Master of Arts (M.A.) in Marital and Family Therapy Program

PROGRAM OBJECTIVES

Western Seminary offers the Master of Arts (M.A.) in Marital and Family Therapy program (requiring 73 credits) through the San Jose and Sacramento branch campuses. The Marital and Family Therapy program (M.A.-MFT) may be augmented by two dual-track degree options, an M.A. in Marital and Family Therapy/M.Div. (Pastoral Counseling) program (requiring 130 credits), and the M.A. in Marital and Family Therapy/M.A. (Biblical and Theological Studies) (requiring 118 credits). M.A. students may complete additional courses to qualify for the Addiction Studies Certificate (requiring 78 credits). In addition to the Seminary’s general educational goals, the M.A.-MFT program endeavors to achieve the following:

1. Equip marriage and family therapists and pastoral counselors for ministry in and through the Church.
2. Integrate biblical and theological foundations with the insights of psychology and practical therapy/counseling strategies.
3. Promote growth in Christian maturity demonstrated through effective interpersonal relationships.
4. Prepare individuals who are seeking state licensure as professional marriage and family therapists.

PROGRAM DESCRIPTION

Western Seminary offers the Marital and Family Therapy program thoroughly grounded in a biblical worldview. Based on the Seminary’s Christ-centered approach, theological reflection and spirituality are viewed as significant components in the therapeutic process. In particular, the Seminary underscores the necessity for a healthy sense of self and wholeness in Christ as vital for those desiring to counsel others in the ministry of family therapy. In the midst of their academic training, students participate in small group processing intended to foster personal exploration of their own areas of need requiring spiritual and emotional healing. The Marital and Family Therapy program combines theoretical constructs with practical application both within the personal lives of students as well as in their future professional work as marriage and family therapists.

Three major areas of rigorous academic study are blended in the M.A.-MFT program: biblical, theological, and family therapy/counseling studies. In addition, course work in character development (combining traditional classroom and small-group processes) facilitates spiritual and emotional growth.

PROGRAM VOCATIONAL PURPOSES

The M.A.-MFT program intends to prepare Christian marital and family therapists with the knowledge, skills, and insights needed to practice therapy in non-profit organizations or mental health clinical settings, residential and outpatient treatment programs, and counseling centers. For individuals not desiring to enter vocational marriage and family therapy, the M.A.-MFT program prepares individuals for church staff positions and for parachurch ministries.

The M.A.-MFT/M.A. (Biblical and Theological Studies) dual degree track provides scholarly discipline and training for thorough theological/psychological research and integration as well as an academic base suitable for biblical or theological doctoral studies.

The M.A.-MFT and Addiction Studies Certificate dual program track qualifies individuals to test for certification under the National Association of Alcohol and Drug Abuse Counselors and its affiliated state organizations (CAADAC).

The M.A.-MFT program meets the educational requirements for licensure by the California Board of Behavioral Science. Both dual-track programs prepare individuals for membership in the American Association of Pastoral Counselors.

PROGRAM STRUCTURE

Courses are held at convenient times for working adults. The M.A.-MFT program is designed to be completed within three years. Courses have been strategically sequenced to maximize academic achievement, personal growth, and the integration of psychology and theology.

ADMISSION REQUIREMENTS

In addition to the general requirements for admission to the Seminary given on pages 20-21, applicants to the Marital and Family Therapy program must have earned an accredited baccalaureate degree with a cumulative grade point average of 3.0 or higher (on a 4.0 scale), including a breadth of liberal arts. Applicants who do not meet the general academic requirements may petition the Admissions Committee for consideration.

Entering M.A.-MFT students are expected to bring a foundational knowledge of psychology. Proficiency in this foundational knowledge will be confirmed through a placement exam required of all incoming M.A.-MFT students who do not have an undergraduate degree in psychology. If deficiencies are indicated, remedial work will be required. Students may satisfy these deficiencies by completing an approved course at a higher education institution or by self-study and retaking the placement exam. Students who do not satisfy proficiency requirements may be prevented from registration for CNS courses until the deficiencies are remedied.

Applications must give evidence of a vital spiritual life, personal character, interpersonal relationships, goals, motivation, and potential for future counseling ministry as fitting the program. These will include growing and nurturing relationships with people, commitment to a biblical/theological orientation to the therapeutic process, and vocational aspirations involving the care and nurture of others.

