Conferences, Events and Workshops

May 8 The Christian Therapist Fellowship

The Purpose: The Christian Therapist Fellowship is a vibrant gathering of local counselors encouraging and equipping one another in Christ for excellence in service.

Topic: "All About Psychiatry" **Presenter:** Nely Fu, MD **Time:** 12PM - 2:30PM

Location: Western Seminary San Jose, 469 El Camino Real, Ste. 205, Santa Clara 95050

Cost: A free will offering will be taken **CEUs:** Not available for CEUs this time

Have you ever wanted to ask a psychiatrist anything? This CTF is your chance. You will hear all about psychotropic medications and their effects on the brain. You will also see how counselors can work alongside Dr. Fu to effect the best possible treatment outcomes for their clients.

RSVP to <u>stevedarro@aol.com</u>.

May 16 Christian Entrepreneurs Association meeting

Topic: How Extraordinary Things Happen to an Ordinary Guy Speaker: Peter Pau, Founder of <u>Sand Hill Property Company</u>

Time: 10am-12:30pm

Where: Peninsula Golf and Country Club, 701 Madera Dr., San Mateo 94403

Cost: \$30 per person (plus Eventbrite transaction fee)

Register: Click "register now" on the banner ad at www.ceasf.org

Peter Paul will be sharing about how his Christian faith has helped him to overcome times of uncertainty and trouble and how God's strength has enabled him to do so much more than he could have through human strength alone.

May 19 CounselTalk Webinar through the American Association of Christian Counselors (AACC):

Topic: The Pursuit of Excellence and the Perils of Perfectionism

Time: 3:00pm - 5:00pm PST. It is recommended to sign in at least 10 minutes early.

CEUs: 2

Cost: AACC members without CEUs get in free. Other pricing varies from \$10-\$30, depending on whether or not you are an AACC member and/or want CEUs.

Speaker: Richard Winter, M.D.

Participants will:

- 1. Identify different types of perfectionism and the distinction between a healthy pursuit of excellence and unhealthy perfectionism
- 2. Name some of the deeper causes and thought patterns of perfectionism and explore some helpful strategies for healing
- 3. Appreciate the deep relevance of the gospel of God's grace in helping people find the key that unlocks the prison of perfectionism and puts Jesus' command to "be perfect" in the perspective of the wider teaching of Scripture

Click here for more information about this course and here for information about AACC.

May 28 The Arts of the Covenant monthly meeting

Sponsored by: Menlo Park Presbyterian Church

The Vision: Christ in culture through the arts and media

Meets: Every fourth Thursday of the month

Time: 7:00pm - 9:00pm

Location: Located near Menlo Park Presbyterian Church.

950 Santa Cruz, Menlo Park 94025. We meet in room Fellowship Hall. **Contact:** Belinda Lettieri at <u>belindalettieri@yahoo.com</u> or 650-328-5754

Focus of this month's meeting: Pieces of artwork will be displayed and viewed by judges to determine which ones will be included in their July exhibit at the Menlo Park Connoisseur's Market. All are welcome even if you would just like to see the pieces!

The Arts of the Covenant is sponsored by Menlo Park Presbyterian Church. It is a group of people interested in exploring the intersection of Christian faith and the visual arts. Emerging and professional artists, art teachers, and art therapists who live throughout the greater San Francisco Bay Area gather monthly for intellectual stimulation, spiritual nourishment, artistic development, and the opportunity to use art in ministry.