Western Seminary Sacramento Counseling Department

Practicum Manual

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TABLE OF CONTENTS

SECTION I: BECOMING A MARRIAGE AND FAMILY THERAPIST	1
 General Requirements for Licensure Job Descriptions Throughout the Licensing Process 	
 SECTION II: UNDERSTANDING PRACTICUM What is Practicum? Practicum Prerequisites Practicum Hour Requirements Personal Psychotherapy Requirements Practicum Paperwork Checklist (Page 7) 	2
 SECTION III: PRACTICUM SITE RESOURCES Requirements for a Qualified Practicum Site Finding a Site: The Process Approved Practicum Sites List New Practicum Site Approval Form 	8
 SECTION IV: FORMS TO COMPLETE PRIOR TO STARTING PRACTICUM Weekly Summary of Hours of Psychotherapy Received (showing 10 hours) Practicum Agreement Form Responsibility Statement for Supervisors 	9
 SECTION V: FORMS TO COMPLETE DURING PRACTICUM (EACH SEMESTER) Weekly Summary Hours of Experience Practicum Site Evaluation Form Trainee Evaluation Form Trainee Workshops, Seminars and Training Sessions Form 	15
SECTION VI: FORMS TO SUBMIT AT THE END OF PRACTICUM (FINAL SEMESTER) • Personal Psychotherapy Received Form • MET Expressiones Verification Form	23

SECTION I: BECOMING A MARRIAGE AND FAMILY THERAPIST

This section provides a brief overview of the process of becoming a licensed Marriage and Family Therapist (MFT) with the State of California's Board of Behavioral Sciences (BBS).

A. General Requirements for Licensure

In order to obtain licensure as an MFT, applicants must complete an accredited graduate degree program, complete 3,000 hours of experience under a qualified supervisor and pass written exams administered by the BBS.

- 1. Complete an Accredited Degree Program
 - a. Western Seminary is accredited through the Northwest Commission on Colleges and Universities and is recognized by the BBS as an accredited school.
 - b. For a complete listing of accredited schools, view "Accredited Schools with MFT Programs" on the BBS website.
- 2. Complete 3,000 Hours of Experience
 - a. These hours must be completed under a qualified supervisor.
 - b. A maximum of 1300 (and minimum of 325) hours may be completed as a student during the practicum experience.
 - c. These hours must meet the BBS requirements for experience. For a detailed breakdown of required hours for licensure, see "Section V: Weekly Summary Hours of Experience" or view the "MFT Experience Categories: Summary of Hours Permitted/Required" document on the BBS website.
- 3. Pass Written Exams
 - a. There are two MFT licensing exams:
 - a MFT Standard Written Examination
 - b MFT Written Clinical Vignette Examination

B. Job Titles Throughout the MFT Licensing Process

Throughout the licensing process, a candidate will have several different titles. These titles each have unique "job descriptions":

- 1. MFT Trainee: An MFT Trainee is a student who is currently enrolled in an accredited MFT graduate program, is unlicensed, has completed a minimum of 12 units of coursework including practicum prerequisites (see Section II) and sees clients as an MFT Trainee under licensed supervision.
- 2. MFT Intern: An MFT Intern is an unlicensed person who holds a degree from an accredited MFT graduate program, is registered with the BBS, and sees clients as an MFT intern under licensed supervision.
- 3. MFT: An MFT is a licensed Marital and Family Therapist who holds a degree from an accredited MFT graduate program, has fulfilled the experiential requirements (3,000 hours), has passed written exams administered by the BBS and has applied for and received a license from the BBS. A licensed MFT is required to meet Continuing Education (CE) requirements each licensing period.

C. Students Interested in Becoming a Licensed Professional Clinical Counselor

The pathway to LPCC licensure is slightly different from that to MFT licensure in that all 3,000 hours must be earned post-degree; practicum hours will not count towards the hours required for LPCC licensure. However, all students, even those only interested in an LPCC license, must complete the practicum requirements set in this program.

SECTION II: UNDERSTANDING PRACTICUM

A. What is Practicum?

- 1. Practicum (I, II and III) is the name of a series of three required two-unit courses (CNS 530: Practicum I, CNS 531: Practicum II and CNS 532: Practicum III). These courses are designed to support and educate students who are completing hours as an MFT Trainee. Please note: you are required to be enrolled in a Practicum course if you are seeing clients as a Trainee. If you have completed the required courses (Practicum I, II and III) you must be enrolled in Advanced Practicum (CNS 539) to continue seeing clients.
- 2. Practicum is the graduate-level clinical experience required of all MFT students. This clinical experience must be performed at an approved Practicum Site with a qualified Supervisor (see "Section III: Practicum Site Resources" for requirements). All Practicum hours are logged for conferral of the MFT degree and most Practicum hours can be counted towards licensure as an MFT (See "Practicum Hour Requirements" below).

B. Practicum Prerequisites

efore	finding a practicum site or registering for CNS 530 a student must:
1.	Complete at least 12 units of coursework as follows
	CNS501: Clinical Foundations
	CNS 502: Psychological Theory and Techniques
	CNS 504: Psychotherapeutic Systems
	CNS 505: Psychopathology
	CNS 506: Legal and Ethical Issues
	CNS507: Human Life Span Development
2.	Complete at least 10 hours of personal psychotherapy

C. Practicum Hour Requirements

- 1. Minimum Hour Requirements
 - a. Students must complete 325 hours of clinical experience at an approved site with a qualified site supervisor. Of these 325 hours the following requirements must be met:
 - A minimum of 225 hours of direct, face-to-face client contact
 - An adequate number of supervision hours per the following BBS requirement: "As an MFT Trainee, you must meet the mandatory minimum of one unit of supervision per week to count work experience in a work setting. Also, you will be required to obtain one unit of supervision for every five hours of direct counseling experience earned in each setting."
 - A minimum of 30 hours of personal psychotherapy (See "Personal Psychotherapy Requirements" below)
 - b. Students who entered the program before August 2012 must complete 250 hours of clinical experience at an approved site with a qualified site supervisor. Of these 250 hours the following requirements must be met:
 - A minimum of 150 hours of direct, face-to-face client contact
 - An adequate number of supervision hours to meet BBS standards
 - A minimum of 30 hours of personal psychotherapy (See "Personal Psychotherapy Requirements" below)

- c. Students may also count the following hours toward the minimum hours requirement of 325 or 250:
 - Administering and Evaluating Psychological Testing, Report Writing, and Writing Notes
 - Client-Centered Advocacy
 - Workshops and Training

2. Maximum Hours Accepted

Students may receive a maximum of 1300 hours during practicum. These hours will be counted by the BBS toward licensure and may include the following:

- 750 Counseling and Supervision
- Administering and Evaluating Psychological Tests, Report Writing, Writing Notes, or Client-Centered Advocacy
- Workshops, Seminars, Training Sessions or Conferences
- 300 Personal Psychotherapy (maximum 100 hours which are triple counted)

D. Personal Psychotherapy Requirements

- 1. All students are required to receive at least 30 hours of personal psychotherapy by a licensed psychotherapist before graduation.
- 2. Each 1 hour of personal psychotherapy is counted as 3 hours by the BBS towards licensure.
- 3. Up to 100 actual hours (300 total hours) may be counted toward licensure.
- 4. You must be formally admitted into an MFT program for the BBS to count personal psychotherapy hours. Psychotherapy prior to formal admission cannot be counted.

