
Michelle Van Exel Fielder, Ph.D., LPC, NCC

Western Seminary
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EDUCATION

Ph.D., Counselor Education and Supervision (CACREP Accredited), Regent University,
Virginia Beach, VA, 2022

M.A., Professional Counseling, Liberty University, Lynchburg, VA, 2009
Practicum (200 hrs.): Christian Psychotherapy Services, Virginia Beach, VA
Internship (600 hrs.): Christian Psychotherapy Services, Virginia Beach, VA

M.A., Human Resource Management and Development, National-Louis University, McLean,
VA campus, 1998

B.S., General Engineering, United States Naval Academy, Annapolis, MD, 1990

LICENSURE/SPECIAL TRAINING

Certified Traumatologist, Green Cross Academy of Traumatology #01412031501, Issued
12/3/2014

Compassion Fatigue Educator, Green Cross Academy of Traumatology #01410081504, Issued
10/8/2014

Compassion Fatigue Therapist, Green Cross Academy of Traumatology #01410081507, Issued
10/8/2014

Field Traumatologist, Green Cross Academy of Traumatology #01410081505, Issued
10/8/2014

Licensed Professional Counselor, Virginia #0701005104, Issued 9/02/2011, Expires 6/30/2022

National Certified Counselor, National Board for Certified Counselors #317541, Issued
3/19/2013, Expires 8/31/2023

PROFESSIONAL AFFILIATION

American Association of Christian Counselors (AACC) from 2009 to present

American Counseling Association (ACA) from 2011 to present

Association for Counselor Education and Supervision (ACES) from 2017 to present

Chi Sigma Iota (CSI) Honor Society from 2018 to present

Christian Association for Psychological Studies (CAPS) from 2017 to present

Green Cross Academy of Traumatology (GCAT) from 2014 to present

PROFESSIONAL EXPERIENCE

Owner, February 2020 – Present, Fielder Counseling Services, PLLC, providing mental health, supervision, and consultation services online and in Virginia Beach, VA.

Clinical Director, January 2014 – January 2021, responsible for the professional operation of the Suffolk Office of Christian Psychotherapy Services (approx. 20 clinicians), Suffolk, VA.

Clinical Supervisor, September 2013 – July 2022, providing clinical supervision for Residents in Professional Counseling, Interns, and Practicum students in Virginia.

Licensed Professional Counselor, September 2011 – January 2021, Christian Psychotherapy Services, Virginia Beach, VA and Suffolk, VA.

Psychometrician, September 2009 - August 2011, Christian Psychotherapy Services, Virginia Beach, VA, Supervisor: Page M. Huff, II, Ed.D., Ph.D., LCP.

Resident in Professional Counseling, September 2009 – August 2011, Christian Psychotherapy Services, Virginia Beach, VA, Supervisor: Chevette Alston, M.A., LPC.

Commissioned Officer, July 1989 – August 2009, United States Marine Corps, Various locations in the United States, Japan, and Iraq, Military Occupational Specialty: Signals Intelligence/Intelligence, Retired from active duty at the rank of Major (O-4).

TEACHING EXPERIENCE

Assistant Professor, August 2022 – Present, Western Seminary, Master of Arts in Counseling (CACREP Accredited Program), Portland, OR.

Adjunct Professor, May-August 2022, Regent University, School of Psychology and Counseling (CACREP Accredited Program), Virginia Beach, VA. *Course:* COUN 570 Multicultural Counseling

Adjunct Professor, January-May 2022, Regent University, School of Psychology and Counseling (CACREP Accredited Program), Virginia Beach, VA. *Courses:* COUN 523 Practicum & Advanced Skills; COUN 561 Ethics, Professional Orientation, & Legal Issues

Adjunct Professor, August-December 2021, Regent University, School of Psychology and Counseling (CACREP Accredited Program), Virginia Beach, VA. *Course:* COUN570 Multicultural Counseling

Adjunct Professor, May-August 2021, Regent University, School of Psychology and Counseling (CACREP Accredited Program), Virginia Beach, VA. *Course:* COUN 523 Practicum & Advanced Skills

Adjunct Professor, January-May 2021, Regent University, School of Psychology and Counseling (CACREP Accredited Program), Virginia Beach, VA. *Courses:* COUN 523 Practicum & Advanced Skills; COUN 570 Multicultural Counseling

Instructor, September-December 2020, Regent University, School of Psychology and Counseling (CACREP Accredited Program), Virginia Beach, VA. *Course:* COUN 554 Group Counseling.

Teaching Assistant, May-July 2020, Regent University, School of Psychology and Counseling (CACREP Accredited Program), Virginia Beach, VA. *Courses:* COUN 526 Theories of Counseling; COUN 559 Treating PTSD, Compassion Fatigue, & Trauma.