TRANSFER CREDIT

Upon approval by the Registrar, transfer of up to 13 credit hours of Bible and theology is allowed toward the M.A. in Marital and Family Therapy program from graduate institutions accredited by the Association of Theological Schools. Transfer of up to 12 credit hours of counseling studies is allowed from a state-approved graduate program in the State of California. Students must have earned a grade of B or better for a course to be considered for...
transfer and coursework must have completed no more than five years prior to matriculation to Western Seminary.

Alternatively, students may receive advanced standing of up to 13 credit hours of Bible and Theology coursework toward their program if they are able to demonstrate current competency in required coursework based on prior study (based on parallel undergraduate work or transfer credit that is ineligible for consideration based on age). Transferability of credits earned at Western and transferred to another institution is at the discretion of the receiving institution. Consult the Registrar’s Office for information on eligibility of transfer credit and advanced standing.

**RESIDENCE REQUIREMENTS**

Of the 73 credit hours required for the M.A. in Marital and Family Therapy program, a minimum of 48 credit hours must be completed through coursework at Western Seminary, with a minimum of 20 credit hours taken in resident study at Western Seminary’s Sacramento or San Jose campus. All work leading to the Master of Arts in Marital and Family Therapy must be completed within five years from the time of matriculation. Extension of this limit requires approval of the Administrative Committee. Reinstatement to the program after withdrawal requires Admissions Committee action and may subject the student to additional requirements for the degree. All credits applied toward the degree requirements must be earned within ten years of the awarding of the degree.

**DEGREE REQUIREMENTS**

The M.A.-MFT degree is conferred upon the attainment of pertinent personal and academic requirements. In addition to the general seminary requirements outlined on pages 34-36, degree candidates must (1) give evidence of a genuine Christian character, orthodox belief, and conduct consistent with a God-given call to a position of leadership; (2) complete all courses in the prescribed M.A. curriculum with a minimum grade point average of 3.0; (3) complete a minimum of 30 hours of personal therapy, and (4) complete a minimum of 225 hours of face-to-face experience counseling individuals, couples, families, or groups. Up to 75 of those hours may be gained performing Client Centered Advocacy.

**CURRICULUM PLAN**

**Biblical literature studies: 8 credits**

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>DBS 516</td>
<td>Survey Learning to Interpret Scripture</td>
<td>(2)</td>
</tr>
<tr>
<td>BLS 511X</td>
<td>Survey Genesis - 2 Samuel</td>
<td>(1)</td>
</tr>
<tr>
<td>BLS 511Y</td>
<td>Survey 1 Kings - Song of Solomon</td>
<td>(1)</td>
</tr>
<tr>
<td>BLS 512X</td>
<td>Survey Prophets</td>
<td>(1)</td>
</tr>
<tr>
<td>BLS 512Y</td>
<td>Survey Gospels</td>
<td>(1)</td>
</tr>
<tr>
<td>BLS 513X</td>
<td>Survey Epistles 1</td>
<td>(1)</td>
</tr>
<tr>
<td>BLS 513Y</td>
<td>Survey Epistles 2</td>
<td>(1)</td>
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</tbody>
</table>

**Theological studies: 5 credits**

<table>
<thead>
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<th>Course Title</th>
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</thead>
<tbody>
<tr>
<td>THS 511</td>
<td>Survey: Theology I</td>
<td>(2)</td>
</tr>
<tr>
<td>THS 512</td>
<td>Survey: Theology II</td>
<td>(2)</td>
</tr>
<tr>
<td>THS 513</td>
<td>Survey: Theology III</td>
<td>(1)</td>
</tr>
</tbody>
</table>