PRACTICUM CHECKLIST

Trainee Name
Site
Practicum Semester Dates
Prior to registering for Practicum I – submit the following <i>copies</i> to the MFT Program Coordinator
New Practicum Site Approval form (if the site is not on the Approved Sites list)
Proof of CAMFT Membership (www.camft.org) (AAMFT, AACC, and SVC-CAMFT optional)
Proof of Malpractice Liability Insurance (a free benefit of the CAMFT student membership)
Proof of a Track Your Hours account (www.trackyourhours.com)
Verification that at least 10 hours of personal psychotherapy have been completed
During the first session of Practicum I – submit the following copies to the Practicum Faculty (upon
review the Practicum Faculty will forward these to the MFT Program Coordinator to add to your file)
Practicum Agreement Form (with the Site Supervisor's license and supervision certification)
Responsibility Statement for Supervisor (BBS Form)
At the end of Practicum I, II, III, and Advanced Practicum (CNS 530, 531, 532, 539) - submit the
following copies to the Practicum Faculty (upon review the Practicum Faculty will forward these to the MFT
Program Coordinator to add to your file)
CNS 530 CNS 531 CNS 532 CNS 539
Weekly Summary Hours of Experience (BBS Form)
Trainee Performance Evaluation
Practicum Site Evaluation
At your Exit Interview with the MFT Program Director and the MFT Program Coordinator –
submit the following copies and verify that your file contains the copies listed above
MFT Experience Verification Form (FAQ's about this BBS form -
http://www.bbs.ca.gov/pdf/forms/mft/faq_mft_expver_summary.pdf)
Record of 30+ Personal Psychotherapy Hours (If you use another form please include the numb
of hours, therapist license number, and the therapist signature)

SECTION III: PRACTICUM SITE RESOURCES

A. Requirements for a Qualified Practicum Site

1. Practicum Site Requirements

- a. Trainees may not see clients in private practice settings, even as a volunteer.
- b. Trainees may receive a salary but may not be paid directly by clients.
- c. Trainees may work in a non-profit or charitable corporation, school, college or university, government entity or licensed health facility or other non-private practice sites that provide mental-health counseling or psychotherapy and qualified supervision.

2. Supervision Requirements

- a. Trainees must receive "one unit" of qualified supervision for every five hours of psychotherapy or counseling performed.
 - One unit equals one hour of individual supervision or two hours of group supervision.
- b. Group supervision sessions shall not include more than eight persons receiving supervision.

3. Supervisor Requirements

- a. Supervisor must be a licensed mental health professional (Marriage and Family Therapist, Licensed Professional Counselor, Clinical Social Worker, Psychologist or Physician certified in psychiatry by the American Board of Psychiatry and Neurology)
- b. Supervisor must maintain a valid California license
- c. Supervisor must have held that license for at least two years and practiced psychotherapy or directly supervised as part of their clinical practice for at least two years within the last five year period immediately preceding supervision
- d. Supervisor must complete a minimum of six hours of supervision training or coursework within two years immediately preceding supervision (or within 60 days of the commencement of supervision) and every renewal period thereafter (Psychologists and Physicians certified in psychiatry are exempt from supervision training)
- e. In a setting that is not a private practice the supervisor may be employed by the registrant's employer on either a paid or voluntary basis. An off-site supervisor must sign a letter of agreement with the agency employing the applicant.

B. Finding a Practicum Site: The Process

Western Seminary does not "place" students in a Practicum Site. It is the student's responsibility to find a placement. However, we are continuously expanding our resources to better assist students in this process. The MFT Program Coordinator is the practicum point person until a student finds a practicum placement and begins Practicum I. After that, the Practicum Faculty will become the practicum point person for the student and the Practicum Site Supervisor. Students preparing for practicum should:

- 1. Attend the Practicum Orientation in January or schedule an appointment with the MFT Program Coordinator if a group orientation is not available.
- 2. Review the Practicum Site List. Contact the MFT Program Coordinator about pursuing a practicum site that is not on this list.
- 3. Contact prospective practicum sites. Investigate whether the site takes Trainees and if they have openings. (Note: It is important to treat this like a professional job search)
- 4. Prepare a professional resume and cover letter personalized for each site.
- 5. Arrange for an interview.
- 6. Select a site, notify the MFT Program Coordinator, and register for Practicum I
- 7. Review the Practicum Paperwork Checklist.

Western Seminary Sacramento Counseling Department 2014 Practicum Site List

Site	Location	Contact	Contact Information	Website
Another Choice Another Chance	Sacramento		(916) 388-9418	Acacsac.org
Anew Day	Grass Valley	Barbara Coffman	(530) 470-9111	Anew-day.com
Bayside Church	Roseville	Julie Black	(916) 791-1244	Baysideonline.com
California Relationship Center	Auburn	Kim Sanders	(530) 889-0178	
Capital Counseling Center	Sacramento	Bob Bohling	(916) 856-5955	Capitalcounselingcenter.com
Community Counseling	Sacramento	Tim Dakin	(916) 764-6997	Cccnow.com/ministries
First Baptist of Elk Grove	Elk Grove	Michael Beckner	(916) 685-4821	Fbceg.org/counseling
Healing Grace	Folsom, Rocklin	Natalie Grindy	Natalie.confidential@gmail.com (916) 205-9845	Hgcounseling.org
Holistic Family Services	Sacramento	Majica Phillips	(916) 835-9034	Holisticfamilyservices.com
HOPE Counseling	Roseville, Midtown	Darlene Davis	(916) 444-2170	Hope-counselingcenter.org
Life Practice	Stockton, Sacramento	Carisa Sherwood	(916) 300-6576	Lifepractice.org
Lighthouse Family Resource Center	Lincoln		Send a cover letter and resume to info@lighthousefrc.com	Lighthousefrc.com under Employment Opportunities
My Dream Ranch	Placerville	Julie Stass	(805) 704-3626	
Parent Cooperative Community		Carla DeRose	(916) 947-0371	
River Oak Center for Children	Carmichael		(916) 244-5800	Riveroak.org
Soul Care at Bridgeway Church	Rocklin	Laura Faudree	(916) 626-3017	Mysoulcare.net
Stand Up Placer			(530) 823-6244	Standupplacer.org
St Joseph's Behavioral Health	Stockton	Cathy Francis	(209) 461-2054	Stjosephscanhelp.org
The Place Within	Auburn, Roseville	Gary Henderson	(916) 772-6158	Theplacewithincounseling.com
Triad Family Services	Sacramento	¥	(916) 631-0771	Triadfs.org
UC Davis CAARE Diagnostic and Treatment Center		Kim Lundquist	(916) 734-6639	Ucdmc.ucdavis.edu
Windows of Hope	Roseville, Sacramento	Dawn Hulme	(916) 932-8124	Windowsofhopecounseling.org
William Jessup University	Rocklin	Student Services	(916) 577-2321	Jessup.edu
Yolo Community Care Continuum	Davis and Woodland	Michelle Kellogg	(530) 758-2160	Y3c.org

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Department of Marital and Family Therapy

