

COMPREHENSIVE CLINICAL INTEGRATIVE PAPER

In the Comprehensive Clinical Integrative Paper, the student articulates a professional summation of the developing integration of clinical and theological knowledge as well as spiritual and personal growth experiences and awareness. Papers will be assessed on thoughtful reflection of clinical knowledge, evidence of self-awareness and personal application, and clear, accomplished writing. Strong papers will utilize reference to professional literature, particularly in the counseling theory section. See the APA Example Paper in the Counseling Program Student Handbook for guidance with formatting. PLEASE DO NOT EXCEED PAGE LIMIT RECOMMENDATIONS.

As a cumulative representation of the student's work over the course of the program, the Integrative Paper will be kept as a part of the student file for a minimum of seven years post-graduation. It may be reviewed by faculty, administration, accreditation agencies, or the Oregon Board of Licensed Professional Counselors and Therapists for purposes of student review or quality assurance. The student is encouraged to keep a personal copy of the paper as a part of a sample work portfolio for future academic or employment purposes.

Registration

Students are required to register for CN561 the semester that they intend to write their clinical integrative paper, **no later than spring semester of the year they are planning to graduate** (effective Fall, 2011). This will be a no-credit registration, therefore no tuition will be assessed, but a class fee will be charged separately for each semester of registration to cover the cost of faculty and assistant readers. A student will schedule four appointments with the assigned reader. Requests for a particular faculty reader will be honored when possible, but cannot be guaranteed. The student will be notified of the assigned reader by email from the Counseling Administrative Assistant.

Schedule of Due Dates

Students will contact the assigned faculty reader at the beginning of the semester to schedule the following appointments:

1. First one-hour appointment not later than the end of January, (May, or September) to review Theology section;
2. Second one-hour appointment not later than third week in February, (June, or October) to review Theory section;
3. Third two-hour appointment not later than end of February, (June, or October) to review session recording;
4. Fourth one-hour appointment not later than second week in March, (July, or November) to review Personal Background, Professional Self-Assessment, and Clinical Self-Assessment;
5. By third week in March, (July, or November) email complete copy of paper to ben@polings.us for formatting;
6. Submit a spiral bound paper copy to reader by second week in April, (August, or December);
and

7. Email electronic copy to the Administrative Assistant

Completion

To complete the course, the final copy of the paper must be submitted for approval **no later than two weeks before the official end of the current semester** (please see the school's academic calendar for date of semester end). If the final copy has not been completed or submitted in a timely manner, the student will receive an "Incomplete" notation on their transcript and will be required to register for an additional semester of CN561.

Continuation

If the student has not yet walked in graduation, a student may elect to take one semester off, but faculty mentorship over the process will only occur during semesters wherein the student is registered. If the paper is not completed within two semesters of CN561, then the student will be required to maintain registration in a one-credit independent study course for a grade under the supervision of the faculty mentor, in addition to maintaining registration in CN561 until the paper is completed. Normal tuition rates will apply to independent study courses.

Format and Binding

Prior to printing, the paper should be sent for a final review of grammar, spelling, and formatting. The faculty reader will provide contact information for the editor. There is no additional fee for this service. The paper will be evaluated for overall organization, an attractive and neat format and presentation, observance of guidelines for margins, references, and length. Upon approval, **the final copy must be spiral bound** with a clear cover and black back cover. Among other options, binding can be done at a FedEx or UPS Store.

Outline of Paper – Please use the following titles as headings in your paper.

Title: Comprehensive Clinical Integrative Paper

Abstract

Personal and Professional Background

Theology of Counseling

 Nature of God

 Nature of People

 Gospel-centered Transformation

 Role of Faith

 Understanding of Spirituality

 Role of Suffering

Counseling Theory

 Theoretical Perspective

 Integration of Spirituality

 Inclusive of Cultural Diversity

 Career Planning

 Primary Techniques

 Theory of Change

Professional Self-Assessment

 Personal Evaluation and Assessment

 Clinical Data

Analysis of Efficacy
Recommendations
Continued Growth Plan

Case Example

Case History

Session Transcript

Reference Page

Content of Comprehensive Clinical Integrative Paper

Abstract (150-250 words)

The abstract should be a brief summary outlining the contents of your paper.