**Marital and family therapy/counseling studies: 60 credits**

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>CNS 501</td>
<td>Clinical Foundations: Basic Counseling Skills/Interventions</td>
<td>(2)</td>
</tr>
<tr>
<td>CNS 502</td>
<td>Psychological Theory &amp; Techniques</td>
<td>(3)</td>
</tr>
<tr>
<td>CNS 503</td>
<td>Family Systems Therapy</td>
<td>(3)</td>
</tr>
<tr>
<td>CNS 504</td>
<td>Psychotherapeutic Systems</td>
<td>(2)</td>
</tr>
<tr>
<td>CNS 505</td>
<td>Psychopathology</td>
<td>(3)</td>
</tr>
<tr>
<td>CNS 506</td>
<td>Legal and Ethical Issues</td>
<td>(2)</td>
</tr>
<tr>
<td>CNS 507</td>
<td>Human Life Span Development</td>
<td>(3)</td>
</tr>
<tr>
<td>CNS 508</td>
<td>Introduction to Integrative Issues</td>
<td>(2)</td>
</tr>
<tr>
<td>CNS 509</td>
<td>Advanced Integration</td>
<td>(2)</td>
</tr>
<tr>
<td>CNS 510</td>
<td>Spiritual Development and Assessment</td>
<td>(2)</td>
</tr>
<tr>
<td>CNS 512</td>
<td>Group Counseling</td>
<td>(3)</td>
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<tr>
<td>CNS 513</td>
<td>Social &amp; Cultural Foundations</td>
<td>(2)</td>
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<td>CNS 516</td>
<td>Marriage Counseling</td>
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<tr>
<td>CNS 517</td>
<td>Child &amp; Adolescent Therapy</td>
<td>(2)</td>
</tr>
<tr>
<td>CNS 518</td>
<td>Career and Lifestyle Development</td>
<td>(2)</td>
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<tr>
<td>CNS 523</td>
<td>Human Sexuality</td>
<td>(2)</td>
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<tr>
<td>CNS 524</td>
<td>Research in Counseling and Family Studies</td>
<td>(2)</td>
</tr>
<tr>
<td>CNS 525</td>
<td>Tests and Measurements</td>
<td>(3)</td>
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<td>CNS 526</td>
<td>Psychopharmacology (Sacramento students only)</td>
<td>(2)</td>
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<tr>
<td>CNS 527</td>
<td>Physiology and Pharmacology of Addiction (San Jose students only)</td>
<td>(2)</td>
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<tr>
<td>CNS 529</td>
<td>Counseling Addictions</td>
<td>(2)</td>
</tr>
<tr>
<td>CNS 530</td>
<td>Counseling Practicum I</td>
<td>(2)</td>
</tr>
<tr>
<td>CNS 531</td>
<td>Counseling Practicum II</td>
<td>(2)</td>
</tr>
<tr>
<td>CNS 532</td>
<td>Counseling Practicum III</td>
<td>(2)</td>
</tr>
<tr>
<td>CNS 544</td>
<td>Counseling Violence and Abuse Issues</td>
<td>(3)</td>
</tr>
<tr>
<td>CNS 553</td>
<td>Human Services</td>
<td>(2)</td>
</tr>
<tr>
<td>CNS 559</td>
<td>Emergency Preparedness: Crisis Management</td>
<td>(2)</td>
</tr>
</tbody>
</table>
Master of Arts (M.A.) in Marital and Family Therapy/Addiction Studies Certificate Dual Program
(Offered only at the San Jose Campus)

PROGRAM OBJECTIVES
Western Seminary offers the Master of Arts (M.A.) in Marital and Family Therapy program (requiring 73 credits) through the San Jose and Sacramento branch campuses. The Marital and Family Therapy program (M.A.-MFT) may be augmented by two dual-track degree options, an M.A. in Marital and Family Therapy/M.Div. (Pastoral Counseling) program (requiring 130 credits), and the M.A. in Marital and Family Therapy/M.A. (Biblical and Theological Studies) (requiring 118 credits). M.A. students may complete additional courses to qualify for the Addiction Studies Certificate (requiring 78 credits). In addition to the Seminary’s general educational goals, the M.A.-MFT program endeavors to achieve the following:

1. Equip marriage and family therapists and pastoral counselors for ministry in and through the Church.
2. Integrate biblical and theological foundations with the insights of psychology and practical therapy/counseling strategies.
3. Promote growth in Christian maturity demonstrated through effective interpersonal relationships.
4. Prepare individuals who are seeking state licensure as professional marriage and family therapists.

M.A.-MFT/ADDICTION STUDIES CERTIFICATE DUAL TRACK
The Addiction Studies Certificate program provides the specialized knowledge and professional skills for a wide range of addiction counseling professions and ministries. This curriculum is specifically designed to prepare individuals to test for certification under the National Association of Alcohol and Drug Abuse Counselors and its affiliated state organizations (CAADAC). (Since requirements for certification or licensure differ between agencies and organizations, individuals are advised to seek additional information on certification and/or licensing with the agency or organization they wish to pursue.)

The Addiction Studies Certificate may be completed as a track within the M.A.-MFT program or as a stand alone certificate program.

