 6, 12).
- Barbach, Lonnie. For Yourself: The Fulfillment of Female Sexuality. New York: New American Library, 1976. Strongly in favor of masturbation. Sec., BJW.
- Burgen, Jim. What=s the Big Deal about Sex: Loving God=s Way. Cincinnati, Ohio: Standard Publishing, 1999. Addressed to a teen audience. Includes discussion of subjects like: why wait, how do I wait, masturbation, homosexuality, interracial dating, and what if I've already messed up. Chr., (3, 4, 5, 6, 12)
- Huggett, Joyce. Dating, Sex, and Friendship. Downer's Grove: IVP, 1985. Excellent discussion of important issues for singles: intimacy, friendship, sex before marriage, ending relationships, masturbation, and homosexuality. Honest, straightforward. Recommended.
- Kennedy, Eugene. Sexual Counseling: A Practical Guide for Those Who Help Others. New York: Continuum, 1989. An exceptional resource for those who counsel. Covers basics and frequent problems in relationships and helpful suggestions concerning counseling approaches. Recommended. WJU. (2,3,4,5,8)
- Michael, Robert, Gagnon, John, Laumann, Edward, Kolata, Gina. Sex in America: A Definitive Survey. Boston, MA: Little, Brown and Company, 1994. A study of 3,432 respondents who each discussed their sexual lives, histories, and beliefs. This study is considered a comprehensive, methodologically sound, survey of American=s sexual practices and beliefs, conducted by a group of sociologists who worked through the National Opinion Research Center at the University of Chicago. Sec., BJW. (3, 4, 5, 7, 10, 14).
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- Trobish, Walter. My Beautiful Feeling. Downer's Grove: IVP, 1977. Well done responses to a girl struggling with masturbation. Recommended. BJW.
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4. HOMOSEXUALITY

- Balswick, J. & Balswick, J. [Authentic Human Sexuality: An Integrated Christian Approach](#). Illinois: InterVarsity Press, 2008. An excellent volume dealing with numerous sexual issues from leading Christian authors. Recommended. Chr., BJW. (1, 4, 5, 6, 9, 10).
- Burgen, Jim. [What=s the Big Deal about Sex: Loving God=s Way](#). Cincinnati, Ohio: Standard Publishing, 1999. Addressed to a teen audience. Includes discussion of subjects like: why wait, how do I wait, masturbation, homosexuality, interracial dating, and what if I=ve already messed up. Chr., (3, 4, 5, 6, 12)
- Dallas, Joe. [A Strong Delusion: Confronting the Gay Christian Movement](#). Harvest House Publishers, 1996. Helps the reader learn to respond to the key arguments in the pro gay Christian movement. Highly recommended. Chr., BJW. (4)
- Dallas, Joe. [Desires in Conflict](#). Harvest House Publishers, 1991. A Christian who tried to live out his faith while practicing a homosexual lifestyle, Dallas articulates well the struggle. Chr. (4).
- Davies, Bob & Lori Rentzel. [Coming Out of Homosexuality: New Freedom for Men and Women](#). Downers Grove, Illinois: InterVarsity Press, 1993. Covers steps to freedom. Very practical treatment of breaking addictive patterns. Recommended. Chr., BJW.
- Flatt, Bill W., Jack P. Lewis, & Dowell E. Flatt. [Counseling homosexuals a Christian guide for homosexuals, parents, and counselors](#). Jonesboro: National Christian Press, 1982. Contains detailed word studies of the Hebrew and Greek in the context of passages of the Old and New Testaments relating to homosexuality. A third chapter covers counseling homosexuals. Recommended. Chr.
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- Hamilton, J. & Henry, P. [Handbook of Therapy for Unwanted Homosexual Attractions: A Guide to Treatment](#). 2008. Recommended. Sec, BJW (4).
- Huggett, Joyce. [Dating, Sex, and Friendship](#). Downer's Grove: IVP, 1985. The chapter on homosexuality incorporates a Biblical view with compassion and help for the homosexual, especially on how people can help through same sex friendships. Recommended. Chr., WJU.
- Kennedy, Eugene. [Sexual Counseling: A Practical Guide for Those Who Help Others](#). New York: Continuum, 1989. An exceptional resource for those who counsel. Covers basics and frequent problems in relationships and helpful suggestions concerning counseling approaches. Recommended. WJU. (2,3,4,5,8)
- Lutzer. [The Truth about Same Sex Marriage: Six Things you Need to Know about What's Really at Stake](#). 2004. Highly recommended by a local pastor. Chr. (4)
- Michael, Robert, Gagnon, John, Laumann, Edward, Kolata, Gina. [Sex in America: A Definitive Survey](#). Boston, MA: Little, Brown and Company, 1994. A study of 3,432 respondents who each discussed their sexual lives, histories, and beliefs. This study is considered a comprehensive, methodologically sound, survey of American=s sexual practices and beliefs, conducted by a group of sociologists who worked through the National Opinion Research Center at the University of Chicago. Sec., BJW. (3, 4, 5, 7, 10, 14).
- Moberly, Elizabeth. [Homosexuality: A New Christian Ethic](#). Greenwood: The Attic Press, 1983. Presentation of the author's theory that homosexuality is based on problems in the relationship with the same sex parent. Highly Recommended, seminal work. Chr., BJW.
- Nicolosi, Joseph, PhD. [Reparative Therapy of Male Homosexuality: New Clinical Approach](#). Northvale: Jason Aronson, Inc., 1991. This book helps one to better understand the nature of the homosexual man's struggle. It describes reparative therapeutic measures which will allow him to achieve freedom from homosexual behavior. Sensitive and empathic. Recommended. Sec., BJW.