Teaching Assistant, January-May 2020, Regent University, School of Psychology and Counseling (CACREP Accredited Program), Virginia Beach, VA. *Courses:* COUN 521 Counseling Skills and Techniques; GENE 402 Making of the Christian Leader.

Teaching Assistant (Residency), January 2020, Regent University, School of Psychology and Counseling (CACREP Accredited Program), Virginia Beach, VA. *Course:* COUN 521 Counseling Skills and Techniques.

Teaching Assistant, September-December 2019, Regent University, School of Psychology and Counseling (CACREP Accredited Program), Virginia Beach, VA. *Courses:* COUN 521 Counseling Skills and Techniques; COUN 557 Sexual Trauma, Domestic Violence & Human Trafficking.

Instructor (Residency), August 2019, Regent University, School of Psychology and Counseling (CACREP Accredited Program), Virginia Beach, VA. *Course:* COUN 521 Counseling Skills and Techniques.

Teaching Assistant, May-July 2019, Regent University, School of Psychology and Counseling (CACREP Accredited Program), Virginia Beach, VA. *Courses*: COUN 526 Theories of Counseling; COUN 559 Treating PTSD, Compassion Fatigue, & Trauma.

Teaching Assistant, January-May 2019, Regent University, School of Psychology and Counseling (CACREP Accredited Program), Virginia Beach, VA. *Courses*: COUN 521 Counseling Skills and Techniques; CES757 Sexual Trauma, Domestic Violence & Human Trafficking; HSC 561 Community & Crisis Counseling.

Teaching Assistant (Residency), January 2019, Regent University, School of Psychology and Counseling (CACREP Accredited Program), Virginia Beach, VA. *Course*: COUN 521 Counseling Skills and Techniques.

Teaching Assistant, September-December 2018, Regent University, School of Psychology and Counseling (CACREP Accredited Program), Virginia Beach, VA. *Courses*: COUN 521 Counseling Skills and Techniques; CES757 Sexual Trauma, Domestic Violence & Human Trafficking; MHPS 763 Supervision.

Instructor, September-December 2018, Regent University, School of Psychology and Counseling (CACREP Accredited Program), Virginia Beach, VA. *Course*: COUN 554 Group Counseling.

Teaching Assistant (Residency), August 2018, Regent University, School of Psychology and Counseling (CACREP Accredited Program), Virginia Beach, VA. *Course*: COUN 554 Group Counseling.

Teaching Assistant (Residency), January 2018, Regent University, School of Psychology and Counseling (CACREP Accredited Program), Virginia Beach, VA. *Course*: COUN 521 Counseling Skills and Techniques.

RESEARCH

Fielder, M., Knight, J., Newmeyer, M., & Holland, D. (Pending) *Bouncing forward: Impact of adverse childhood experiences, mentoring, and military culture on posttraumatic growth in U.S. military veterans*. ProQuest. (Quantitative Dissertation. Committee Chair: Knight, J. of Regent University. Committee Members: Newmeyer, M. of Concordia University Irvine & Holland, D of Regent University)

PUBLICATIONS

Van Exel, M., (1999). Recruiting women officers: Quantity vs. quality. *Marine Corps Gazette*, 83(9), 42-48.

Fielder, M. & Compton, L. (2020). Encountering and addressing racism as a multiracial counselor. *Counseling Today*, 63(2), 42-48.

Fielder, M. (2021). The forces that could shape counseling's future. In J. Rollins (Ed.). *Counseling Today*, 63(7), 34-35.

PROFESSIONAL PRESENTATIONS

Fielder, M. & Williams, C. (2018). From Gottman to Godman: Counseling Christian Couples Using Gottman Therapy [poster] on April 13, 2018, in Norfolk, VA. Sponsored by the Christian Association of Psychological Studies (CAPS).

Peterson, B., **Fielder, M.**, Zaporozhets, O., & Yarhouse, M. (2020). Designed for Connection: Celibate Gay Christians' Need for Sense of Community [poster] on March 13, 2020 in Atlanta, GA. Sponsored by the Christian Association of Psychological Studies (CAPS).

PROFESSIONAL/COMMUNITY SERVICE

Portsmouth Medical Reserve Corps (PMRC), June 2014 – July 2022, volunteer with the Virginia Department of Health to provide support in daily public health activities, emergency response, and community resiliency.

“Heart to Heart” Radio Show Co-host, June 2009 – August 2015, weekly call-in program which discusses issues related to counseling and psychology from a Christian perspective on local radio station, WWIP (89.1FM).