Introduction: Personal and Professional Background (5-6 pages)

This opening section should describe your personal and professional background, covering areas similar to a client case write-up, e.g. early childhood, middle childhood, adolescence, and adult history, including social/relational, cultural, educational, occupational, and spiritual history. Included should be the decision to pursue a career in counseling and a brief description of future counseling goals. This background will lay the foundation for sections two and three. (CN515)

- ✓ Your personal, cultural, and professional background is presented in a clear fashion.
- ✓ This material is presented in an open and non-defensive manner.
- ✓ Your choice of career path is understandable from your personal history

Theology of Counseling (6-8 pages)

In presenting your understanding of theology, include theological concepts you deem significant to the counseling profession. Include succinct summarizations and interpretations of theological concepts presented by others that are significant to you. Present your understanding of the nature of God, the nature of people, the role of faith, the process of salvation, the role of spirituality, and your understanding of the role of suffering. This section should be written from a counselor perspective, describing theological concepts in everyday language, including biblical citations for only the most significant concepts. (TH506, TH507, CN509)

- ✓ Your theology of counseling is presented in everyday language.
- ✓ Summarizations of theological concepts presented by others are accurate.
- ✓ Theological implications of the nature of God and people are described with clarity.
- ✓ Your understanding of gospel-centered transformation and the role of faith is evident.
- ✓ Your understanding of spirituality and its relationship to theology is clearly stated.
- ✓ Your understanding of the role of suffering is articulated with clarity and thoughtfulness.

Counseling Theory (6-8 pages)

In this section you will present your theory of counseling and how this is different from other theoretical approaches. This theory ought to be consistent with who you are and how you understand personality development. Your theory should explain pathology and include a model for wellness and preventative mental health, as well as your approach to facilitating career development and planning. As you cite material from other sources, your summarizations and interpretations of theories should be accurate and understandable. Include material on how and why people change and how client strengths are utilized in the change process. Your counseling theory should demonstrate consistency with your theological and spiritual understandings. (CN502)

- ✓ Your theory of counseling is clearly stated
- ✓ Your theoretical model explains the development of pathology, wellness, and prevention
- ✓ Your theory describes the process of counseling and contrasts it to other theories
- ✓ This theory is consistent with who you are and your worldview
- ✓ Your theory is inclusive of multi-cultural diversity, acknowledging your own cultural bias
- ✓ You describe techniques adaptable for clients from diverse cultural backgrounds
- ✓ Your approach to facilitating career development and planning is integrated with your theory
- ✓ Material cited from others is accurate, adding clarity—a minimum of five sources
- ✓ Your theory of change is concrete and understandable
- ✓ Your approach to the spiritual assessment and development of a client is illustrated
- ✓ You demonstrate consistency between theory and theological understandings, citing a model of integration in contrast to other approaches

Professional Self-Assessment (6-8 pages)

This section will be a self-critique of your strengths and growing edges. You should demonstrate an ability to comprehend your strengths and to identify how they contribute to who you are as a professional counselor. Similarly, you should be able to identify and comprehend your growing edges. This section will include an evaluation of your clinical effectiveness with clients. You will summarize strengths and growing edges regarding your clinical efficacy based upon client feedback, Outcome Rating Scale and Session Rating Scale data, supervisor evaluations, and case conference feedback. (CN503) The section should conclude with your personal plan to utilize your strengths, maintain your own health, and prevent harm to clients by continued progress in addressing your growing edges. (CN506, 515)

- ✓ Your self-assessment demonstrates self-awareness and is presented non-defensively.
- ✓ You describe your strengths and how they contribute to who you are as a counselor.
- ✓ You are able to identify your growing edges based upon feedback and data.

- ✓ Include description of your multi-cultural competency as demonstrated in clinical experience.
- ✓ You have created a concrete and measurable plan to address your growing edges, which includes a self-care plan for both times of resilience and challenge.
- ✓ Included in your plan are identified strategies to utilize your strengths and growing edges for greater clinical efficacy as identified by clinical feedback data, supervisor evaluations, and case conference feedback

Case History (4-6 pages)

The case history will follow the format used in the case conference. It will have emphasis on your ability to include the salient points with clarity and brevity. To protect client confidentiality, be sure to falsify the client's name and identifying information. (CN530-533)

- ✓ The case history follows the prescribed format.
- ✓ You demonstrated an ability to include the salient points with clarity and brevity.
- ✓ Your assessment and diagnosis appear accurate.
- ✓ Your treatment plan fits the presenting issues and assessment.

Transcript and Tape

A transcript of an entire session and the audio recording shall accompany the integrative paper. The recorded session should be one after at least five previous sessions with the same client. The session should include some demonstration of your counseling theory. No session is perfect. It is more important that your analysis section reflect an understanding of the dynamics occurring between you and your client, helpful interventions, and suggestions for what you might have said differently. Though the case history and transcript will be retained with the paper, the audio/video recording will be returned to you upon completion of your paper.

Note:

- The recording must be audible, and of a complete session, from hello to goodbye.
- The recorded session should be consistent with your theological approach.
- The recorded session should be consistent with your theoretical approach.
- Individuals mentioned in the transcript are described without identifying information in an introductory paragraph.
- Include a description of the setting and the session number.
- The verbatim transcript is in the left column.
- Interpretive analysis is in the right column, with a **thorough** analysis noting your strengths and growing edges, transference and counter-transference.
- The counselor is identified with CO.
- The client is identified with CI.

- The individual statements are numbered. These numbers are used as references for the interpretive analysis and as reference points for the body of your paper.