- Paulk, Anne. [Restoring Sexual Identity: Hope for Women Who Struggle with Same-Sex Attraction](#). Eugene, Oregon: Harvest House Publishers, 2003. A former lesbian, this author helps us understand the root causes of female same-sex attractions and offers hope for genuine change. Compassionate, thoughtful. Recommended. Chr., BJW, (4).
- Payne, Leanne. [The Broken Image](#). Westchester: Crossway Books, 1981. Emphasis on restoring the person through healing prayer. Uses cases showing God's intervention and healing. Shows various causes of homosexuality. Recommended. Chr., BJW, WJU.
- Philpott, K. [The Gay Theology](#), 1977. Chr., WJU (4) 261.834P 571g, 1977.
- Saia, Michael R. [Counseling the Homosexual](#), 1988. A compassionate and Biblical guide for pastors and counselors as well as non-professionals and families. The premise of the book is that God demands holiness. He provides instruction in Christian living especially for those tempted by sexual desire for those of their own gender. Good resource for counseling males. Recommended. Chr., WJU.
- Scanzoni, Letha and Virginia Mollenkott. [Is The Homosexual My Neighbor?](#) San Francisco: Harper & Row, 1978. The premise of this book is that all the Scriptures prohibiting homo-sexuality are related to violent acts, lust and idolatry; not to loving homosexual relationships. On these it says the Bible is silent. It covers the current church debate on homosexuality, and proposes a homosexual Christian ethic. It is a controversial book and clearly a liberal Christian publication. Chr., BJW.
- Schmidt, Thomas E. [Straight and Narrow? Compassion and Clarity in the Homosexual Debate](#). Downers Grove, Illinois: IVP, 1995. Recommended, Chr. (4)
- Schmierer, Don. [An Ounce of Prevention: Preventing the Homosexual Condition in Today's Youth](#). Tenn: Word Publishing, 1998. Chr. BJW (4)
- Socarides, Charles W., M.D. [Homosexuality: A Freedom too Far](#). Phoenix, Arizona: Ladam Margrave Books, 1995. A psychoanalyst, Socarides describes the causes, cures, and the impact of the gay rights movement on American society. A must read for anyone interested in this subject. Truly a seminal work. Highly recommended. Sec, BJW, (4).
- Stafford, Tim. [Sexual Chaos](#). Downers Grove, IL: IVP, 1993. Covers the boundaries around love, premarital sex, celibacy homosexuality. Chr., WJU. (5,6)
- Stanton, G. & Maier, B. [Marriage on Trial: The Case Against Same-Sex Marriage and Parenting](#), 2004. (4)
- Stott, John. [Same Sex Partnerships: A Christian Perspective](#). Grand Rapids, Michigan: Fleming H. Revell, 1998. Stott addresses Biblical prohibitions as well as contemporary arguments on this subject. Chr., BJW. (4).
- Staver, M. [Same Sex Marriage: Putting Every Household at Risk](#), 2004. Chr. (4)
- Sullivan, Andrew. [Same Sex Marriage, pro & con: a reader](#), 2004. WJU (4) 306.848 S949s2004.
- Thompson, Chad. [Loving Homosexuals as Jesus Would: A Christian Approach](#). Brazo Press. Highly recommended by a local pastor. Chr., (4).
- Wier, T. [Holy Sex: God=s Purpose and Plan for Our Sexuality](#). PA: Whittaker House, 1999. Wier aims to reestablish the concept of the Holiness of Sexuality in the minds of his Christian readers helping them see God's design more clearly. Upon this background he tackles sexual problems that plague humanity. Recommended. Chr., BJW, (1, 3, 4, 5, 8, 9, 10, 11)

5. PREMARITAL SEX / EXTRAMARITAL SEX

- Balswick, J. & Balswick, J. [Authentic Human Sexuality: An Integrated Christian Approach](#). Illinois: InterVarsity Press, 2008. An excellent volume dealing with numerous sexual issues from leading Christian authors. Recommended. Chr., BJW. (1, 4, 5, 6, 9, 10).
- Burgen, Jim. [What=s the Big Deal about Sex: Loving God=s Way](#). Cincinnati, Ohio: Standard Publishing, 1999. Addressed to a teen audience. Includes discussion of subjects like: why wait, how do I wait, masturbation, homosexuality, interracial dating, and what if I=ve already messed up. Chr., (3, 4, 5, 6, 12)
- Dobson, James. [Love Must Be Tough: New Hope for Families in Crisis](#). Waco: Word Publishing, 1983. Excellent discussion of adultery and the principles involved in dealing with it. Recommended. Chr., WJU, BJW.
- Gresh, D. [And the Bride Wore White: Seven Secrets to Sexual Purity](#). Ill: Moody Press, 1999. Excellent resource to encourage premarital sexual purity. Highly recommended. Chr., BJW, (5, 6, 12).
- Huggett, Joyce. [Dating, Sex, and Friendship](#). Downer's Grove: IVP, 1985. Excellent discussion of important issues for singles: intimacy, friendship, sex before marriage, ending relationships, masturbation, and homosexuality. Honest, straightforward. Recommended. Chr., WJU, BJW. (3,4,5,6)
- Kennedy, Eugene. [Sexual Counseling: A Practical Guide for Those Who Help Others](#). New York: Continuum, 1989. An exceptional resource for those who counsel. Covers basics and frequent problems in relationships and helpful suggestions concerning counseling approaches. Recommended. WJU. (2,3,4,5,8)
- Ludy, E. & Ludy, L. [When God Writes Your Love Story \(Expanded Edition\): The Ultimate Guide to Guy/Girl Relationships](#). 2009. Recommended, Chr. Amazon (5, 6, 12).
- Ludy, Leslie. [Authentic Beauty: The Shaping of a Set-Apart Young Woman](#). 2007. Recommended, Chr. Amazon (5, 6, 12).
- Means, Marsha. [Living with Your Husband's Secret Wars](#). Deals with sexual unfaithfulness and provides a guide to women to help them deal with the devastation they face. Recommended by highly respected Christian leaders. Chr. (5, 9)
- Michael, Robert, Gagnon, John, Laumann, Edward, Kolata, Gina. [Sex in America: A Definitive Survey](#). Boston, MA: Little, Brown and Company, 1994. A study of 3,432 respondents who each discussed their sexual lives, histories, and beliefs. This study is considered a comprehensive, methodologically sound, survey of American=s sexual practices and beliefs, conducted by a group of sociologists who worked through the National Opinion Research Center at the University of Chicago. Sec., BJW. (3, 4, 5, 7, 10, 14).
- Smalley, M., Smalley, A. [Don't Date Naked](#), 2008. Recommended. Chr. (5, 6, 12).
- Spring, J. A. [After the Affair: Healing the Pain and Rebuilding Trust When a Partner Has Been Unfaithful](#). NY: Harper Collins Publisher, 1006. A book with strategies that enable both partners to heal from infidelity. Written for couples as well as the clinicians that help them. Recommended. Sec., BJW, (5).
- Stafford, Tim. [Sexual Chaos](#). Downers Grove, IL: IVP, 1993. Covers marriage, the boundaries around love, premarital sex, celibacy, homosexuality. Chr., WJU. (4,6)
- Vigeveno, H.S. [I'm in Love with a Married Man](#). 1976. Chr. WJU (5) 261.834736V674i1976
- Wier, T. [Holy Sex: God's Purpose and Plan for Our Sexuality](#). PA: Whittaker House, 1999. Wier aims to reestablish the concept of the Holiness of Sexuality in the minds of his Christian readers=helping them see God=s design more clearly. Upon this background he tackles sexual problems that plague humanity. Recommended. Chr., BJW, (1, 3, 4, 5, 8, 9, 10, 11)
- Wilson, Barbara. (2010). [The Hormone of Love: Don't Let Your Past Steal Your Passion](#). Barbara discusses the role of Oxytocin in keeping spouses bonded to each other. The book offers a biblical plan for rekindling the closeness and passion women long for in marriage. Chr. BJW. Recommended.

Wilson, Barbara. [The Invisible Bond: How to Break Free from Your Sexual Past](#), 2006. Multnomah Press. Highly recommended. Chr. WJU, (2, 5, 8)