PROGRAM DESCRIPTION
Western Seminary offers the Marital and Family Therapy program thoroughly grounded in a biblical worldview. Based on the Seminary’s Christ-centered approach, theological reflection and spirituality are viewed as significant components in the therapeutic process. In particular, the Seminary underscores the necessity for a healthy sense of self and wholeness in Christ as vital for those desiring to counsel others in the ministry of family therapy. In the midst of their academic training, students participate in small group processing intended to foster personal exploration of their own areas of need requiring spiritual and emotional healing. The Marital and Family Therapy program combines theoretical constructs with practi-
confirmed through a placement exam required of all incoming M.A.-MFT students who do not have an undergraduate degree in psychology. If deficiencies are indicated, remedial work will be required. Students may satisfy these deficiencies by completing an approved course at a higher education institution or by self-study and retaking the placement exam. Students who do not satisfy proficiency requirements may be prevented from registration for CNS courses until the deficiencies are remedied.

Applications must give evidence of a vital spiritual life, personal character, interpersonal relationships, goals, motivation, and potential for future counseling ministry as fitting the program. These will include growing and nurturing relationships with people, commitment to a biblical/theological orientation to the therapeutic process, and vocational aspirations involving the care and nurture of others.

TRANSFER CREDIT
Please refer to page 94 for the transfer credit policy.

RESIDENCE REQUIREMENTS
Please refer to page 95 for the residence requirements.

DEGREE REQUIREMENTS
The M.A.-MFT degree is conferred upon the attainment of pertinent personal and academic requirements. In addition to the general seminary requirements outlined on pages 34–36, degree candidates must (1) give evidence of a genuine Christian character, orthodox belief, and conduct consistent with a God-given call to a position of leadership; (2) complete all courses in the prescribed M.A. curriculum with a minimum grade point average of 3.0; (3) complete a minimum of 30 hours of personal therapy, and (4) complete a minimum of 225 hours of face-to-face experience counseling individuals, couples, families, or groups. Up to 75 of those hours may be gained performing Client Centered Advocacy.

CURRICULUM PLAN

Biblical literature studies: 8 credits
DBS 516 Survey Learning to Interpret Scripture ..................................(2)
BLS 511X Survey Genesis - 2 Samuel ..............................................(1)
BLS 511Y Survey 1 Kings - Song of Solomon ..................................(1)
BLS 512X Survey Prophets ................................................................(1)
BLS 512Y Survey Gospels ...............................................................(1)
BLS 513X Survey Epistles 1 ..............................................................(1)
BLS 513Y Survey Epistles 2 ..............................................................(1)

Theological studies: 5 credits
THS 511 Survey: Theology I ............................................................(2)
THS 512 Survey: Theology II ...........................................................(2)
THS 513 Survey: Theology III ..........................................................(1)

Marital and family therapy/counseling studies: 60 credits
CNS 501 Clinical Foundations: Basic Counseling Skills/Interventions ........................................(2)
CNS 502 Psychological Theory & Techniques ......................................(3)
CNS 503 Family Systems Therapy ....................................................(3)
CNS 504 Psychotherapeutic Systems ...............................................(2)
CNS 505 Psychopathology ..............................................................(3)

CNS 506 Legal and Ethical Issues .....................................................(2)
CNS 507 Human Life Span Development ........................................(3)
CNS 508 Introduction to Integrative Issues .......................................(2)
CNS 509 Advanced Integration ......................................................(2)
CNS 510 Spiritual Development and Assessment .............................(2)
CNS 512 Group Counseling ..........................................................(3)
CNS 513 Social & Cultural Foundations .........................................(2)
CNS 516 Marriage Counseling ......................................................(3)
CNS 517 Child & Adolescent Therapy ............................................(2)
CNS 518 Career and Lifestyle Development ....................................(2)
CNS 523 Human Sexuality ...........................................................(2)
CNS 525 Tests and Measurements ................................................(3)
CNS 526 Psychopharmacology (Sacramento students only) or CNS 527 Physiology and Pharmacology of Addiction
(San Jose students only) .................................................................(2)
CNS 529 Counseling Addictions ....................................................(2)
CNS 530 Counseling Practicum I ....................................................(2)
CNS 531 Counseling Practicum II ...................................................(2)
CNS 532 Counseling Practicum III ..................................................(2)
CNS 544 Counseling Violence and Abuse Issues .............................(3)
CNS 553 Human Services ............................................................(2)
CNS 559 Emergency Preparedness: Crisis Management ..................(2)

Addiction studies: 8 credits
Students who are concurrently enrolled in the M.A.-MFT and the Addiction Studies track may complete the Certificate with 8 credits of additional courses:
CNS 530SD Addiction Studies Practicum I ......................................(1)
CNS 531SD Addiction Studies Practicum II ....................................(1)
CNS 532SD Addiction Studies Practicum III ..................................(1)
CNS 551 Advanced Counseling Addictions .................................(2)
CNS 552 Treatment of Addictive Behavior and Counseling Addictive Behavior ....................................................(2)
CNS 554 Addiction Group Dynamics ...........................................(1)
(Note: Please consult with the Counseling Department for program advising.)
Master of Arts (M.A.)
in Marital and Family Therapy/
Master of Divinity Dual Degree Program

PROGRAM OBJECTIVES
The M.A.-MFT/M.Div. (Pastoral Counseling) dual degree track expands one's preparation in the biblical and theological areas while adding a substantial ministerial emphasis. It is designed to prepare individuals for both professional counseling and such ministries as the pastorate, pastoral counseling, family ministries, pastoral care, chaplaincy, discipleship, and small group ministries.