New Practicum Site Approval Form

Dates of Practicum Experience
GENERAL INFORMATION:
Student Name
Prospective Site Name
Prospective Supervisor Name
Site Address
Site Phone
SUPERVISOR EDUCATION
Graduate Degree
Graduate Major
Degree Granting Institution
SUPERVISOR LICENSE INFORMATION (please complete all applicable)
Psychology Lic. No Date Issued:
MFT Lic. No Date Issued:
LPCC Lic. No Date Issued:
Social Work Lic. No Date Issued:
Psychiatry Lic. No Date Issued:
EXPERIENCE AS A THERAPIST
Primary Identity: Therapist Educator Administrator Pastoral Counselor
Time devoted to Therapy: 0-35% 36-69% 70-100%
Number of Years Licensed: Weekly Case Load (in hours):
Primary Client Type(s): Individuals Couples Families Groups
Predominate age served: Children Adolescents Adults
Gender Preference for Clients: Female Male Either
OTHER RELEVANT INFORMATION:
Approved By: Date:

WEEKLY SUMMARY OF HOURS OF PSYCHOTHERAPY RECEIVED

Suggested Log for Personal Psychotherapy

The BBS currently has no official log for collecting hours of personal psychotherapy received by Interns and Trainees. Please use this form to record the hours of personal psychotherapy you receive and turn it into your Practicum Professor one week prior to the last week of your last Practicum semester.

Personal Psychotherapy: Personal psychotherapy hours are not limited to individual hours. They may include group, marital or conjoint or even family psychotherapy received by an applicant.

Qualified Psychotherapists: Licensed Marriage and Family Therapists, Licensed Clinical Social Workers, Licensed Psychologists and Licensed Physicians certified in psychiatry by the American Board of Psychiatry and Neurology

Weekly Summ	Weekly Summary of Psychotherapy Received				Year:								
Name of Traine	e/Interr	ı											
Name of Psychotherapist						License No.:							
Week Of:													Total Hours
Hours of Psychotherapy or Counseling Received													
Psychotherapist's Signature													

Concept borrowed from a form which appeared in the November/December 1993 issue of The Therapist

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Department of Marital and Family Therapy

Practicum Agreement

This is the Practicum Agreement for:	
Trainee – please print	
This agreement is made on	_ by and between
E' 116'' Nove Aldress & Dhous Newsboy	
Field Site Name, Address, & Phone Number and Western Seminary. This agreement will be effective for a period from	
to	

Western Seminary Agrees:

- 1. That the Trainee has completed: CNS501(Clinical Foundations), CNS 502 (Psychological Theory and Techniques), CNS 504 (Psychotherapeutic Systems), CNS 505 (Psychopathology), CNS 506 (Legal and Ethical Issues), CNS507 (Human Life Span Development).
- 2. To assign a Faculty Practicum Supervisor to communicate with the Site Supervisor.
- 3. To notify the Trainee that he/she must adhere to the administrative policies, rules, standards, schedules and practices of the site.
- 4. That the Faculty Practicum Supervisor is responsible for the assignment of a Practicum grade based, in part, on the recommendation of the Practicum Site Supervisor.
- 5. That the MFT Program Coordinator and MFT Program Director will provide support and oversight.

The Practicum Site Agrees:

- 1. To assign a Site Supervisor who has appropriate credentials, experience, time and interest for training the student.
- 2. To provide opportunities for the Trainee to engage in a variety of counseling activities under supervision in sufficient amounts to allow an adequate evaluation of competence in each activity.
- 3. To provide the Trainee with adequate work space and supplies.
- 4. To provide supervisory contact which involves examination of the Trainee's work using audio/visual tapes, observation and/or live supervision.
- 5. To not hold Western Seminary liable for any injury or malpractice caused to or by the Trainee.

The Site Supervisor Agrees:

- 1. To submit copies of a professional license and certification to supervise
- 2. To provide the adequate number of units of group or individual supervision per week to meet the client/supervision ratio set by the BBS for Trainees.
- 3. To complete the Trainee Performance Evaluation Form at the end of each semester and review this form with the Trainee.

The Faculty Practicum Supervisor Agrees:

- 1. To be the faculty liaison with both the Trainee and Site Supervisor regarding progress, problems and performance evaluations.
- 2. To meet with the Trainee as outlined in the practicum course description.
- 3. To review the Practicum Site Evaluation Form, Trainee Performance Evaluation Form, and the Weekly Summary of Hours at the end of each semester.
- 4. To be available to advise pre-practicum students regarding placement readiness

The MFT Program Coordinator Agrees:

- 1. To assist pre-practicum students with practicum site placement, new practicum site approvals, and placement readiness.
- 2. To support Trainees, Faculty Practicum Supervisors, and Site Supervisors as needed.
- 3. To develop and strengthen relationships with practicum sites.
- 4. To store each student's practicum paperwork in preparation for the Exit Interview.

The MFT Program Director Agrees:

- 1. To ensure that the practicum program meets BBS requirements.
- 2. To develop and strengthen relationships with practicum sites.
- 3. To ensure that the practicum program remains competitive.
- 4. To conduct the Exit Interview.

The Trainee Agrees:

- 1. To spend _____ hours per week at the Practicum site. At least 50% of the hours spent will involve direct client contact.
- 2. To participate in the adequate number of units of group or individual supervision per week to meet the client/supervision ratio (5:1) set by the BBS for Trainees.
- 3. To participate in *no less than 80%* of the practicum class sessions.
- 4. To follow the Practicum Paperwork Checklist
- 5. To accept responsibility for his/her own actions during counseling practicum and not hold Western Seminary liable for any injury or malpractice caused to or by the Trainee.

Trainee Signature	Phone Number	Date				
On-Site Supervisor Signature	Phone Number	Date				
Faculty Practicum Supervisor Signature	Phone Number	Date				

This form must be submitted to the Practicum Faculty before or during the first session of class. Upon review this form will be forwarded to the MFT Program Coordinator.

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Department of Marital and Family Therapy

Agreement for Practicum Experience Not Approved by the BBS

(Fill out ONLY for Practicum Experience \underline{NOT} approved by the BBS)

I/we are aware that the Practicum	arranged between _								
andField Site Name		from	Dete						
Field Site Name		Date							
until	does <u>not</u> me	eet the require	ements of the Board of						
Behavioral Science (BBS) for lice will not be counted towards the pr	ensing as a Marriage	e & Family Tl	herapist (MFT). These Practicum hours						
licensure in the future. The Trains	ee further understar not be possible to pr	nds that since	um should he/she decide to pursue the laws and BBS guidelines are e in the future at all, due to the fact that						
Projected client contact hours pe	er week (50% of tota	al hours):							
Individual	Group		Couple						
Family	Other								
Trainee Signature		Date							
Site Supervisor Signature		Date							
Campus Practicum Supervisor Si	 ionature	 Date							



Board of Behavioral Sciences

1625 North Market Blvd., Suite S200, Sacramento, CA 95834 Telephone: (916) 574-7830 TTY: (800) 326-2297



www.bbs.ca.gov

RESPONSIBILITY STATEMENT FOR SUPERVISORS OF A MARRIAGE AND FAMILY THERAPIST TRAINEE OR INTERN

Title 16, California Code of Regulations (16 CCR) Section 1833.1 requires any qualified licensed mental health professional who assumes responsibility for providing supervision to those working toward a Marriage and Family Therapist license to complete and sign, under penalty of perjury, the following statement prior to the commencement of any counseling or supervision.