6. SINGLENESS

- Arterburn, Stephen, Stoeker, Fred (with Mike Yorkey). [Every Young Man's Battle: Strategies for Victory in the Real World of Sexual Temptation.](#) (The everyman series: sexual integrity). Colorado Springs, Colorado, 2002. This book is getting rave reviews by young men ages 15-18ish.. Covers topics like just being male, choosing authentic manhood, masturbation, developing your battle plan, sexual honor, and homosexual attraction. Chr., BJW, (6, 12).
- Balswick, J. & Balswick, J. [Authentic Human Sexuality: An Integrated Christian Approach.](#) Illinois: InterVarsity Press, 1999. An excellent volume dealing with numerous sexual issues from leading Christian authors. Recommended. Chr., BJW. (1, 4, 5, 6, 9, 10).
- Burgen, Jim. [What's the Big Deal about Sex: Loving God's Way.](#) Cincinnati, Ohio: Standard Publishing, 1999. Addressed to a teen audience. Includes discussion of subjects like: why wait, how do I wait, masturbation, homosexuality, interracial dating, and what if I've already messed up. Chr., (3, 4, 5, 6, 12)
- Coleman, Barry, Editor. [Sex and the Single Christian.](#) Ventura: Regal Books, 1985. Contains "candid conversations" with various contemporary Christians on sex for the single person. Issues included are premarital sex, masturbation, homosexuality, celibacy, dating, sex after marriage, and birth control. Chr., WJU.
- Freitas, Donna. [Sex and the Soul: Juggling Sexuality, Spirituality, Romance, and Religion on America's College Campuses.](#) BJW (6).
- Gresh, D. [And the Bride Wore White: Seven Secrets to Sexual Purity.](#) Ill: Moody Press, 1999. Excellent resource to encourage premarital sexual purity. Highly recommended. Chr., BJW, (5, 6, 12)
- Hartzler, Rachel. [Grief and Sexuality: Life After Losing a Spouse.](#) Scottsdale, Penn. Herald Press, 2006. Chr. (6).
- Huggett, Joyce. [Dating, Sex, and Friendship.](#) Downer's Grove: IVP, 1985. Discusses problems of sexual relations between unmarried people from a Biblical perspective. Also covers loneliness, masturbation, and homosexuality. Recommended. Chr., WJU.
- Ludy, E. & Ludy, L. [When God Writes Your Love Story \(Expanded Edition\): The Ultimate Guide to Guy/Girl Relationships.](#) 2009. Recommended, Chr. Amazon (5, 6, 12).
- Ludy, Leslie. [Authentic Beauty: The Shaping of a Set-Apart Young Woman.](#) 2007. Recommended, Chr. Amazon (5, 6, 12).
- Miller, Keith and Andrea Wells Miller. [The Single Experience.](#) Waco: Word Publishing, 1981. Discusses what they term "real" identity and intimacy, how identity is developed, why and how to break with parents, how to parent alone, friendship, dating and sexual choices. Includes some helpful information for those who have been divorced and are trying to adjust to the single life again. Recommended. Chr., BJW.
- Penner, Clifford and Joyce. [A Gift for All Ages: A Family Handbook on Sexuality.](#) Waco: Word Publishing, 1986. Excellent resource. Includes many topics not included in their first book: teaching children about sex, single sexuality, and special situations. Recommended. Chr., WJU, BJW.
- Smalley, M., Smalley, A. [Don't Date Naked,](#) 2008. Recommended. Chr. (5, 6, 12).
- Smedes, Lewis B. [Sex for Christians: The Limits and Liberties of Sexual Living.](#) Michigan: Wm. Eerdmann Publishing Co., 1994. Excellent resource divided into three sections: Sex and Christian people, Sex and single people, and Sex and married people. Much quoted in the works of others. Smedes is a leader in the field. Highly Recommended. Chr., WJU. (1,6)
- Stafford, Tim. [A Love Story.](#) Grand Rapids: Zondervan, 1977. Questions and answers aimed for young people on why wait until marriage to have sex, how far can you go, masturbation, singleness, homosexuality, and dating. A good general book with a moderate viewpoint.
- Stafford, Tim. [The Sexual Christian.](#) Wheaton: Victor Books, 1989. An excellent book on singleness and celibacy. Covers historical background of sexuality from early Bible times to now. Discusses the "ethic of intimacy and the ethic of desire." Recommended. Chr., WJU.

- Stafford, Tim. [Worth the Wait](#). Wheaton: Tyndale House, 1988. Covers the problems in waiting until you're married to have sex which are caused by society, your peers, and your own biology as compared to the reasons to wait. Reasons he explores are: fear of sexually transmitted diseases, the dream of a perfect relationship, and God's position. Contains some helpful information on how to say "no," how to find forgiveness, finding the right one, and developing healthy relationships. Recommended. Chr., WJU.
- Stedman, Rick. [Your Single Treasure](#). Chicago: Moody Press, 1999. Discusses the worth of the single person and helps singles reframe their value. Suggests ways to deal with sexual stress. The most valuable section includes a plan for temporary celibacy as a way of healing from sexual sin. Recommended. Chr., BJW. (6)
- Winner, Lauren F. [Five Paths to the Love of your Life: Defining Your Dating Style](#). Chr. BJW. (6)
- Winner, Lauren F. [Real Sex: The Naked Truth about Chastity](#). 2005. Candid discussion of the difficulty and the importance of sexual chastity. Confronts cultural lies about sex and also how we talk about sex in the church. Chr., BJW, (6).

7. SEXUAL FUNCTION/DYSFUNCTION, DISEASE

- Avna, Joan & Waltz, Diana. [Celibate Wives: Breaking the Silence](#). Los Angeles, CA: Lowell House Books, 1994. An excellent resource for women whose husbands refuse a sexual relationship with them. Highly recommended. Sec., BJW. (7,8)
- Davis, Michele. [The Sex-Starved Marriage: Boosting your Marriage Libido](#). New York, NY. Simon & Schuster, 2003. One of only a few resources to help couples struggling with limited/celebrate sex lives. Sec., BJW. (7, 8, 12).
- Dobson, James. [What Wives Wish Their Husbands Knew About Women](#). Wheaton: Tyndale, 1975. Discusses sexual problems in marriage, menstrual, and physiological difficulties. Also has chapters on low self-esteem, fatigue and time problems, loneliness, and boredom. Recommended. Chr., WJU.
- Green, Shelley, Flemons, Douglas. (Eds.) [Quickies: The Handbook of Brief Sex Therapy](#). New York, NY: W.W. Norton & Company, 2004. Sec., BJW. (7, 8).
- Kain, Craig, Ed. [No Longer Immune: A Counselor's Guide to Aids](#). Alexandria: American Association for Counseling and Development, 1989. Presents an overview of the problem, how to work with specific populations, and key issues for the counselor. It also includes discussion of working with family members. Recommended. Sec., BJW.
- Kaplan, Helen Singer, M.D. Ph.D. [The Illustrated Manual of Sex Therapy](#). New York: Brunner/Mazel Publishers, 1987. Covers basic issues in sex therapy, basic dysfunctions, exercises and techniques. Recommended for the professional. Sec., BJW.
- Kubler-Ross, Elisabeth. [AIDS: The Ultimate Challenge](#). New York: MacMillan Publishers, 1987. Sec., WJU.
- LaHaye, Tim and Beverly. [The Act of Marriage](#). Grand Rapids: Zondervan Corp., 1976. Deals with impotence and frigidity and their causes with suggestions on what to do about them. Also has sections on anatomy, theology, stages of lovemaking, the spiritual dimension of sex and a question and answer section. Recommended. Chr., WJU.
- Larson, Ray and Rebecca. [When the Womb Is Empty: A Positive Approach to Infertility](#). Springdale: Whitaker House, 1988. A personal testimony of how the authors dealt with their infertility both emotionally and practically. Covers various types of adoption and steps in adoption. It has appendices with strategies for prolife activities, agency adoption forms, and a listing of adoption agencies. Recommended. Chr., WJU.
- Masters, William and Virginia Johnson. [Human Sexual Inadequacy](#). Toronto: Bantam Books, 1970. Deals with therapists roles and formats in dealing with problems of premature ejaculation, ejaculatory incompetence, impotence, orgasmic dysfunction, dyspareunia, and aging. Sec., BJW.
- Michael, Robert, Gagnon, John, Laumann, Edward, Kolata, Gina. [Sex in America: A Definitive Survey](#). Boston, MA: Little, Brown and Company, 1994. A study of 3,432 respondents who each discussed their sexual lives, histories, and beliefs. This study is considered a comprehensive, methodologically sound, survey of American=s sexual practices and beliefs, conducted by a group of sociologists who worked through the National Opinion Research Center at the University of Chicago. Sec., (3, 4, 5, 7, 10, 14).
- Penner, Clifford and Joyce. [The Gift of Sex](#). Waco: Word Publishing, 1981. Covers impotence, lack of sexual arousal, dyspareunia, lack of orgasm, premature ejaculation, sexual infections: VD, vaginitis, and AIDS. The book describes the problems and gives exercises to deal with them. Recommended. Chr. WJU, BJW.
- Roach, Mary. [Bonk: The Curious Coupling of Science and Sex](#). A humorous account of self research. Recommended. Sec., BJW (2, 7, 8).