The M.A.-MFT program meets the educational requirements for licensure by the California Board of Behavioral Science and for membership in the American Association of Pastoral Counselors.

PROGRAM OUTCOMES
Please see the Master of Divinity and Master of Arts in Marital and Family Therapy program pages for more information on program outcomes.

ADMISSION REQUIREMENTS
In addition to the general requirements for admission to the Seminary given on pages 20-21, applicants to the Marital and Family Therapy program must have earned an accredited baccalaureate degree with a cumulative grade point average of 3.0 or higher (on a 4.0 scale), including a breadth of liberal arts. Applicants who do not meet the general academic requirements may petition the Admissions Committee for consideration.

Entering M.A.-MFT students are expected to bring a foundational knowledge of psychology. Proficiency in this foundational knowledge will be confirmed through a placement exam required of all incoming M.A.-MFT students who do not have an undergraduate degree in psychology. If deficiencies are indicated, remedial work will be required. Students may satisfy these deficiencies by completing an approved course at a higher education institution or by self-study and retaking the placement exam. Students who do not satisfy proficiency requirements may be prevented from registration for CNS courses until the deficiencies are remedied.

Applications must give evidence of a vital spiritual life, personal character, interpersonal relationships, goals, motivation, and potential for future counseling ministry as fitting the program. These will include growing and nurturing relationships with people, commitment to a biblical/theological orientation to the therapeutic process, and vocational aspirations involving the care and nurture of others.

TRANSFER CREDIT
Upon approval by the Registrar, transfer of up to 12 counseling credit hours is allowed from a state-approved program in California. Transfer of up to 45 credit hours toward the M.Div. is allowed from graduate institutions accredited by the Association of Theological Schools (coursework completed online must be from a graduate program accredited by the Council of Accredited Counseling and Related Educational Programs to be considered in transfer). Students must have earned a grade of B or better for a course to be considered for transfer and coursework must have completed no more than five years prior to matriculation to Western Seminary.

Alternatively, students may receive advanced standing of up to 22 credit hours of the M.Div. requirements if they are able to demonstrate current competency in required coursework based on prior study (based on parallel undergraduate work or transfer credit that is ineligible for consideration based on age). Transferability of credits earned at Western and transferred to another institution is at the discretion of the receiving institution. Consult the Registrar’s Office for information on eligibility of transfer credit and advanced standing.

RESIDENCE REQUIREMENTS
Of the 128 credit hours required for the M.A. in Marital and Family Therapy and M.Div. combined program, a minimum of 48 Counseling and 45 M.Div. credit hours must be completed through coursework at Western Seminary, with a minimum of 93 credit hours taken in resident study at Western Seminary’s Sacramento or San Jose Campus. All work leading to the Master of Arts in Marital and Family Therapy and Master of Divinity must be completed within seven years from the time of matriculation. Extension of this limit requires approval of the Administrative Committee. Reinstatement to the program after withdrawal requires Admissions Committee action and may subject the student to additional requirements for the degree. All credits applied toward the degree requirements must be earned within ten years of the awarding of the degree.

DEGREE REQUIREMENTS
The Master of Arts in Marital and Family Therapy/Master of Divinity dual degree is conferred upon the attainment of certain personal and academic requirements. In addition to the general seminary requirements outlined on pages 34-36, degree candidates must (1) give evidence of a genuine Christian character, orthodox belief, and conduct consistent with a God-given call to a position of leadership; (2) complete all courses in the prescribed M.A. curriculum with a minimum grade point average of 3.0.

COURSE REQUIREMENTS
Students may complete their studies in as few as eight semesters with a minimum of 128 credit hours required as a minimum for graduation. The program is designed around a common core of 36 hours, 14 credit hours of biblical languages, 60 credit hours of counseling, and 18 credit hours of ministerial studies.
CURRICULUM PLAN

Please note: Biblical studies, theological studies, hermeneutics and church history courses may be offered in 4-credit or 2-credit (i.e., BLS 501X, BLS 501Y) formats, depending on the campus location.