Name of MFT Trainee/Intern: Last	First	Middle
Name of Qualified Supervisor:	Qualified Supervisor's Daytime Telep	hone Number:
As the supervisor:		
 I am licensed in California and have been so licensed for at least two years p Business and Professions Code (BPC) § 4999.12 (h)) 	rior to commencing this supervisior	n. (16 CCR § 1833.1(a)(1) and
A.The license I hold is:		
Marriage and Family Therapist	License #	Issue Date
Licensed Clinical Social Worker	License #	Issue Date
Licensed Professional Clinical Counselor	A STANDARDON OF THESE	
	Issue Date	
*Psychologist	License #	Issue Date
*Physician certified in psychiatry by the American Board of Psychiatry and		
Neurology	License #	Issue Date
ttp	and family therapy to competently	oractice marriage and family

- I have had sufficient experience, training, and education in marriage and family therapy to comp therapy in California. (16 CCR § 1833.1(a)(2))
- I will keep myself informed about developments in marriage and family therapy and in California law governing the practice of marriage and family therapy. (16 CCR § 1833.1(a)(3))
- I have and maintain a current and valid license in good standing and will immediately notify any trainee or intern under my supervision of any disciplinary action taken against my license, including revocation or suspension, even if stayed, probation terms, inactive license status, or any lapse in licensure, that affects my ability or right to supervise. (16 CCR § 1833.1(a)(1), (a)(4))
- I have practiced psychotherapy or provided direct supervision of trainees, interns, associate clinical social workers, or professional clinical counselor interns who perform psychotherapy for at least two (2) years within the five (5) year period immediately preceding this supervision. (16 CCR § 1833.1(a)(5))
- I have had sufficient experience, training, and education in the area of clinical supervision to competently supervise trainees or interns. (16 CCR § 1833.1(a)(6))
- I have completed six (6) hours of supervision training or coursework within the renewal period immediately preceding this supervision, and must complete such coursework in each renewal period while supervising. If I have not completed such training or coursework, I will complete a minimum of six (6) hours of supervision training or coursework within sixty (60) days of the commencement of this supervision, and in each renewal period while providing supervision. (16 CCR § 1833.1(a)(6)(A)&(B))
- I know and understand the laws and regulations pertaining to both the supervision of trainees and interns and the experience required for licensure as a marriage and family therapist. (16 CCR § 1833.1(a)(7))
- I shall ensure that the extent, kind, and quality of counseling performed is consistent with the education, training, and experience of the trainee or intern. (16 CCR § 1833.1(a)(8))

- 8) I shall monitor and evaluate the extent, kind, and quality of counseling performed by the trainee or intern by direct observation, review of audio or video tapes of therapy, review of progress and process notes and other treatment records, or by any other means deemed appropriate. (16 CCR § 1833.1(a)(9))
- 9) I shall address with the trainee or intern the manner in which emergencies will be handled. (16 CCR § 1833.1(a)(10))
- I agree not to provide supervision to a TRAINEE unless the trainee is a volunteer or employed in a setting that meets all of the following: (A) lawfully and regularly provides mental health counseling or psychotherapy; (B) provides oversight to ensure that the trainee's work at the setting meets the experience and supervision requirements and is within the scope of practice for the profession as defined in BPC Section 4980.02; (C) is not a private practice owned by a licensed marriage and family therapist, a licensed psychologist, a licensed clinical social worker, a licensed physician and surgeon, or a professional corporation of any of those licensed professions. (BPC § 4980.43(d)(1))
- 11) I agree not to provide supervision to an INTERN unless the intern is a volunteer or employed in a setting that meets both of the following: (A) lawfully and regularly provides mental health counseling or psychotherapy; (B) provides oversight to ensure that the intern's work at the setting meets the experience and supervision requirements and is within the scope of practice for the profession as defined in BPC Section 4980,02. (BPC § 4980,43(e)(1))
- 12) If I am to provide supervision on a voluntary basis in a setting which is not a private practice, a written agreement will be executed between myself and the organization in which the employer acknowledges that they are aware of the licensing requirements that must be met by the intern or trainee, they agree not to interfere with my legal and ethical obligations to ensure compliance with these requirements, and they agree to provide me with access to clinical records of the clients counseled by the intern or trainee. (16 CCR § 1833(b)(4))
- 13) I shall give at least (1) one week's prior written notice to a trainee or intern of my intent not to sign for any further hours of experience for such person. If I have not provided such notice, I shall sign for hours of experience obtained in good faith where I actually provided the required supervision. (16 CCR § 1833.1(c))
- 14) I shall obtain from each trainee or intern for whom supervision will be provided, the name, address, and telephone number of the trainee's or intern's most recent supervisor and employer. (16 CCR § 1833.1(d))
- In any setting that is not a private practice, I shall evaluate the site(s) where a trainee or intern will be gaining hours of experience toward licensure and shall determine that: (1) the site(s) provides experience which is within the scope of practice of a marriage and family therapist; and (2) the experience is in compliance with the requirements set forth in 16 CCR Section 1833 and Section 4980.43 of the Code. (16 CCR § 1833.1(e))
- Upon written request of the Board, I shall provide to the board any documentation which verifies my compliance with the requirements set forth in 16 CCR Section 1833.1. (16 CCR § 1833.1(f))
- 17) I shall provide the intern or trainee with the original of this signed statement prior to the commencement of any counseling or supervision. (16 CCR § 1833.1(b))

I declare under penalty of perjury under the laws of the State of California that I have read and understand the foregoing and that I meet all criteria stated herein and that the information submitted on this form is true and correct.

Printed Name of Qualified Supervisor	Sign	Date		
Mailing Address: Number and Street	City	State	Zip Code	

The supervisor shall provide the intern or trainee being supervised with the original of this signed statement prior to the commencement of any counseling or supervision.

The trainee or intern shall submit this form to the board upon application for examination eligibility.

- * Psychologists and Physicians certified in psychiatry are not required to comply with #5.
- ** Applies only to supervisors NOT licensed as a Marriage and Family Therapist.



Board of Behavioral Sciences

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MARRIAGE AND FAMILY THERAPIST WEEKLY SUMMARY OF HOURS OF EXPERIENCE

FOR HOURS GAINED ON OR AFTER January 1, 2010

THIS FORM SHALL BE COMPLETED PURSUANT TO TITLE 16, CALIFORNIA CODE OF REGULATIONS SECTION 1833(e). Use a separate log for each supervised work setting and for each status indicated below.