- Rosenau, Douglas. [A Celebration of Sex: A Guide to Enjoying God=s Gift of Married Pleasure](#). Thomas Nelson Publishers, 2002. A thorough treatment of the sexual relationship in marriage. Includes discussion of Biblical perspective, as well as practical advice for the couple. Also has chapters on sex and disability, disease. Highly recommended. Chr., BJW. (2, 7, 12)
- Schnarch, D. [Constructing the Sexual Crucible: An Integration of Sexual and Marital Therapy](#), 1991. Recommended, WJU, (2, 7, 8).
- Stout, Martha. [Without Child: A Compassionate Look at Infertility](#). Grand Rapids: Zondervan, 1985. A compassionate look at the problem of infertility from the eyes of one who experienced it. Includes psychological and emotional impact, causes, tests, and treatments. It addresses the ethical dilemma for the Christian posed by various solutions to the problem of infertility. Covers the question of living child free or adopting. Recommended. Chr., WJU.
- Zilbergeld, Bernie. [Male Sexuality](#). Toronto: Bantam Books, 1978. Covers erection problems, aging, and various medical conditions. Sec., BJW

8. SEX THERAPY/RESOURCES

- Arterburn, Stephen. [Addicted to Love: Recovering from Unhealthy Dependencies in Romance, Relationships, and Sex](#). Ann Arbor, Michigan: Servants Pub., 1991. Highly recommended. Chr.
- Arterburn, Stephen, Stoeker, Fred (with Mike Yorkey). [Every Man=s Battle: Every Man=s Guide to Winning the War on Sexual Temptation One Victory at a Time](#). (The everyman series: sexual integrity). Colorado Springs, Colorado, 2000. This book is getting rave reviews by men. Comes with a workbook too. Covers topics like choosing true manhood, regaining what was lost, developing a battle plan, disciplining your mind and heart, and cherishing your wife. Chr. BJW, (8, 12).
- Avna, Joan & Waltz, Diana. [Celibate Wives: Breaking the Silence](#). Los Angeles, CA: Lowell House Books, 1994. An excellent resource for women whose husbands refuse a sexual relationship with them. Highly recommended. Sec., BJW. (7,8)
- Betcher, William, M.D. [Intimate Play: Creating Romance in Everyday Life](#). Viking, 1987. Discusses playfulness as it improves a couple's relationship. Sec., BJW.
- Carnes, Patrick, Ph. D. [Contrary to Love: Helping the Sexual Addict](#). Minneapolis: Comp Care Publishers, 1989. Describes the process of sexual addiction. Focuses on treatment. Rec. Sec. BJW (9).
- Carnes, Patrick. [Gentle Path Through the Twelve Steps: The Classic Guide for All People in the Process of Recovery](#). Sec. (8,9).
- Carnes, Patrick. [Out of the Shadows: Understanding Sexual Addiction](#). Hazelden Information and Educational Services, 2001. The best treatment on sexual addiction and recovery for both the addict and the addict's partner if they have one. Recommended. Sec., WJU, BJW. (8,9)
- Carnes, Patrick. [Sexual Anorexia: Overcoming Sexual Self-Hatred](#). Hazelden Information and Educational Services, 1997. Sec. (8).
- Carnes, Patrick, Laaser, Debra, & Laaser, Mark. [Open Hearts: Renewing Relationships with Recovery, Romance and Reality](#). Gentle Path Press, 2000. Leading authors in the field of sexual addiction recovery provide encouragement to couples who are redeeming their relationships. Chr. (8, 9).
- Davis, Michele. [The Sex-Starved Marriage: Boosting your Marriage Libido](#). New York, NY. Simon & Schuster, 2003. One of only a few resources to help couples struggling with limited/celebrate sex lives. Sec., BJW. (7, 8, 12).
- Gallagher, Kathy. [When His Secret Sin Breaks Your Heart: Letters to Hurting Wives](#). Deals with the issue of sex addiction from the mate=s perspective. Chr. (8, 9).
- Gallagher, Steve. [At the Altar of Sexual Idolatry](#). 2000. Discusses the devastating effects of sex addiction, the process of becoming addicted, and the journey to freedom. Chr. (8, 9).
- Green, Shelley, Flemons, Douglas. (Eds.) [Quickies: The Handbook of Brief Sex Therapy](#). New York, NY: W.W. Norton & Company, 2004. Sec., BJW. (7, 8).
- Hajcak, Frank & Patricia Garwood. [Hidden Bedroom Partners](#). San Diego: Libra Publishers, Inc., 1987. An excellent book defining the various needs and motives that destroy sexual pleasure. It covers the ways we use sex for other things, like affection and self-esteem, how to put sex in its proper place. Recommended. Sec., WJU, BJW.
- Hart, Archibald, Weber, Catherine, & Taylor, Debra. [Secrets of Eve: Understanding the Mystery of Female Sexuality](#). Nashville, Tenn: Word Publishing, 1998. Covers topics like what women really want from sex, difficulties with

anorgasmia, fatigue, trauma, female desire, singleness, sex ed for girls, and bridging the gender gap. Excellent companion volume to Hart=s book on men. Highly recommend. Chr. BJW, (8, 12).

Heiman, Julia. [Becoming Orgasmic: A Sexual and Personal Growth Program for Women](#). 1992. WJU (12,8)

Kaplan, Helen Singer, M.D. Ph.D. [The Illustrated Manual of Sex Therapy](#). New York: Brunner/Mazel Publishers, 1987. Covers basic issues in sex therapy, basic dysfunctions, exercises and techniques. Recommended for the professional. Sec., BJW.

Kaplan, Helen Singer. [The New Sex Therapy: Active Treatment of Sexual Dysfunction](#). New York, NY. Times Books, 1974. A seminal work by one of the early pioneers in sex therapy. Sec., BJW. (8).

Kennedy, Eugene. [Sexual Counseling: A Practical Guide for Those Who Help Others](#). New York: Continuum Books, 1989. Provides a guide to lay counselors on many important aspects of sexual needs/problems of counselees. Recommended. Sec., BJW.