Spiritual and personal formation studies: 4 credits
SFS 502 Practicing Prayer and Other Key Disciplines .................(2)
SFS 504 Growing into Ethical Maturity .................................(2)

Biblical studies: 16 credits
DBS 506 Learning to Interpret Scripture ...............................(4)
BLS 501 Interpreting Genesis to Song of Solomon ..................(4)
BLS 502 Interpreting the Prophets to Gospels .........................(4)
BLS 503 Interpreting Acts to Revelation ...............................(4)

Biblical language studies: 14 credits
(see note below on biblical language options)
NTS 501 Functional Foundations of Greek ............................(3)
NTS 502 Functional Application of Greek .............................(3)
or NTS 508 Introducing Foundation for Greek Exegesis ..........(3)
NTS 509 Greek Reading and Syntax ...................................(3)
(Students complete either NTS 501/502 or NTS 508/509)
OTS 501 Functional Foundations of Hebrew .........................(3)
OTS 502 Functional Application of Hebrew .........................(3)
or OTS 508 Introducing Foundation for Hebrew Exegesis ......(3)
OTS 509 Hebrew Reading and Syntax ................................(3)
(Students complete either OTS 501/502 or OTS 508/509)
NTS 515 Principles of Exegesis ...........................................(2)
or OTS 515 Principles of Exegesis .........................................(2)

Theological studies: 16 credits
THS 501 Knowing the Triune God: Theology I ......................(4)
THS 502 Glorifying the God of our Salvation: Theology II ......(4)
THS 503 Living as the Community of the Spirit: Theology III ... (2)
THS 508 Integrating Ministry and Theology .........................(2)
CHS 505 Wisdom from Church History .................................(4)
or CHS 506 Insight and Inspiration from Church History .......(2)
CHS 5xx Church history elective .......................................(2)
(Students complete either CHS 505 or CHS 506 and a CHS elective)

Ministerial studies: 18 credits
DIS 501 Communicating Christ in Culture ............................(2)
DMS 501 Thinking Theologically about Ministry Leadership .... (2)
DMS 502 Introducing Theology and Practice of Worship ......(2)
DMS 506 Developing Godly Leadership for the 21st Century ... (2)
EMS 505 Growing Disciples Intentionally ............................(2)
PTS 503 Practicing Evangelism and Apologetics .......................(2)
PTS 504 Maximizing the Church’s Redemptive Influence ... ..(2)
PTS 508 Developing Strong Families ..................................(2)
PTS 510 Preparing and Preaching Expository Sermons ...........(2)

Marital and family therapy/counseling studies: 60 credits
CNS 501 Clinical Foundations: Basic Counseling Skills/Interventions .................(2)
CNS 502 Psychological Theory & Techniques ..........................(3)
CNS 503 Family Systems Therapy ..................................(3)
CNS 504 Psychotherapeutic Systems ..................................(2)
CNS 505 Psychopathology ..............................................(3)
CNS 506 Legal and Ethical Issues ......................................(2)
CNS 507 Human Life Span Development .........................(3)
CNS 508 Introduction to Integrative Issues .........................(2)
CNS 509 Advanced Integration ..........................................(2)
CNS 510 Spiritual Development and Assessment ...................(2)
CNS 512 Group Counseling .............................................(3)
CNS 513 Social & Cultural Foundations .............................(2)
CNS 516 Marriage Counseling ...........................................(3)
CNS 517 Child & Adolescent Therapy ................................(2)
CNS 518 Career and Lifestyle Development .......................(2)
CNS 523 Human Sexuality .............................................(2)
CNS 524 Research in Counseling and Family Studies ..........(2)
CNS 525 Tests and Measurements ....................................(3)
CNS 526 Psychopharmacology (Sacramento students only) or CNS 527 Physiology and Pharmacology of Addiction (San Jose students only) ..........................................................(2)
CNS 529 Counseling Addictions .......................................(2)
CNS 530 Counseling Practicum I .......................................(2)
CNS 531 Counseling Practicum II ......................................(2)
CNS 532 Counseling Practicum III .....................................(2)
CNS 544 Counseling Violence and Abuse Issues ...................(3)
CNS 553 Human Services ...............................................(2)
CNS 559 Emergency Preparedness: Crisis Management ..........(2)

N. California Programs

99
Master of Arts (M.A.) in Marital and Family Therapy/
Master of Arts (Biblical and Theological Studies)
Dual Degree Program

PROGRAM OBJECTIVES
The M.A.-MFT/M.A. (Biblical and Theological Studies) dual degree track provides scholarly discipline and training for thorough theological/psychological research and integration as well as an academic base suitable for biblical or theological doctoral studies.