(Please type or print clearly in ink)					r:.	-10					Middle	-		
Name of MFT Trainee/Intern: Last					Fin	SI					Middle			
Name of Supervisor:			Date enrolled in graduate degree program:						BBS File No (if known)					
*														
Name of Work Setting:	Address	of Wo	rk Settir	ng:	Number	r and Stre	eet			City	y, State, 2	Zip		
Indicate the status of the hours logged:			booree v. v. e	5 479					Post-Dea	ree with	Applica	tion Per	nding for	
	egistered	Intern	(MFT In	itern No	•)		-	ntern Re	gistratio	n			
*Supervision via video conferencing is not allowed as a train								l.	B & P Co	ode Sec	lion 498	U.43(N)]		
Note: Child counseling can be logged in any appropriate category as specified by your supervisor														
YEAR: WEEK OF:													Total Hours	
Individual Psychotherapy (performed by you)								SV.						
Couples, Families, and Children (min. 500 hrs.)														
Of the above CFC hours, how many <u>actual hours</u> were gained via conjoint couples and family therapy? *														
Group Therapy or Counseling (max. 500)														
Telemedicine (max. 375)														
Administering & evaluating psych. tests, writing clinical reports, writing progress or process notes (max. 250)										-				
Workshops, seminars, training sessions, or conferences directly related to marriage, family, and child counseling** (max. 250)														
Client Centered Advocacy (CCA)**			i.											
Supervision, Individual Face-to-Face **	Ð													
Supervision, Group **														
Total Per Week														
				(Signa	ature	of S	Supe	rviso	r				
	بار		200	SOL	sor	sor	sor	sor	sor	sor	isor	isor		
	Signature of Superviso		Signature of Supervisor	Signature of Superviso	Signature of Supervisor	Signature of Supervisor	Signature of Supervisor	Signature of Superviso	Signature of Superviso	Signature of Superviso	Signature of Supervisor	Signature of Supervisor		
	ature of		ature of	ature of	ature of	ature of	ature of	ature of	ature of	ature of	nature of	nature of		
<i>\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\</i>	Signs	i l	Sign	Sign	Sign	Sign	Sign	Sign	Sign	Sign	Sign	Sign		
<i>\(\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\</i>														
V/////////////////////////////////////	1													

^{*} Please see the FAQ's for instructions on how to report the Conjoint Couples and Families Therapy Incentive hours gained.

^{**}These categories when combined with credited Personal Psychotherapy shall not exceed 1250 hours of experience.



FAQ's for Weekly Summary of Hours of Experience & MFT Experience Verification Form

When completing these forms, be sure to complete all necessary fields. The *Weekly Summary of Hours of Experience* and the *MFT Experience Verification* form are the two forms used to document supervised work experience requirements.

1. How do I log/get credit for the conjoint couples and family incentive hours?

When completing the *Weekly Summary of Hours of Experience* form and the *MFT Experience Verification* form, you will document the total couples, families and children hours gained on or after 1/1/2010 on the form item titled "Couples, families, and children." In the subsection below, record the amount of actual conjoint couples and families hours. This subsection is only for recording purposes and will not affect your supervision requirements or increase your weekly totals. Please only document actual hours. **Do not double count the hours on your forms.** Once your application is received by the Board, those hours will be evaluated, and up to the first 150 hours of conjoint couples and family hours will be double counted to a maximum of 300 hours.

For example: If Allison completed 10 couples, families and children hours, and 6 of those hours were conjoint couples and family, Allison would record 10 hours in the couples, families and children category and 6 hours below in the conjoint couples and family subsection.

2. If I have already gained conjoint couples and family hours before 1/1/2010, can I count those prior hours towards the incentive?

No. Only the first 150 hours of conjoint couples and family hours gained on or after 1/1/2010 will be double counted.

3. How do I know when to stop using the old forms and start using the new forms?

For any hours gained on or after 1/1/2010 the Board of Behavioral Sciences (BBS) encourages all Trainees and Interns to start using the new *Weekly Summary of Hours of Experience* form and *MFT Experience Verification* form. Any hours gained prior to 1/1/2010 should be documented on the previous versions of the forms. The current version and prior version of the *Weekly Summary of Hours of Experience* and the *MFT Experience Verification* are available on the "Forms and Publications" section of the BBS Web site (http://www.bbs.ca.gov/forms.shtml).

4. Can I combine pre-degree and post-degree work experience on the same form?

The BBS advises separating pre- and post-degree experience on separate *Weekly Summary of Hours of Experience* and *MFT Experience Verification* forms. As long as your application for Intern registration is submitted within 90 days of your degree conferral date, you may count experience gained during this time and log these as post-degree hours. If you do not submit your application within 90 days, you will not be able to count hours until your Intern registration number is issued.

5. Now that W-2s or a letter verifying volunteer status are required for MFT Interns, do I have to locate all past employers when I was employed before 1/1/2010 to get documentation?

No. Only Interns must submit a W-2 or letter from the employer verifying voluntary status for hours gained on or after 1/1/2010. This is not required for any hours gained before this date or for Trainees.

6. How do I fill out the forms if I have more than one supervisor in the same work setting?

If you are receiving supervision from two individuals in an employment setting, you can document this on separate forms. As long as the time periods on the two forms overlap and the employment setting is the same, the BBS will lump the experience and supervision together upon evaluation of the forms.

7. As a Trainee, can I count administering and evaluating psychological tests of counselees, writing clinical reports and progress and process notes?

Yes. Starting 1/1/2010 Trainees can now count these hours up to the maximum of 250 hours. Any hours gained as a Trainee in this category prior to 1/1/2010 will not be able to count.

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Department of Marital and Family Therapy

Practicum Site Evaluation Form

(To be completed by the Trainee at the end of each term)

Student Name	Date	Pho	one Number
<u> </u>	pring 2 nd o	☐ 3 rd	4 th or more
Practicum Site Name			
Address			
City		State	Zip
Phone Number	Fax	x Number	
Name of Site Contact Person Types of client problems with which you w		n-Site Superviso	r (if different)
Academic concerns Adjustment disorders Adult-child conflicts Anger/conflict management and resolution Anxiety disorders of adulthood Anxiety disorders of childhood and adoles Bipolar disorders Depressive disorders of childhood and adole Depressive disorders of adulthood Developmental disorders Disruptive behavior Dissociative disorders Eating disorders Eating disorders Eating disorders Gang-related problems Grief and Loss Legal problems	scence		

Physical abuse problems			
Psychoactive substance use disorders			
Psychotic disorders			
Religion related issues			
Self-esteem/self-worth issues			
Sexual dustions			
Sexual dysfunctions			
☐ Sleep disorders ☐ Special needs populations			
Social relationship problems with peers			
Suicide	,		
Unwanted pregnancy			
Other			
Formats in which you provided a MAJOR	portion of counseling this	term:	
☐ Individual ☐ Group ☐ Couple	e 🔲 Family 🔲 '	Other	
Formats in which you provided a MINOR	portion of counseling this	term:	
Individual Group Coupl	e 🔲 Family 🔲	Other	
Age group(s) to whom you provided a MA	JOR portion of counseling	this term:	• 1
		46-64)T
Age group(s) to whom you provided a MII	NOR portion of counseling \square 36-45 \square	46-64 65	;±
☐ 0-15 ☐ 16-20 ☐ 21-35	□ 36-45	40-04 🔲 03	, '
The Trainee is treated responder of the general atmosphere of the Trainee is treated respondered facilities are avaing the Trainee receives clerification of the Trainee receives are also considered atmosphere of the Trainee is treated respondered atmosphere at the Trainee receives clerification of the Trainee receives at the Trainee r	2 = Sometimes True I atmosphere. respectful of the Trainee's pectfully by the staff. If the site provides a climat pectfully by the clients. Italiable for Trainee use (e.g.,	e of trust and open office, supplies, e rd clients. rd the Trainee.	
Supervision Were the BBS standards for supervision n of direct counseling each week) Yes No	net at this site? (I.e. one un	it of supervision fo	or every five hours
Overall quality of supervision with the Si	te Supervisor PRIMARILY	responsible for p	roviding you with
one-to-one or group supervision: None Poor	Adequate	Good	Excellent