Laaser, Mark Ph.D. [Faithful and True: Sexual Integrity in a Fallen World](#). Michigan: Zondervan Publishing House, 1996. Discusses the secret sin of sexual addiction, characteristics of unhealthy families, and strategies for healing. Rec. Chr. BJW

Lamb, Sharon. [Sex, Therapy, and Kids: Addressing Their concerns through talk and Play](#). New York, NY: W. W. Norton. 2006. This book is a professional resource to help clinicians discern what is normative when it comes to children and sexuality, and what might signal possible abuse. It provides helpful ideas on working with children/teens who have been abused. It includes a discussion on working with the developmentally disabled around sexual issues too. Sec. (8).

Mays, Mary Ann. [A Christian Guide to Sexual Counseling](#). Grand Rapids, MI: Zondervan, 1987. WJU.

Means, Marsha. [Living with Your Husband=s Secret Wars](#). Deals with sexual unfaithfulness and provides a guide to women to help them deal with the devastation they face. Recommended by highly respected Christian leaders. Chr. (5, 9)

Metz, Michael, McCarthy, Barry. [Coping with Premature Ejaculation: How to Overcome PE & Please Your Partner. Have Great Sex](#). New Harbinger Publications, 2004. Clinical techniques to promote sexual performance and satisfaction. Comprehensive bio-psychological approach for effectively coping with this relationship-challenging disorder. Sec. (8).

Penner, Clifford and Joyce. [The Gift of Sex](#). Waco: Word Publishing, 1981. Includes a chapter on "Going for Help." Recommended. Chr., WJU, BJW.

Penner, Clifford & Joyce. [Counseling for Sexual Disorders](#), v. 26. Waco: Word Publishing, 1990. (Resources for Christian Counseling, gen. ed., Gary R. Collins. An excellent resource for Christians who seek to understand and treat sexual dysfunction. It includes basic anatomy, sexual response, cycle, common dysfunctions, and treatment plans. Samples of couple's history form and homework assignments make this a practical resource. Recommended. Chr., WJU, BJW.

Penner, Joyce. [Restoring the Pleasure](#). W Publishing Group, 1993. Designed for couples in long term relationships that have grown cold/dull. Chr., (8).

Perkins, B. [When Good Men are Tempted](#). Mich: Zondervan Publishing House, 1997. An exceptionally well written discussion of the sexual temptations that plague even the best of men. It includes a discussion of the reasons men struggle as they do and also offers strategies to help them in the fight for purity. Highly Recommended. Chr., BJW, (8, 12).

Roach, Mary. [Bonk: The Curious Coupling of Science and Sex](#). A humorous account of self research. Recommended. Sec., BJW (2, 7, 8).

Schaumburg, Harry W. [False Intimacy: Understanding the Struggle of Sexual Addiction](#). Colorado: Navpress, 1997. Information on sexual addiction, including cybersex. Excellent. Rec. Chr. BJW

- Schnarch, D. [Constructing the Sexual Crucible: An Integration of Sexual and Marital Therapy](#), 1991. Recommended, WJU, (2, 7, 8).
- Wier, T. [Holy Sex: God's Purpose and Plan for Our Sexuality](#). PA: Whittaker House, 1999. Wier aims to reestablish the concept of the Holiness of Sexuality in the minds of his Christian readers—helping them see God=s design more clearly. Upon this background he tackles sexual problems that plague humanity. Recommended. Chr., BJW, (1, 3, 4, 5, 8, 9, 10, 11)
- Wilson, Barbara. (2010). [The Hormone of Love: Don't Let Your Past Steal Your Passion](#). Barbara discusses the role of Oxytocin in keeping spouses bonded to each other. The book offers a biblical plan for rekindling the closeness and passion women long for in marriage. Chr. BJW. Recommended.
- Wilson, Barbara. [The Invisible Bond: How to Break Free from Your Sexual Past](#), 2006. Multnomah Press. Highly recommended. Chr. WJU, (2, 5, 8)

9. PORNOGRAPHY/ ADDICTION

- Arterburn, Stephen. [Addicted to Love: Recovering from Unhealthy Dependencies in Romance, Relationships, and Sex](#). Ann Arbor, MI: Servants Publishing, 1991. Highly recommended. Chr., (8, 9)
- Balswick, J. & Balswick, J. [Authentic Human Sexuality: An Integrated Christian Approach](#). Illinois: InterVarsity Press, 2008. An excellent volume dealing with numerous sexual issues from leading Christian authors. Recommended. Chr., BJW. (1, 4, 5, 6, 9, 10).
- Carnes, Patrick. [The Betrayal Bond: Breaking Free of Exploitive Relationships](#). Health Communications, 1997. Sec, (9).
Carnes, Patrick, Ph. D. [Contrary to Love: Helping the Sexual Addict](#). Minneapolis: Comp Care Publishers, 1989. Describes the process of sexual addiction and co-addiction. Focuses on treatment. Rec. Sec. BJW (9)
- Carnes, Patrick. [Don't Call It Love](#). Bantam Books, 1992. Sec. (9).
- Carnes, Patrick. [Facing the Shadow: Starting Sexual and Relationship Recovery](#). Gentle Path Press, 2001. A helpful introduction to the recovery program for addicts and coaddicts. Sec. (9)
- Carnes, Patrick. [Gentle Path Through the Twelve Steps: The Classic Guide for All People in the Process of Recovery](#). Sec. (8,9).
- Carnes, Patrick. [Out of the Shadows: Understanding Sexual Addiction](#). Hazelden Information and Educational Services, 2001. The best treatment on sexual addiction and recovery for both the addict and the addict's partner if they have one. Recommended. Sec., WJU, BJW. (8,9)
- Carnes, Patrick. [Recovery Zone: Making Changes that Last for All People in Recovery and Their Families](#). Gentle Path Press, 2002. Sec. (9)
- Carnes, Patrick, Delmonico, D., Griffin, E., & Moriarty, J. [In the Shadows of the Net: Breaking Free of Compulsive Online Sexual Behavior](#). Hazelden Information & Educational Services, 2001. Sec. (9)
- Carnes, Patrick, Laaser, Debra, & Laaser, Mark. [Open Hearts: Renewing Relationships with Recovery, Romance and Reality](#). Gentle Path Press, 2000. Leading authors in the field of sexual addiction recovery provide encouragement to couples who are redeeming their relationships. Chr. (8, 9).
- Ethridge, S., Arterburn, S. [Every Woman's Battle: Discovering God's Plan for Sexual and Emotional Fulfillment](#), 2009. Recommended, Chr. (9)
- Ethridge, S., Arterburn, S. [Every Single Woman's Battle: Guarding Your Heart Against Sexual and Emotional Compromise](#), 2005. Recommended, Chr. (9, 12)
- Ethridge, S., Arterburn, S. [Every Young Woman's Battle: Guarding Your Mind, Heart, and Body in a Sex-Saturated World](#), 2009. Recommended, Chr. (9)
- Gallagher, Kathy. [When His Secret Sin Breaks Your Heart: Letters to Hurting Wives](#). Deals with the issue of sex addiction from the mate's perspective. Chr. (8, 9).
- Gallagher, Steve. [At the Altar of Sexual Idolatry](#). 2000. Discusses the devastating effects of sex addiction, the process of becoming addicted, and the journey to freedom. Chr. (8, 9).
- Hall, Laurie. [An Affair of the Mind: One Woman's Courageous Battle to Salvage her Family from the Devastation of Pornography](#). Wheaton, Illinois: Tyndale House Publishers, 1996. A must read!! Highly recommended for anyone pursuing ministry to this generation where pornography addiction is so rampant. Laurie offers a Godly model for any woman whose husband is hooked on pornography, and describes the impact of this addiction on a marriage. Chr., BJW. (9)
- Laaser, Mark. [Faithful and True: Sexual Integrity in a Fallen World](#). Grand Rapids, Michigan: Zondervan Publishing House, 1996. An exceptional volume which uncovers the sin of sexual addiction, its roots, and its healing. Highly recommended. Chr., BJW, (9).

