

BRYAN WARREN

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EDUCATION

- PhD** The University of the Cumberlands, Leadership with an Emphasis on Counselor Education and Supervision December 2021
Dissertation: “The Impact of Required Personal Counseling for Counseling Trainees on Empathy and Emotional Intelligence”
Committee: Dr. Adrienne Baggs, PhD (chair), Dr. Colleen Grunhaus, PhD, Dr. Heather Paessler-Chesterton, PhD
- MA** Western Seminary, Master of Arts in Counseling April 2007
Advisor: Dr. Kay Bruce, PsyD
- MDiv** Multnomah Biblical Seminary, Master of Divinity May 2004
- BS** Ohio University, Cartography November 1993

RESEARCH EXPERIENCE

- Dissertation**, The University of the Cumberlands, Williamsburg, KY 2021
Advisor: Dr. Adrienne Baggs, PhD
- Conducted an explanatory, cross-sectional research survey with current trainees in CACREP accredited master’s level counselor training programs, with 596 participants from over thirty different master level programs across the country.
 - Assessed differences in empathy and emotional intelligence levels in students who participated in program required individual counseling during training versus students who did not, as influenced by number of sessions and self-reported level of commitment to participation in personal counseling.

TEACHING AND SUPERVISION EXPERIENCE

- Multnomah University**, Portland, OR Sept 2008 to Aug 2011
Adjunct Professor, Psychology Department
- Taught *Adolescent Psychology*, an undergraduate course with approximately forty students per semester, covering an investigation of the human developmental stage known as adolescence. Special emphasis was given to challenges adolescents face from a developmental perspective including domain-specific areas such as cognitive, physical, and socio-emotional changes, and how mental health practitioners can apply awareness of these dynamics in various helping settings.

- Taught *Adolescent Psychology for Educators* developing the syllabus and curriculum track covering an introduction to adolescent psychology for students majoring in education with special emphasis on engaging teens in classrooms settings and educational environments.
- Conducted *Group Supervision* with internship students which involved discussing student presentations of clients, facilitation of peer feedback, case conceptualization, diagnostic differentiation, navigation of ethical decision making, and supervisory input for 6 to 8 Masters counseling students each semester.

Multnomah University, Portland, OR

Sept 2011 to July 2018

Adjunct Professor, Master of Arts in Counseling Program

- Taught *Counseling Theory* – wrote and developed course content for the initial program offering of this course. Covered the major theorists in the field of counseling and psychology and the major proponents and originators of each approach including the main tenets and treatment approaches of each. Students were also introduced to the task of integrating these theories with a biblical worldview, various Christian approaches to counseling theory, and the categorization of those approaches.
- Taught *Group Counseling* including a live real time group experience for students. This course provides an overview of group theories and techniques, developmental stages in groups, the principles of group dynamics, and group process components as applied to various therapeutic settings and problems.
- Taught *Psychopharmacology for Counselors* introducing students to the basic neurobiology of psychopathology and how psychotropic medications treat such conditions with an emphasis on the role of the professional counselor as a member of a treatment team who consults with awareness of psychopharmacology and helps facilitate client treatment and integrating non-pharmacological treatment modalities.
- Taught *Advocacy and Consultation* exploring how counselors are serve as advocates for their clients across diverse populations, across multiple settings and in varied specialty areas. Additionally, students were exposed to both the theory and practice of consultation and collaboration. Practical application of the integration and application of advocacy, consultation and collaboration was emphasized throughout.
- Served on *Oral Review Board* for counseling students final comprehensive case presentation/discussion completing the last step to complete a master's degree. Served as 1 of 3 panel members scoring and evaluating student conceptualization, achievement of various counseling skills and aptitudes, and fitness for practice.

Western Seminary, Portland, OR

Instructor of Counseling, Master of Arts in Counseling Program

Aug 2018 to Dec 2021

Assistant Professor of Counseling, Master of Arts in Counseling Program Jan 2022 to Present

- Taught *Addiction Counseling* which includes the study of substance abuse, co-occurring disorders, and addiction with emphasis on major approaches to identification, evaluation, treatment, case management, and prevention of substance and addiction. Legal, ethical, and medical aspects of substance abuse, populations at risk, role of support persons, systems of care, community resources, advocacy, and collaborative treatment are included as well as an examination of addiction from both a worldview and spiritual perspective.

