

Damara Miller

I believe it's important to click with your Coach. We do important work together and there needs to be a good foundation of trust. I'm really looking forward to getting to know you. In the meantime, here's a bit about me.

About Me

My nature is light-hearted, curious and relational. I love to help people develop into their potential and giftings. I am a passionate advocate and champion for others.

My Coaching style is empowering, encouraging and celebrating with an emphasis on embracing your uniqueness and creativity. I recognize where there might be limiting beliefs and unhelpful dualistic thinking. My job is to hold a safe space for you to explore and experiment without shame. My life (and Coaching) mission is to encourage you to live freely in who you are in Jesus.

Coaching With Me

In our sessions together:

- You set the agenda, decide your goals and are responsible for your Committed Action at the end of each session. You are in the driver seat and I'm your copilot holding the GPS as you tell me where you want to go.
- We always take into account your encouraging accountability network.
- We'll spend one hour each session Coaching over the phone.

What You Get

- A Goal Tracking Sheet from me after each session
- Coaching around a number of assessments
- The option of Enneagram Coaching

Contact

damara@enneagramus.com

