

2019-2020

# MA COUNSELING DEGREE TWO SPECIALIZATIONS



### We're glad you are in the Western Seminary MA in Counseling degree program!

- We're excited to have you join us!
- We have a fresh new curriculum which has been designed with BBS standards and national trends in view. Our goal is excellence in counselor preparation for your future career and ministry along with genuine integration of faith principles and practice.
- Before you register for classes, you will need to choose which specialization you would like to pursue.

## So what MA Counseling specializations are available to me?

Clinical Mental Health Counseling (CMHC) | 69 credits

Prepares you for licensure as an LPCC

#### OR

Marriage, Couple, and Family Counseling (MCFC) | 71 credits

Prepares you for licensure as an LPCC and/or as an LMFT in California

Both specializations meet curricular requirements for an LPC license in many other states.

# What is the Difference? CMHC | 69 credits | MCFC | 71 credits

- More focus on individual functioning
- Emphasis on diagnosis and treatment
- Practicum and internship experience in a clinical setting
- Career identity as a Licensed Professional Clinical
  Counselor (LPCC in California, and LPC in many other
  states)

- · More focus on relational counseling
- Emphasis on family systems approach
- Practicum and internship experience oriented toward work with couples and families
- Career Identity as a Licensed Professional Counselor (LPC) in many states, but may be licensed as both a Licensed Marriage and Family Therapist (LMFT) and a Licensed Professional Clinical Counselor (LPCC) in California

Both specializations permit licensed counselors to work with individuals, couples, and families. The primary difference is the emphasis in your coursework, clinical experience, and approach.

#### What is the Difference in Coursework?

All specializations take the same Bible, theology, and integration classes. All other classes are the same except:

#### CMHC | 69 credits

- CN506 Legal & Ethical Issues
- CN518 Career Development
- CN530-533 Clinical Counseling Practicum & Internship

#### MCFC | 71 credits

- CM506 Legal & Ethical Issues
- CN517 Physiology & Psychopharmacology CM517 Physiology & Psychopharmacology
  - CM518 Career Development
  - CM530-533 Marriage, Couple, and Family Counseling Practicum & Internship
  - CM522 Child & Adolescent Therapy
  - CM523 Human Sexuality

#### CMHC = 69 credits

#### MCFC = 71 credits

PROGRAM CHECKLIST: Master of Arts in Counseling: Marriage, Couple & Family Counseling (CA)

| PROGRAM CHECKLIST: Master of Arts in Counseling: Clinical Mental Health Counseling (CA)  Catalog Year 2019-2020 |   |               |  |  |                     |
|---|---|---------------|--|--|---------------------|
|   |   |               |  |  | LPCC Licensure only |
| Biblical studies  | g (A condita)                                   |               |  |  |                     |
| BL506 (2)   | Old Testament Literature for Counselors         | ( )           |  |  |                     |
| BL500 (2)   | New Testament Literature for Counselors         | $\ddot{\Box}$ |  |  |                     |
| Theological st  | udies (4 credits)                               |               |  |  |                     |
| TH506 (2)   | Theology I for Counselors                       | ( )           |  |  |                     |
| TH507 (2)   | Theology II for Counselors                      | ( )           |  |  |                     |
| Counseling stu  | dies (61 credits)                               |               |  |  |                     |
| CN500(1)  | Professional Orientation                        | ( )           |  |  |                     |
| CN501(2)  | Clinical Foundations: the Helping Relationship  | ( )           |  |  |                     |
| CN502 (3)   | Psychotherapeutic Systems                       | ()            |  |  |                     |
| CN503 (3)   | Advanced Counseling: Theory & Techniques        | ( )           |  |  |                     |
| CN504(1)  | Suicide Prevention and Crisis Intervention      | ( )           |  |  |                     |
| CN505 (3)   | Psychopathology                                 | ( )           |  |  |                     |
| CN506 (3)   | Legal and Ethical Issues in Counseling          | ( )           |  |  |                     |
| CN507 (3)   | Human Life Span Development                     | ( )           |  |  |                     |
| CN508 (1)   | Integrative Issues in Counseling                | ( )           |  |  |                     |
| CN509 (2)   | Advanced Integration in Counseling              | ( )           |  |  |                     |
| CM511 (3)   | Family Systems Therapy                          | ( )           |  |  |                     |
| CM512 (3)   | Marriage and Couple Counseling                  | ( )           |  |  |                     |
| CN513 (3)   | Multicultural Counseling: Theory and Techniques | ( )           |  |  |                     |
| CN514 (3)   | Research & Program Evaluation                   | ( )           |  |  |                     |
| CN515 (3)   | Testing and Assessment                          | ( )           |  |  |                     |
| CN517 (3)   | Physiology and Psychopharmacology               | ( )           |  |  |                     |
| CN518 (3)   | Career Development: Theory & Techniques         | ( )           |  |  |                     |
| CN519 (3)   | Addiction Counseling                            | ( )           |  |  |                     |
| CN520 (3)   | Group Counseling                                | ( )           |  |  |                     |
| CN521(3)  | Crisis and Trauma Counseling                    | ( )           |  |  |                     |
| CN530 (2)   | Clinical Counseling Practicum                   | ( )           |  |  |                     |
| CN531(3)  | Clinical Counseling Internship I                | ( )           |  |  |                     |
| CN532 (3)   | Clinical Counseling Internship II               | ( )           |  |  |                     |
| CN533 (1)   | Advanced Clinical Counseling Internship         | ( )           |  |  |                     |
| CN561 (0)   | Comprehensive Clinical Integrative Paper        | ( )           |  |  |                     |
| CN562 (0)   | Spiritual Formation for Counselors              | ( )           |  |  |                     |
|   |   |               |  |  |                     |