- Taught *Tests & Assessments in Counseling* introducing assessment, appraisal, and testing, including an introduction to instruments that are available to the counselor for use in diagnostic and therapeutic interventions within a counseling setting. Holistic assessment of different dimensions of functioning is explored including cognitive, intelligence, psychopathology, personality, career aptitude, and relational health and temperament.
- Taught *Clinical Foundations* introducing students to basic skills necessary for effective counseling – attending/listening, warmth, empathy, respect/acceptance, genuineness/authenticity, concreteness, confrontation, immediacy, self-disclosure, strategies for change, and the role of faith in psychotherapy. Activities include reading, lecture, observation, role-play, and student audio/video recorded clinical practice. Students are introduced to skills needed for clinical intervention and the accomplishment of therapeutic goals in diverse settings.
- Taught *Advanced Integration* exploring the components and dynamics of the integration of theology and psychology. Focus points issues surrounding the person of the counselor in the integrative task and assessment of paradigms utilized in cross-disciplinary integration. Topics include the history of integration, evaluation of models of integration, addressing objections to integration, mental health from a Christian world view, a theology of listening, the role of forgiveness in counseling settings, the role of suffering and hope, and the role of prayer and scripture in Christian counseling.
- Supervised *Case Conference* with internship students at various levels from entry-level practicum to students in advanced sequence: involved discussing student presentations of clients, facilitation of peer feedback, case conceptualization, diagnostic differentiation, navigation of ethical decision making, and supervisory input for 6 to 8 Masters counseling students each semester.
- Coaching for *Comprehensive Clinical Integrative Paper* overseeing and providing feedback for 1 to 3 graduating students each semester who are composing their final graduation requirement of a paper integrating their theology, including the nature of God, the nature of humanity, the role of faith and spirituality, gospel centered transformation, the role of faith, and the role of suffering; their preferred theoretical approach to counseling and how that integrates with spirituality, cultural diversity, career planning, primary techniques, and a theory of change; along with a thorough professional self-assessment and presentation/evaluation of their work with a client.

A New Day Counseling Center, Portland, OR

Aug 2019 to Present

Clinical Supervisor

- Conducted supervision overseeing 3 to 4 practicum students interning each semester at the community counseling clinic including weekly individual supervision covering case conceptualization, goal setting, treatment planning, counseling approaches and theories, diagnosis, and other supervision related topics.

Western Seminary, Portland, OR

Aug 2021 to Present

Internship Field Placement Coordinator

- Overseeing the placement of student interns at multiple clinical counseling locations in Oregon and Washington including initial site approval, management of concerns, and annual review assuring student and site need fulfillment. Additionally coordinating annual on campus fall Internship Fair and spring Site Supervisor Training Luncheon.

Western Seminary, Portland, OR

Aug 2025 to Present

Interim Program Director, Master of Arts in Counseling

- Overseeing the Master of Arts in Counseling which involves numerous roles including assigning instructors to various courses, coordinating with admissions, planning and implementation of two online counseling cohorts, conducting new applicant student interviews, overseeing the hiring process for new faculty, addressing student concerns, coordinating with the registrar's office with new course planning and troubleshooting schedule questions and discrepancies, planning and coordinating student-life events etc.

PRESENTATIONS AND INVITED LECTURES

Seminar, "Anger Management," The Centre for Coaching Training, Portland, OR 2008 to 2010

- Conducted a 6-week psychoeducational and process group multiple times for mandated clients and other individuals seeking help with anger management. Covered techniques and concepts of emotional expression, three modes of anger expression, constructive coping, basics of self-care, and healthy communication and relationship dynamics.

Workshop, "Screaming Princess," as part of CHARIS Counseling Associates Women's Conference, Vancouver, WA January 2009

- Conference workshop with approximately two hundred participants covering the basics of anger management specifically for women. Included an exploration of anger as an essential part of life, potential sources of anger for women, why women might believe anger is not OK, three expressions of anger, and healthy emotional expression.

Group Facilitation, "Empathy, Motivational Interviewing, and Solution Focused Brief Therapy," The University of the Cumberland, Williamsburg, KY Fall 2020

- A 7-week online process and psychoeducational group for master's counseling students covering the centrality and importance of empathy in counseling and an overview of the basic concepts and techniques in the counseling approaches of Motivational Interviewing and Solution Focused Brief Therapy

Workshop, "A Spiritual Retreat Model for Counseling Students," Christian Association for Psychological Studies Annual Conference, Denver, CO March 2025

- With my counseling faculty colleagues in a conference breakout session, presented a model of a weekend Spiritual Formation retreat that was implemented for the counseling student body at Western Seminary. Provided an overview of the model and how it might be utilized in other settings.

REFERENCES

Dr. Norm Thiesen, PhD, Professor of Counseling, Retired
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