Overall quality of supe	ervision with the Site Su	Estate transcriptor should prove o		
one-to-one or group su None	pervision: Poor	Adequate	Good	Excellent
Assessment of number	of seminars or other pr	ofessional development e	xperiences availa	able through my
placement site during None	this term: Poor	Adequate	Good	☐ Excellent
0 = Not Applicable The site pro The site give There are su The site app The profess:		= Sometimes True 3 = nces, books, & materials dance on ethical issues ees therapeutic approaches essible to the Trainee	- Often True	
0 = Not Applicable The staff pr The staff is	ovides opportunities for	2 = Sometimes True relevant feedback in a po	sitive manner	ften True
	ets are discussed in an o	s personal and profession pen, non-threatening man on Communication	ner	
Trainee's Comments	ets are discussed in an o	pen, non-threatening man	Good	
Trainee's Comments I rate the overall qual-	ets are discussed in an o	pen, non-threatening man on Communication eriences this term as:	ner	Excellent
I rate the overall qual	ets are discussed in an o	pen, non-threatening man on Communication eriences this term as:	ner	Excellent
I rate the overall qual None Additional Commen	ity of my practicum exp	pen, non-threatening man on Communication eriences this term as:	Good	
I rate the overall qualing None Additional Comments I am willing to talk w	ity of my practicum exp	eriences this term as: Adequate this practicum placement	Good	
I rate the overall qualty None Additional Comments I am willing to talk we have a second or se	ity of my practicum exp Poor its:	eriences this term as: Adequate this practicum placement rience as: Adequate	Good : Yes No)

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Department of Marital and Family Therapy

Trainee Performance Evaluation Form

(To be completed by the Site Supervisor at the end of each term)

		Trainee Name			
		Date	-	•	
	2	Supervisor Name			
Ter Ter Tra	rm	ter Spring 2 nd No	☐ 3 rd	4 th or more	e
the	re domains of trainee competence are scale provided, circle the number tha all other people you have trained at the rein refers to any person receiving serv	t best describes your p e same level of profess	erception sional de	ns of the Trainee's skills welopment (the term "cl	compared
Sig	natures (indicates that the information	on below has been disc	cussed by	Trainee and Superviso	r)
Stu	ident Signature			Contact Information	
Sup	pervisor Signature			Contact Information	
	raluation of Trainee ease rate each statement below on the	following scale:			
	IO 1 2 Clearly Deficient	3 Adequate	4	5 Clearly Excellent	NA
L	IO = Inadequate Opportunity to 0	Observe	N	A = Not Applicable to	the Setting
Co	ounseling Skill Competency				
4.	Establishes a working relationship v IO 1 2	vith clients 3	4	5	NA
5.	Gathers client historical information IO 1 2	3	4	5	NA
6.	Specifies the client problems and go IO 1 2	pals in concrete terms	4	5	NA

Ass	essment S	kill Com	petency				
1.	Uses curre	ent source	s of information				
	IO	1	2	3	4	5	NA
2.	Appropria characteris		es methods of asse	ssment to deter	mine client conce	erns, problems, o	r
	IO	1	2	3	4	5	NA
3.	Appropria	tely inter	prets and uses asses	ssments with cl	ients and others		
	IO	1	2	3	4	5	NA
Su	pervision S	Skill Com	ipetency				
1.	Meets wit	h supervi	sor as scheduled				
	IO	1	2	3	4	5	NA
2.	Forms wo	orking rela	ationship with supe	rvisor			
	IO	1	2	3	4	5	NA
3.	Handles f	eedback v	well				
	IO	1	2	3	4	5	NA
	ofessional						
1.	Establish	es and ma	intains facilitative	working relatio	nship with staff		
	IO	1	2	3	4	5	NA
2.	Knows le	gal and e	thical aspects of co	unseling			
	IO	1	2	3	4	5	NA
3.	Participat	tes in staf	f in-service training	7			
	IO	1	2	3	4	5	NA
Ca	ase Manag	gement Sl	cill Competency				
1.	Appropri	iately uses	s referral within and			~	NT 4
	IO	1	2	3	4	5	NA
2.	Respons	ibly sched	lules and meets wit	h clients			
	IO	1	2	3	4	5	NA

3.	Keeps	adequate and	timely client rec	ords			
	IO	1	2	3	4	5	NA
Ba	sed on	your knowled			ne Trainee's maj		
						-	
Su	ggestio	ons for further	professional de	evelopment:			
0	ther Co	omments?					
-							

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Department of Marital and Family Therapy

Workshops, Seminars, and Training Sessions

Training/Workshop Name	Provider	Location	Dates	Total Hours
	1		,	

I authorize the applicant's at Family Therapist. These hou	tendance at the follov urs were NOT used to	ving, directly relatir fulfill the applicant	ng to his/her training a	s a Marital and ements.
Trainee Name – please print	t			
Site Supervisor Name and L	icense Number			
Site Supervisor Signature				
Date of Signature				

WEEKLY SUMMARY OF HOURS OF PSYCHOTHERAPY RECEIVED

Suggested Log for Personal Psychotherapy

The BBS currently has no official log for collecting hours of personal psychotherapy received by Interns and Trainees. Please use this form to record the hours of personal psychotherapy you receive and turn it into your Practicum Professor one week prior to the last week of your last Practicum semester.

Personal Psychotherapy: Personal psychotherapy hours are not limited to individual hours. They may include group, marital or conjoint or even family psychotherapy received by an applicant.

Qualified Psychotherapists: Licensed Marriage and Family Therapists, Licensed Clinical Social Workers, Licensed Psychologists and Licensed Physicians certified in psychiatry by the American Board of Psychiatry and Neurology

Weekly Summ	ary of l	Psycho	therap	y Rece	eived			Year:		
Name of Traine	e/Intern	1								
Name of Psycho	otherapi	ist]	License	e No.: _		
Week Of:										Total Hours
Hours of Psychotherapy or Counseling Received										
Psychotherapist's Signature										

Concept borrowed from a form which appeared in the November/December 1993 issue of *The California Therapist*



Board of Behavioral Sciences

1625 North Market Blvd., Suite S200, Sacramento, CA 95834 Telephone: (916) 574-7830 TTY: (800) 326-2297 www.bbs.ca.gov



MARRIAGE AND FAMILY THERAPIST EXPERIENCE VERIFICATION

FOR HOURS GAINED ON OR AFTER JANUARY 1, 2010

The supervisor must complete this form. Use a separate form for each person verifying hours of supervised experience for licensure as a marriage and family therapist and for each employment setting. Complete a separate form for pre-degree and post-degree hours. Make certain that the form is complete and correct prior to signing. Any change should be initialed by the supervisor and is subject to verification. Experience verification forms are to be submitted by the applicant with his or her application for examination eligibility.