| Catalog Year 2019-20  MFT and LPCC Licensure in California  Biblical studies (4 credits) |   |     |  |  |           |   |     |  |
|--|---|-----|--|--|-----------|---|-----|--|
|  |   |     |  |  | BL506 (2) | Old Testament Literature for Counselors | ( ) |  |
|  |   |     |  |  | BL507 (2) | New Testament Literature for Counselors | ( ) |  |
| Theological st   | udies (4 credits)   |     |  |  |           |   |     |  |
| TH506 (2)  | Theology I for Counselors                                   | ( ) |  |  |           |   |     |  |
| TH507 (2)  | Theology II for Counselors                                  | ( ) |  |  |           |   |     |  |
| Counseling sta   | udies (63 credits)  |     |  |  |           |   |     |  |
| CN500(1)   | Professional Orientation                                    | ( ) |  |  |           |   |     |  |
| CN501(2)   | Clinical Foundations: the Helping Relationship              | ( ) |  |  |           |   |     |  |
| CN502 (3)  | Psychotherapeutic Systems                                   | ( ) |  |  |           |   |     |  |
| CN503 (3)  | Advanced Counseling: Theory & Techniques                    | ( ) |  |  |           |   |     |  |
| CN504 (1)  | Suicide Prevention and Crisis Intervention                  | ( ) |  |  |           |   |     |  |
| CN505 (3)  | Psychopathology   | ( ) |  |  |           |   |     |  |
| CM506 (3)  | Legal and Ethical Issues in Counseling                      | ( ) |  |  |           |   |     |  |
| CN507(3)   | Human Life Span Development                                 | ( ) |  |  |           |   |     |  |
| CN508 (1)  | Integrative Issues in Counseling                            | ( ) |  |  |           |   |     |  |
| CN509 (2)  | Advanced Integration in Counseling                          | ( ) |  |  |           |   |     |  |
| CM511(3)   | Family Systems Therapy                                      | ( ) |  |  |           |   |     |  |
| CM512 (3)  | Marriage and Couple Counseling                              | ( ) |  |  |           |   |     |  |
| CM513 (3)  | Multicultural Counseling: Theory and Techniques             | ( ) |  |  |           |   |     |  |
| CN514(3)   | Research & Program Evaluation                               | ( ) |  |  |           |   |     |  |
| CN515 (3)  | Testing and Assessment                                      | ( ) |  |  |           |   |     |  |
| CM517 (3)  | Physiology and Psychopharmacology                           | ( ) |  |  |           |   |     |  |
| CM518 (3)  | Career Development: Theory & Techniques                     | ( ) |  |  |           |   |     |  |
| CN519 (3)  | Addiction Counseling  | ( ) |  |  |           |   |     |  |
| CN520 (3)  | Group Counseling  | ( ) |  |  |           |   |     |  |
| CN521(3)   | Crisis and Trauma Counseling                                | ( ) |  |  |           |   |     |  |
| CM522 (1)  | Child and Adolescent Therapy                                | ( ) |  |  |           |   |     |  |
| CM523 (1)  | Human Sexuality   | ( ) |  |  |           |   |     |  |
| CM530 (2)  | Marriage, Couple, and Family Counseling Practicum           | ()  |  |  |           |   |     |  |
| CM531 (3)  | Marriage, Couple, and Family Counseling Internship I        | ( ) |  |  |           |   |     |  |
| CM532 (3)  | Marriage, Couple, and Family Counseling Internship II       | ()  |  |  |           |   |     |  |
| CM533(1)   | Advanced Marriage, Couple, and Family Counseling Internship | Ò   |  |  |           |   |     |  |
| CN561 (0)  | Comprehensive Clinical Integrative Paper                    | ()  |  |  |           |   |     |  |
| CN562 (0)  | Spiritual Formation for Counselors                          | ćí  |  |  |           |   |     |  |

#### Other Factors to Consider

- The LPCC licensure in California takes longer post-graduation than the LMFT licensure.
- A trainee must log internship hours with couples and families to be licensed as an LMFT
- Both specializations may add the Addiction Studies Certificate by taking an additional five credits and serving in an internship with appropriate field experience.
- The specialization you choose will determine what kind of internship experience you will pursue in school and which license(s) are available to you in your future career.
- Your chosen specialization will be named on your transcript after graduation.
- We realize this may seem like a big decision. We are here to help if you have questions!