The M.A.-MFT program meets the educational requirements for licensure by the California Board of Behavioral Science. Both dual-track programs prepare individuals for membership in the American Association of Pastoral Counselors.

PROGRAM OUTCOMES
Please see the Master of Divinity and Master of Arts (Biblical and Theological Studies) program pages for more information on program outcomes.

ADMISSION REQUIREMENTS
In addition to the general requirements for admission to the Seminary given on pages 20-21, applicants to the Marital and Family Therapy program must have earned an accredited baccalaureate degree with a cumulative grade point average of 3.0 or higher (on a 4.0 scale), including a breadth of liberal arts. Applicants who do not meet the general academic requirements may petition the Admissions Committee for consideration.

Entering M.A.-MFT students are expected to bring a foundational knowledge of psychology. Proficiency in this foundational knowledge will be confirmed through a placement exam required of all incoming M.A.-MFT students who do not have an undergraduate degree in psychology. If deficiencies are indicated, remedial work will be required. Students may satisfy these deficiencies by completing an approved course at a higher education institution or by self-study and retaking the placement exam. Students who do not satisfy proficiency requirements may be prevented from registration for CNS courses until the deficiencies are remedied.

Applications must give evidence of a vital spiritual life, personal character, interpersonal relationships, goals, motivation, and potential for future counseling ministry as fitting the program. These will include growing and nurturing relationships with people, commitment to a biblical/theological orientation to the therapeutic process, and vocational aspirations involving the care and nurture of others.

TRANSFER CREDIT

Upon approval by the Registrar, transfer of up to 12 counseling credit hours is allowed from a state-approved graduate program in California. Transfer of up to 32 credit hours is allowed toward the M.A. (Biblical and Theological Studies) from graduate institutions accredited by the Association of Theological Schools (coursework completed online must be from graduate programs accredited and related educational programs to be considered in transfer). Students must have earned a grade of B or better for a course to be considered for transfer and coursework must have completed no more than five years prior to matriculation to Western Seminary.

Alternatively, students may receive advanced standing of up to 32 credit hours of the M.A. (Biblical and Theological Studies) degree requirements if they are able to demonstrate current competency in required coursework based on prior study (based on parallel undergraduate work or transfer credit that is ineligible for consideration based on age). Transferability of credits earned at Western and transferred to another institution is at the discretion of the receiving institution. Consult the Registrar’s Office for information on eligibility of transfer credit and advanced standing.

RESIDENCE REQUIREMENTS

Of the 114 credit hours required for the M.A. in Marital and Family Therapy and M.A. (Biblical and Theological Studies) combined program, a minimum of 48 counseling and 32 biblical and theological studies credit hours must be completed through coursework at Western Seminary, with a minimum of 40 credit hours taken in resident study at Western Seminary’s Sacramento or San Jose Campus. All work leading to the Master of Arts in Marital and Family Therapy and M.A. (Biblical and Theological Studies) must be completed within seven years from the time of matriculation. Extension of this limit requires approval of the Administrative Committee. Reinstatement to the program after withdrawal requires Admissions Committee action and may subject the student to additional requirements for the degree. All credits applied toward the degree requirements must be earned within ten years of the awarding of the degree.

DEGREE REQUIREMENTS

The Master of Arts in Marital and Family Therapy/Master of Arts (Biblical and Theological Studies) dual degree is conferred upon the attainment of certain personal and academic requirements. In addition to the general seminary requirements outlined on pages 34-36, degree candidates must (1) give evidence of a genuine Christian character, orthodox belief, and conduct consistent with a God-given call to a position of leadership; (2) complete all courses in the prescribed M.A. curriculum with a minimum grade point average of 3.0.
## COURSE REQUIREMENTS
Students may complete their studies in as few as eight semesters with a minimum of 114 credit hours required as a minimum for graduation. The program is designed around a common core of 32 hours, 60 credit hours of counseling, and 22 credit hours of elective track courses.