Applicant:	Last	First			Middle	
						v.
UPERVISOR: (Please type		Firet	Middle	2. Business Phone:		
I. Supervisor Name:	Last	First	Wilddie	Z. Busiliess i florie.	K)	
3. Address:	Number and Street	City	/	State		Zip Code
4. Name of Applicant's En	nployer:			5. Business Phone:		
6. Employer's Address:	Number and Street	Cit	у	State		Zip Code
7. a Was this experi	ience gained in a setting that lawfully and	regularly provides mental hea	alth counseling or ps	ychotherapy?	Yes	No [
	ience gained in a private practice setting?				Yes	☐ No ☐
8 Experience was gas supervision require	nined in a setting that provided oversight tements and is within the scope of practice	o ensure that the applicant's value for the profession?	work meets the expe	rience and	Yes	☐ No ☐
statement for each current paystub.	Vas the applicant receiving pay for the en year experience is claimed. For the cu eered, a letter from the employer verifyin	rrent year in which a W-2 has	s not been issued, s	ubmit a copy of a	Yes	□ No □
10. Dates of the experi		From:mm/dd/yyyy	To:		dd/yyyy	
11. How many weeks o	f supervised experience are being claime	ed?				
12. Show only those ho	ours of experience as verified on the week	kly summary of hours form.				Logged Hours
a. Individual Psy	chotherapy (No minimum or maximum ho	ours required)				
b. Couples, fan	nilies, and children (minimum 500 hours)					
Of the hou	irs recorded on line 12. b., how many acti	ual hours were gained via con	joint couples and far	mily therapy.		
c. Group Therap	py or Counseling (maximum 500 hours)					
	e (maximum 375 hours)					
(maximum 2				process notes		
f. Workshops, and child cou	seminars, training sessions, or conferenc ınseling* (maximum 250 hours)	ces directly related to marriage	e, family,			
a Client Cente	red Advocacy (CCA)*					

Continue on next page.

Applicant: Last		First			Middle
			Llour	a norwook	Logged Hours
13. Face-to-face supervision*:			Hour	s per week	Logged Hours
a. Individual					
b. Group (Group supervision	contained no more than 8 perso	ons)		14	
14. Supervisor License Information	n:				Odeleally Licensed
Type of License	License Number	State of License		Date	Originally Licensed
If M.D., were you certified in Psych supervision? Date Board certified:		sychiatry and Neurology during the entir	e period	of	Yes No
	*	of California that the foregoing is tru	ıe and c	orrect	
Signature of Supervisor:		Date	: -		

37A-301a (Rev. 1/11)

^{*}These categories when combined with credited Personal Psychotherapy shall not exceed 1250 hours of experience.

Marriage and Family Therapist Trainees and Most Frequently Asked Questions Answers to Relating to Interns



Board of Behavioral Sciences 1625 N Market Blvd Suite S-200 Sacramento CA 95834 (916) 574-7830 http://www.bbs.ca.gov

able of Contents	
What is the breakdown for the required hours of experience for mainingly and raining increasing the present of hours of hours can I count as a Trainee?	
What types of nous can receive a supervision I can count in a week?	
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3 What has licensure coursework do I need to complete prior to licensure?	
4 What coloring on Board forms?	
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the examination?	∞.
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19. Once I pass my exams, can I start practicing in the exam process?	∞
20. Must I continue to maye supervision wine in the example section of the property of the pro	∞.
21. Does my supervisor freed to be off-site:	∞.
22. Do I need to resubility in the minimum of work experience?	တ
23. As a Trainee, when can i begin counting pre-degree modes or more experience.	တ.
24. What is the definition of telefilledictile counseling:	o,
25. Can group supervision be broken into one-model increments	1
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Vision

Strong minds, lives, families, and communities.

Protect Californians by promoting consumer awareness, advocating for improved mental health services, and setting, communicating, and enforcing standards.

1. Wha the breakdown for the required hours of experience for Marriage and Family Therapist (MFT) licensure?

he Board requires 3,000 hours of supervised professional exp and 104 weeks of supervision to qualify for MFT licensure. Of the 104 supervised weeks required, 52 weeks must be weeks in which the applicant received at least one hour of one-on-one, individual, face-to-face supervision. A supervised week is any week in which a Trainee or Intern meets with an individual supervisor for one hour or a group supervisor for two hours. The required 3,000 hours of supervised experience must conform to the following breakdown:

Counseling Hours

- Individual Psychotherapy (no Min or Max hrs)
- Couples, Family, and Children (Min 500 hrs)
- The first 150 hours of conjoint treatment of couples and family hours can be double counted starting 1/1/2010.
 - Group Therapy or Counseling (Max 500 hrs)
- Telemedicine Counseling (Max 375 hrs)(see question 24)

<u>Administering and Evaluating Psychological Tests, Writing Clinical</u> <u>Reports, Writing Progress or Process Notes (Max 250 hrs)</u>

Other Non-Counseling Hours (Max 1,250 hrs)

- Workshops, Seminars, Training Sessions or Conferences (Max
- Personal Psychotherapy Received (Max 100 hrs triple counted as 300)
- Client Centered Advocacy
- Direct Supervisor Contact (Both individual and group)

The maximum amount of work experience that a Trainee or Intern may count in a given week is 40 hours. Personal Psychotherapy received does not count as work experience and does not require supervision.

Statutes and Regulations cited: B&P Code Section 4980.43; CCR Section 1833

The maximum number of hours a person can earn while a Trainee is no more than 1,300 hours of the following:

2. What types of hours can I count as a Trainee?

- Counseling and Supervision Hours (Max 750 hrs)
- Administering and Evaluating Psychological Tests, Writing Clinical Reports, Writing Progress or Process Notes (Max 250 hrs)
 - Workshops, Seminars, Training Sessions or Conferences (Max 250 hrs)
- Client Centered Advocacy
- Personal Psychotherapy Received (Max 100 hrs triple counted as

Statutes and Regulations cited: B&P Code Section 4980.43

	C - C - C - C - C - C - C - C - C - C -
3. What is the maximum number of hours of supervision I can count in a week?	No more than five hours of supervision, whether individual of group, shall be credited as work experience during a single week.
	Statutes and Regulations cited: CCR Section 1833
4. Where do I record Personal Psychotherapy hours?	The Board does not have a specific form for recording Personal Psychotherapy hours. Personal Psychotherapy hours are logged on the MFT examination eligibility application. This application is on the "Forms and Publications" section of the website.
5. What is the 6-year rule?	The Board cannot accept hours of experience older than six years from the time a person applies for MFT examination eligibility. The only exception to this rule is a maximum of 500 hours of work experience from an applicant's degree program. Up to 500 hours of counseling and supervision experience, obtained as an MFT Trainee while enrolled in practicum, can be older than 6 years.
	For example, Applicant A sends in an application for MFT examination eligibility, and the Board receives this application on March 24, 2010. The Board will only accept hours earned between March 24, 2004 and March 24, 2010. Of course, up to 500 counseling and supervision hours obtained while an MFT Trainee will be accepted even if they are older than March 24, 2004.
	Statutes and Regulations cited: B&P Code Section 4980.43
6. Do I need to separate hours gained pre-degree from hours gained post-degree? Do I need to separate hours gained prior to 1/1/2010 and hours gained on or after 1/1/2010?	The Board encourages MFT Trainees and Interns to keep pre-degree and post-degree hours on separate Experience Verification forms. The Board also strongly encourages MFT Trainees and Interns to close out all hours on their Experience Verification forms and Weekly Log Sheets through 12/31/2009 and start with the new forms on 1/1/2010. Please see the new forms for hours gained on or after 1/1/2010 on the Board's Web site. Although not required by law, but doing so may decrease the processing time for applications.
7. What is the difference between the supervision requirements for MFT Trainees and Interns?	As a Trainee, an individual needs to receive at least "one unit" of supervision contact for every five hours of psychotherapy or counseling performed. Interns must receive "one unit" of supervision for the first 10 hours of counseling experience performed in any week in each setting. Interns must receive one additional "unit" of supervision during any week in which more than 10 hours of psychotherapy or counseling are performed in each setting. The requirements described only apply to direct counseling/psychotherapy hours. (Individual Psychotherapy; and Couples, Family, and Children; Group Psychotherapy; and