- Laaser, Mark. [Healing the Wounds of Sexual Addiction](#). Zondervan. 2004. Recommended. Chr. WJU (9) 241.66L IIIh2004.
- Lockwood, Craig & Comiskey, Andrew. [Falling Forward: The Pursuit of Sexual Purity](#), 2000. Excellent resource for those recovering from sexual addiction. Chr. Amazon (9).
- Schaumburg, Harry W. [False Intimacy: Understanding the Struggle of Sexual Addiction](#). Colorado: Navpress, 1997. Information on sexual addiction, including cybersex. Chr. BJW
- Weiss, D. [Women Who Love Sex Addicts](#). 1993. WJU (9).
- Wier, T. [Holy Sex: God=s Purpose and Plan for Our Sexuality](#). PA: Whittaker House, 1999. Wier aims to reestablish the concept of the Holiness of Sexuality in the minds of his Christian readersBhelping them see God=s design more clearly. Upon this background he tackles sexual problems that plague humanity. Recommended. Chr., BJW, (1, 3, 4, 5, 8, 9, 10, 11)

10. POWER/SUBJUGATION - RAPE/CHILD SEXUAL ABUSE

- Balswick, J. & Balswick, J. [Authentic Human Sexuality: An Integrated Christian Approach](#). Illinois: InterVarsity Press, 2008. An excellent volume dealing with numerous sexual issues from leading Christian authors. Recommended. Chr., BJW. (1, 4, 5, 6, 9, 10).
- Bass, Ellen and Laura Davis. [The Courage to Heal](#). New York: Harper and Row, 1988. An excellent book which details the problems encountered by a woman survivor of child sexual abuse and the stages she will go through in healing. Extremely helpful for a person going through this process. It has a serious drawback for the Christian, however, in that the sexual morals, in particular homosexuality, are treated in a very liberal fashion. There are graphic stories of sex, including female homosexual relations. Recommended with cautions. Sec.
- Bass, Ellen and Louise Thornton. [I Never Told Anyone](#). New York: Harper and Row, 1983. Very graphic excerpts from stories of women who had been victims of child sexual abuse. They will jar your complacency and make you alternately sad and angry. Not everyone can or should read this book. Recommended with cautions. Sec., BJW, WJU.
- Brownmiller, Susan. [Against Our Will](#). Toronto: Bantam Books, 1975. Factual information on the history of rape especially as it relates to war and mob violence. Covers prison homosexual rape and child sexual abuse. It has a discussion of the victims, the setting and what happened to them. Concludes with a section on women fighting back. Sec., BJW.
- Durham, Gigi. [The Lolita Effect: The Media Sexualization of Young Girls and What We Can Do About It](#), 2009. Recommended (10,12)
- Ells, Alfred. [Restoring Innocence: Healing the Memories and Hurts that Hinder Sexuality Intimacy](#). Nashville: Thomas Nelson Publishing, 1990. This book helps those who have been sexuality harmed deal with the memories that get in the way of true sexual intimacy. Recommended.
- Frank, Jan. [A Door of Hope](#). San Bernardino: Here's Life Publishing, 1987. A step by step healing process for victims of child sexual abuse beginning with facing the problem to restoration. Covers dealing with feelings, confronting the aggressor, forgiveness, and rebuilding yourself. It is full of Scriptures and has a strong emphasis on the work of God. Recommended. Chr., WJU.
- Friberg, Nils, and Laaser, Mark. [Before the Fall: Preventing Pastoral Sexual Abuse](#). Liturgical Press, 1998. Laaser was a pastor who abused. He's well qualified to suggest danger signals and provide helpful advice on catching the problem before it develops. Chr. (10)
- Greng, S. [Betrayal of Trust: Sexual Misconduct in the Pastorate](#). InterVarsity Press, 1995. Chr. WJU (10).
- Hancock, Maxine & Karen Burton Mains. [Child Sexual Abuse: A Hope for Healing](#). Wheaton: Harold Shaw Publishers, 1987. Has outstanding chapters on seeing God as He really is, forgiving and accepting yourself, and renewing relationships. Recommended. Chr.
- Laaser, Mark, and Hopkins, Nancy. [Restoring the Soul of a Church: Healing Congregations Wounded by Clergy Sexual Misconduct](#). Liturgical press, 1995. Congregations are deeply shaken and struggle with senses of corporate betrayal upon learning that their pastor has been sexually abusive. This volume seeks to provide guidance for those left in leadership. Chr., (10).
- Langberg, D. [On the Threshold of Hope: Opening the Door to Healing for Survivors of Sexual Abuse](#). 1999. Recommended (10).
- Lew, Mike. [Victims No Longer: Men Recovering from Incest and Other Sexual Child Abuse](#). New York: Neuraumont Publishing Co., 1988. First book that speaks directly to the male victim. Recommended. Sec., BJW.
- Michael, Robert, Gagnon, John, Laumann, Edward, Kolata, Gina. [Sex in America: A Definitive Survey](#). Boston, MA: Little, Brown and Company, 1994. A study of 3,432 respondents who each discussed their sexual lives, histories, and beliefs. This study is considered a comprehensive, methodologically sound, survey of American's sexual practices and beliefs, conducted by a group of sociologists who worked through the National Opinion Research Center at the University of Chicago. Sec., BJW. (3, 4, 5, 7, 10, 14).

- Peters, David. [A Betrayal of Innocence](#). Waco: Word Publishing, 1986. A good overall discussion of the problem of child sexual abuse, its effects, indicators, and treatment. Recommended. Chr., WJU.
- Pope, Kenneth. [Sexual Involvement with Therapists: Patient Assessment, Subsequent Therapy, Forensics](#). Washington, D.C.: American Psychological Association, 1994. Provides helpful guidance for the subsequent therapist concerning the patient=s needs in therapy as well as helpful suggestions for subsequent therapy. Sec., BJW. (10)
- Rush, Florence. [The Best Kept Secret: Sexual Abuse of Children](#). New York: McGraw Hill, 1980. Discusses consequences, current scope of the problem and the history of child sexual abuse. Sec., WJU.
- Sandford, Paula. [Healing Victims of Sexual Abuse](#). Tulsa: Victory House, 1988. Although this book covers the symptoms of a sexually abused person and steps required in healing, its most outstanding contribution is the chapter on "Counselors Who Devour the Afflicted." Here the author lists a variety of both emotional and physical ways that counselors can wound their clients and, for the most part, are cautions we all should keep in mind when relating to a sexually abused person. Also contains a chapter profiling the sexual abuser. Recommended. Chr.
- Wier, T. [Holy Sex: God's Purpose and Plan for Our Sexuality](#). PA: Whittaker House, 1999. Wier aims to reestablish the concept of the Holiness of Sexuality in the minds of his Christian readers=helping them see God=s design more clearly. Upon this background he tackles sexual problems that plague humanity. Recommended. Chr., BJW, (1, 3, 4, 5, 8, 9, 10, 11)
- Wilson, Earl. [A Silence To Be Broken](#). Portland: Multnomah Press, 1986. This is a general overview book and lacks depth in specific areas. It provides general information and challenges the reader to have compassion on both the victim and the abuser. It's strongest in the areas of the roots of sexual abuse and Biblical hope for healing. It's weakness seems to be in the detailing the needs of the victim. Recommended. Chr.