## CURRICULUM PLAN
### Marital and family therapy/counseling studies: 60 credits
- **CNS 501** Clinical Foundations: Basic Counseling Skills/Interventions .............................................. (2)
- **CNS 502** Psychological Theory & Techniques ......................................................................................... (3)
- **CNS 503** Family Systems Therapy ............................................................................................................. (3)
- **CNS 504** Psychotherapeutic Systems ........................................................................................................ (2)
- **CNS 505** Psychopathology ....................................................................................................................... (3)
- **CNS 506** Legal and Ethical Issues ............................................................................................................. (2)
- **CNS 507** Human Life Span Development .................................................................................................... (3)
- **CNS 508** Introduction to Integrative Issues ................................................................................................ (2)
- **CNS 509** Advanced Integration ................................................................................................................. (2)
- **CNS 510** Spiritual Development and Assessment ........................................................................................ (2)
- **CNS 512** Group Counseling ....................................................................................................................... (3)
- **CNS 513** Social & Cultural Foundations ....................................................................................................... (2)
- **CNS 516** Marriage Counseling ................................................................................................................ (3)
- **CNS 517** Child & Adolescent Therapy ........................................................................................................ (2)
- **CNS 518** Career and Lifestyle Development ................................................................................................ (2)
- **CNS 523** Human Sexuality ........................................................................................................................ (2)
- **CNS 524** Research in Counseling and Family Studies .................................................................................... (2)
- **CNS 525** Tests and Measurements .............................................................................................................. (2)
- **CNS 526** Psychopharmacology (Sacramento students only)
  or **CNS 527** Physiology and Pharmacology of Addiction (San Jose students only) ...................................... (2)
- **CNS 529** Counseling Addictions ................................................................................................................ (2)
- **CNS 530** Counseling Practicum I ............................................................................................................... (2)
- **CNS 531** Counseling Practicum II ............................................................................................................... (2)
- **CNS 532** Counseling Practicum III ............................................................................................................. (2)
- **CNS 544** Counseling Violence and Abuse Issues ........................................................................................ (3)
- **CNS 553** Human Services ........................................................................................................................ (2)
- **CNS 559** Emergency Preparedness: Crisis Management .............................................................................. (2)

### Spiritual and personal formation studies: 4 credits
- **SFS 502** Practicing Prayer and Other Key Disciplines .............................................................................. (2)
- **SFS 504** Growing into Ethical Maturity ..................................................................................................... (2)

### Biblical interpretation studies: 16 credits
Please note: Biblical studies, theological studies, hermeneutics and church history courses may be offered in 4-credit or 2-credit (i.e., BLS 501X, BLS 501Y) formats, depending on the campus location.
- **DBS 506** Learning to Interpret Scripture ................................................................................................. (4)
- **BLS 501** Interpreting Genesis to Song of Solomon .................................................................................... (4)
- **BLS 502** Interpreting the Prophets to Gospels ............................................................................................ (4)
- **BLS 503** Interpreting Acts to Revelation .................................................................................................. (4)

### Theological studies: 12 credits
- **THS 501** Knowing the Triune God: Theology I ......................................................................................... (4)
- **THS 502** Glorifying God of our Salvation: Theology II .............................................................................. (4)
- **THS 503** Living as the Community of the Spirit: Theology III ..................................................................... (2)
- **THS 508** Integrating Ministry and Theology ............................................................................................. (2)

## SPECIALIZATION OR TRACK
### 22 credits — Select one

## EXEGETICAL TRACK
### Biblical language studies: 18 credits
- **NTS 508** Introducing Foundation for Greek Exegesis ........................................................................ (3)
- **NTS 509** Greek Reading and Syntax .......................................................................................................... (3)
- **NTS 5xx** Greek Exegesis Elective .............................................................................................................. (2)
- **OTS 508** Introducing Foundation for Hebrew Exegesis ........................................................................ (3)
- **OTS 509** Hebrew Reading and Syntax ....................................................................................................... (3)
- **OTS 5xx** Hebrew Exegesis Elective ............................................................................................................ (2)
- **NTS 515** Principles of Exegesis ................................................................................................................. (2)
  or **OTS 515** Principles of Exegesis ............................................................................................................ (2)

### Restricted electives: 4 credits
(Students complete four credits of restricted electives chosen in consultation with their advisor.)

## THEOLOGICAL TRACK
### Theological studies: 4 credits
- **CHS 505** Wisdom from Church History ................................................................................................. (4)
  or **CHS 506** Insight and Inspiration from Church History ........................................................................... (2)
- **CHS 5xx** Church history elective ............................................................................................................. (2)
  (Students complete either CHS 505 or CHS 506 + CHS elective.)

### Restricted electives: 18 credits
With advisor's consent, select courses from BLS, NTS, OTS, CHS, or THS prefixes. Students are encouraged to consider using part of these electives for study in the biblical languages.