11. GENDER IDENTITY

Collins, Gary, editor. [The Secrets of Our Sexuality](#). Waco: Word Publishing, 1976. Covers a variety of topics by various contemporary authors. Topics include men and women's gender roles, sexual counseling, homosexuality and sex education. It is modern in that it sees gender roles and characteristics as overlapping between men and women, but conservative in its viewpoint toward homosexuality. Chr., WJU.

Wier, T. [Holy Sex: God's Purpose and Plan for Our Sexuality](#). PA: Whittaker House, 1999. Wier aims to reestablish the concept of the Holiness of Sexuality in the minds of his Christian readers helping them see God's design more clearly. Upon this background he tackles sexual problems that plague humanity. Recommended. Chr., BJW, (1, 3, 4, 5, 8, 9, 10, 11)

12. SEX EDUCATION

- Arnold, Johann Christopher. A Plea for Purity: Sex, Marriage, and God. Farmington, PA, 1996. WJU (12) 261.8357 A756p 1996.
- Arterburn, Stephen, Stoeker, Fred (with Mike Yorkey). Every Man's Battle: Every Man's Guide to Winning the War on Sexual Temptation One Victory at a Time. (The everyman series: sexual integrity). Colorado Springs, Colorado, 2000. This book is getting rave reviews by men. Comes with a workbook too. Covers topics like choosing true manhood, regaining what was lost, developing a battle plan, disciplining your mind and heart, and cherishing your wife. Chr. BJW, (8, 12).
- Arterburn, Stephen, Stoeker, Fred (with Mike Yorkey). Every Woman's Desire: Every Man's Guide to Winning the Heart of a Woman. (The everyman series: marital intimacy). Colorado Springs, Colorado, 2001. Good instruction for men on understanding and meeting a woman's needs. Chr., (12).
- Arterburn, Stephen, Stoeker, Fred (with Mike Yorkey). Every Young Man's Battle: Strategies for Victory in the Real World of Sexual Temptation. (The everyman series: sexual integrity). Colorado Springs, Colorado, 2002. This book is getting rave reviews by young men ages 15-18ish.. Covers topics like just being male, choosing authentic manhood, masturbation, developing your battle plan, sexual honor, and homosexual attraction. Chr., BJW, (6, 12)
- Burgen, Jim. What's the Big Deal about Sex: Loving God's Way. Cincinnati, Ohio: Standard Publishing, 1999. Addressed to a teen audience. Includes discussion of subjects like: why wait, how do I wait, masturbation, homosexuality, interracial dating, and what if I've already messed up. Chr., (3, 4, 5, 6, 12)
- Buth, Lenore. Sexuality: God's Precious Gift to Parents & Children. St. Louis: Concordia Publishing Co., 1982. Recommended. Chr., WJU.
- Cutrer, William, MJ. D. & Glahn, Sandra. Sexual Intimacy in Marriage. Rand Rapids, Michigan: Kregel Publications, 2001. A good basic manual for married couples. Chr. (12).
- Davis, Michele. The Sex-Starved Marriage: Boosting your Marriage Libido. New York, NY. Simon & Schuster, 2003. One of only a few resources to help couples struggling with limited/celebrate sex lives. Sec., BJW. (7, 8, 12).
- Dillow, Linda & Pintus, Lorraine. Intimate Issues: 21 Questions Women Ask About Sex. Colorado Springs, Colorado, 1999. Written to the married Christian woman addressing questions like, can you be sensuous and Godly? What does God think about sex? It also deals with practical questions like What do I do when I don't want to do it? Chr. (12)
- Durfield, R., & Durfield, R. Raising Them Chaste: A Practical Strategy for Helping your Teen Wait till Marriage. Minn: Bethany House, 1991. Solidly scriptural discussion of the importance of covenant in scripture. Includes practical ideas for helping adolescents covenant with God in sexual purity. Highly recommended. Chr., BJW, (12).
- Durham, Gigi. The Lolita Effect: The Media Sexualization of Young Girls and What We Can Do About It, 2009. Recommended (10,12)
- Ethridge, S., Arterburn, S. Every Single Woman's Battle: Guarding Your Heart Against Sexual and Emotional Compromise, 2005. Recommended, Chr. (9, 12)
- Ethridge, S., Arterburn, S. Preparing Your Daughter for Every Woman's Battle: Creative Conversations about Sex & Emotional Integrity, 2005. Recommended, Chr. (12)
- Feldhahn, S. & Feldhahn, J. For Men Only: A Straightforward Guide to the Inner Lives of Women, 2006. Recommended, (12).
- Feldhahn, Shaunti. For Women Only: What You Need to Know about the Inner Lives of Men, 2004. Recommended, (12)
- Gardner, Tim Alan. Sacred Sex: A Spiritual Celebration of Oneness in Marriage. Colorado Springs, Colorado: Waterbrook Press, 2002. Includes insights on the theology of sexuality including the holiness of sex, as well as practical discussion for married couples. Recommended. Chr., (1, 12).

- Gray, John. [Mars and Venus in the Bedroom: A Guide to Lasting Romance and Passion](#). Harper Collins, 1995. Sec. WJU (12).
- Gresh, D. [And the Bride Wore White: Seven Secrets to Sexual Purity](#). Ill: Moody Press, 1999. Excellent resource to encourage premarital sexual purity. Highly recommended. Chr., BJW, (5, 6, 12)
- Hart, Archibald. [The Sexual Man: Masculinity without Guilt](#) The Landmark Study of Men and Sex in the 90's. Dallas, TX: Word Publishing, 1994. Highly recommended for every man and every woman who wants to understand male sexuality. Chr., BJW (12).
- Hart, Archibald, Weber, Catherine, & Taylor, Debra. [Secrets of Eve: Understanding the Mystery of Female Sexuality](#). Nashville, Tenn: Word Publishing, 1998. Covers topics like what women really want from sex, difficulties with anorgasmia, fatigue, trauma, female desire, singleness, sex ed for girls, and bridging the gender gap. Excellent companion volume to Hart=s book on men. Highly recommend. Chr. BJW, (8, 12).
- Joy, Donald M., Ph.D., Joy, Robbie. [Two Become One: God's Blue Print for Couples](#). 2002. (12)
- Laaser, Mark. [Talking to Your Kids About Sex: How to have a Lifetime of Age Appropriate Conversations with your Children About Healthy Sexuality](#). Colorado Springs, Colorado: WaterBrook Press, 1999. Excellent guide for parents with all ages of children, through young adulthood. Highly recommended. Chr. BJW. (12).
- Leight, Lynn. R.N. [Raising Sexually Healthy Children](#). New York: Rawson Associates, 1988. Excellent resource. Ages and stages, issues, and handling questions. Recommended. Sec., BJW.
- Leman, Kevin. [Sex Begins in the Kitchen: Creating Intimacy to Make Your Marriage Sizzle](#). 2006. Chr. (12).
- Leman, Kevin. [Sheet Music: Uncovering the Secrets of Sexual Intimacy in Marriage](#). 2003. Excellent resource for enhancing marital intimacy. Recommended. Chr., BJW, (12).
- Leman, Kevin, Bell, Kathy. [A Chicken's Guide to Talking Turkey with Your Kids About Sex](#). 2004. (12). Chr. BJW.
- Love, Pat. [Hot Monogamy: Essential Steps to More Passionate Intimate Lovemaking](#). 1994. WJU (12) 613.96L 897h 1994.
- Love, Pat. [The Truth About Love: The Highs, the Lows, and How You Can Make It Last Forever](#). New York, NY: Simon & Schuster, 2001. Recommended. SEC., BJW. (12).
- Ludy, E. & Ludy, L. [When God Writes Your Love Story \(Expanded Edition\): The Ultimate Guide to Guy/Girl Relationships](#). 2009. Recommended, Chr. Amazon (5, 6, 12).
- Ludy, Leslie. [Authentic Beauty: The Shaping of a Set-Apart Young Woman](#). 2007. Recommended, Chr. Amazon (5, 6, 12).
- McCluskey, Christopher, McCluskey, Rachel. [When Two Become One: Enhancing Sexual Intimacy in Marriage](#). 2004. Excellent resource for enhancing marital intimacy. Recommended. Chr. BJW, (12).
- Penner, Clifford. [Fifty-Two Ways to Have fun, Fantastic Sex: A guidebook for Married Couples](#). Thomas Nelson Publishing, 1994. A guide to keep marital love fun and exciting. Chr. (12).
- Penner, Clifford. [Men and Sex: Discovering Greater Love, Passion and Intimacy with Your Wife](#). Thomas Nelson Publishing, 1997. Great resource for the married man. Chr. (12)
- Penner, Clifford and Joyce. [A Gift for All Ages: A Family Handbook on Sexuality](#). Waco: Word Publishing, 1986. Excellent resource. Includes many topics not included in their first book: teaching children about sex, single sexuality, and special situations. Recommended. Chr., WJU, BJW. (12)
- Penner, Clifford and Joyce. [The Gift of Sex](#). Waco: Word Publishing, 1981. Detailed information on physiology of sexuality, sexual responses, and psychology of sexuality. Strong emphasis on sex for love and pleasure. Recommended especially for married people. Chr, WJU, BJW. (2,3,7,8,12, 13).
- Penner, Clifford and Joyce. [Getting Your Sex Life Off to a Great Start: A Guide for Engaged and Newlywed Couples](#). W Publishing Group, 1994. Good basic manual for premarital and young married couples. Chr., (12).

- Penner, Clifford and Joyce. [Sex Facts for the Family](#). Waco: Word Publishing, 1991. A good guide to understanding human sexuality. Focuses on: family planning, how children impact the sexual life, teaching children about sex, single sexuality, handling adult sexuality in special situations, and tough sexual issues. Recommended. Chr., BJW. (12).
- Perkins, B. [When Good Men are Tempted](#). Mich: Zondervan Publishing House, 1997. An exceptionally well written discussion of the sexual temptations that plague even the best of men. It includes a discussion of the reasons men struggle as they do and also offers strategies to help them in the fight for purity. Highly Recommended. Chr., BJW, (8, 12).
- Reisman, Judith. [Kinsey: Crimes and Consequences: The Red Queen and The Grand Scheme](#), 2000. This book exposes the Kinsey research. Chr. WJU (12) 364.153R 377K 2000.
- Rosenau, Douglas. [A Celebration of Sex: A Guide to Enjoying God=s Gift of Married Pleasure](#). Thomas Nelson Publishers, 2002. A thorough treatment of the sexual relationship in marriage. Includes discussion of Biblical perspective, as well as practical advice for the couple. Also has chapters on sex and disability, disease. Highly recommended. Chr., BJW. (2, 7, 12)
- Rosenau, Douglas. [A Celebration of Sex for Newlyweds](#). Thomas Nelson Publishers, 2002. Includes specific discussion related to beginning a sexual relationship. Chr., (12).
- Smalley, M., Smalley, A. [Don't Date Naked](#), 2008. Recommended. Chr. (5, 6, 12).
- Smith, Debra White. [Romancing Your Husband: Enjoying a Passionate Life Together](#). Eugene Oregon: Harvest House Publishers, 2002. Written to the married Christian Woman. Inspirational ideas for keeping your love life exciting in a long term relationship. Chr. (12).
- Stepp, Laura. [Unhooked: How Young Women Pursue Sex, Delay Love, and Lose at Both](#). (2007). Chr., (12).
- Wilson, Barbara. (2010). [The Hormone of Love: Don't Let Your Past Steal Your Passion](#). Barbara discusses the role of Oxytocin in keeping spouses bonded to each other. The book offers a biblical plan for rekindling the closeness and passion women long for in marriage. Chr. BJW. Recommended.
- * Learning About Sex: How You Are Changing. (A series with resource guide, books, and videos to aide parents in providing sound sex education for their children as they grow. Books within the series include: Buth, Lenore. [How to Talk Confidently with Your Children about Sex](#). Greene. [Love, Sex, and God](#). Greene. [Sex and the New You](#).

13. BIRTH CONTROL

Penner, Clifford and Joyce. [The Gift of Sex](#). Waco: Word Publishing, 1981. Detailed information on physiology of sexuality, sexual responses, and psychology of sexuality. Strong emphasis on sex for love and pleasure. Recommended especially for married people. Chr., WJU, BJW. (2,3,7,8,13)

Wheat, Ed and Gaye. [Intended for Pleasure](#). Old Tappan: Fleming H. Revell, 1977. Detailed description of sexual organs and their functions, techniques of lovemaking, solution to common problems--inhibited orgasm, impotence; birth control. Recommended especially for married people. Chr., WJU. (2,13)

14. HISTORY OF SEXUALITY

Fischer, Helen. [Anatomy of Love: A Natural History of Mating, Marriage, and Why We Stray](#). New York, NY: Fawcett Books, 1992. Recommended. Sec., BJW, (14).

Freeman, D'Emilio and Estelle. [Intimate Matters: A History of Sexuality in America](#). New York: Harper & Row, 1988. A scholarly work--includes the rise and fall of sexual liberalism to the present. Includes discussions of race, class, and gender as it relates to sexuality. Sec., BJW. (14)

Gardelia, Peter. [Innocent Ecstasy: How Christianity Gave America an Ethic of Sexual Pleasure](#). New York: Oxford University Press, 1985. An historical book, this volume describes how Christian influences led Americans to seek ecstatic pleasure and to expect freedom from guilt in their sexual relations. Chr., BJW. (14)

Larue, Gerald. [Sex and the Bible](#). Buffalo, New York, Prometheus Books, 1983. Covers topics like sex ed in ancient Israel, Levirate marriage, polygamy, circumcision, virginity, celibacy, menstruation, adultery, incest, rape, bestiality, prostitution, illegitimacy, abortion, exhibitionism, homosexuality, transvestism, masturbation, fantasy, lust, and the joy of sex as discussed in scripture. Sec., BJW. (14).

Michael, Robert, Gagnon, John, Laumann, Edward, Kolata, Gina. [Sex in America: A Definitive Survey](#). Boston, MA: Little, Brown and Company, 1994. A study of 3,432 respondents who each discussed their sexual lives, histories, and beliefs. This study is considered a comprehensive, methodologically sound, survey of American=s sexual practices and beliefs, conducted by a group of sociologists who worked through the National Opinion Research Center at the University of Chicago. Sec., BJW. (3, 4, 5, 7, 10, 14).