ι	7)	

	Telemedicine Counseling)
	Note: One "unit" if supervision equals one hour of individual supervision or two hours of group supervision.
	Statutes and Regulations cited: B&P Code Section 4980.43
8. Can I count hours after I graduate but before I receive an Intern registration number?	Applicants for Intern registration may count hours obtained post-degree but before issuance of an Intern registration number ONLY if the applicant applies for Intern registration within 90 days of the qualifying degree conferral date. The Board grants no exceptions.
	Statutes and Regulations cited: B&P Code Section 4980.43
9. Can I begin work in a private practice setting without having an Intern registration number?	A private practice setting is a place of business that lawfully and regularly provides mental health counseling or psychotherapy and is owned by a licensed marriage and family therapist, a licensed clinical social worker, a licensed psychologist, a licensed physician and surgeon, or a professional corporation of any of these professions.
	Trainees cannot work in a private practice setting. Registered Interns may be employees in a private practice setting.
	Statutes and Regulations cited: B&P Code Section 4980.43; CCR Section 1833

"		

Carretal to accelerate HTM	Only licensed mental health professionals can supervise Trainees and
	Interns. Licensed mental health professionals include licensed marriage and family therapists, licensed clinical social workers, licensed psychologists, and licensed physicians certified in psychiatry by the American Board of Psychiatry and Neurology. Additionally, the supervisor must maintain a current valid California license. The supervisor must have held that license for at least two (2) years and practiced psychotherapy or directly supervised trainees, interns, or associate clinical social workers that perform psychotherapy as part of their clinical practice for at least two years within the last five-year period immediately preceding supervision.
	The Board requires supervisors of Trainees and Interns to complete a minimum of six (6) hours of supervision training or coursework within two years immediately preceding supervision (or within 60 days of commencement of supervision) and every renewal period thereafter. Psychologists and physicians certified in psychiatry are exempt from supervision training.
	Statutes and Regulations cited: B&P Code Section 4980.03; CCR Section 1833.1
11. When do I need to send in supervisory forms?	MFT Experience Verification forms shall be sent with an applicant's MFT examination eligibility application. These forms are not required before that time. Responsibility Statements must also be submitted with the application for examination eligibility.
	Weekly Summary of Hours of Experience forms only need to be sent if the Board specifically requests an applicant in writing to do so.
12. How many people can participate in a session of group supervision?	Statutes and Regulations cited: CCR Section 1833; 1833.1 Group supervision sessions shall include no more than eight (8) persons receiving supervision.
	Statutes and Regulations cited: B&P Code Section 4980.43; CCR Section 1833

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1	

13. What pre-licensure coursework do I need to complete prior to licensure?	In addition to holding a qualifying degree, an applicant for examination eligibility must complete specific pre-licensure required courses prior to submitting an application for MFT examination eligibility.
	 These courses include: Child Abuse Assessment and Reporting (7 hrs) Human Sexuality (10 hrs) Alcoholism and Chemical Substance Abuse Dependency (15 hr/1 semester unit; must be within the qualifying degree
	 program) Spousal/Partner Abuse (must be within degree program; must be 15 hours for those after 1/1/2004) Psychological Testing (2 semester or 3 quarter units) Psychopharmacology (2 semester or 3 quarter units) California Law and Professional Ethics (2 semester or 3 quarter
	units) Aging and Long Term Care (10 hrs for those after 1/1/04)
	Note: The dates above refer to when a person begins his or her degree program.
	Statutes and Regulations cited: B&P Code 4980.39, 4980.41; CCR Section 1807,1807.2,1810
14. What color ink can I use on Board forms?	The Board does not require applicants to use any particular color of firm on forms.
15. Do I need to take all pre-licensure required coursework prior to submitting an MFT Intern registration application package?	No. An applicant can apply for MFT Intern registration without completing all the required pre-licensure additional coursework. Prelicensure coursework only needs to be complete at the time a person applies for examination eligibility.
16. Can I work in a private practice setting with my second Intern registration number?	No. If an individual applies for and receives a second MFT Intern registration, he or she cannot work in a private practice setting with that second intern registration number
	Statutes and Regulations cited: B&P Code 4984.01

17. Can I practice as a 1099 independent contractor while a Trainee or Intern?	No. Only a licensed MFT practicing within the scope of practice for MF1s may be paid on a 1099. All Interns and Trainees must be a paid employee of an agency or a volunteer.
	Statutes and Regulations cited: B&P Code 4980.43; CCR Section 1833
18. Do I need to maintain a current Intern registration number to participate in the examination?	The Board does not require an examination candidate to maintain a current registration number in order to take the licensing examination. However, many employers do require a current registration number to remain employed. The Board advises applicants to consult with their employer prior to allowing an Intern registration to expire.
19. Once I pass my exams, can I start practicing independently?	No. A successful examinee still must submit an MFT Initial License application form and fee before the Board will issue a marriage and family therapy license. Independent practice cannot begin until the Board issues a license.
	Statutes and Regulations cited: B&P Code Section 4980
20. Must I continue to have supervision while in the exam process?	All applicants, trainees, and registrants must receive supervision from an acceptable licensed mental health professional. Once issued a license, an individual no longer needs to be under supervision.
	Statutes and Regulations cited: B&P Code Section 4980.43
21. Does my supervisor need to be on-site?	Only in a private practice setting does a supervisor need to be employed by, and practice at, the same site as the applicant's employer. In a setting that is not a private practice, the supervisor may be employed by the registrant's employer on either a paid or voluntary basis. An off-site supervisor must sign a letter of agreement with the agency employing the applicant.
	Statutes and Regulations cited: CCR Section 1833
22. Do I need to resubmit fingerprints with my MFT examination eligibility application?	If you have a current MFT Intern registration number at the time the Board receives your application for MFT examination eligibility, you will not need to redo your fingerprints for the Board.
	If you do not have an open file with the Board, fingerprints will be necessary.

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23. As a Trainee, when can I begin counting pre-degree hours of work experience?	A Trainee can only begin countilly flours of experior of factors of experior of factors
	1. The student must have completed a minimum of 12 semester or 18 quarter units in a qualifying MFT degree program.
	2. The Trainee must have a written agreement between the school and each work site that details each party's responsibilities, including the methods by which supervision shall be provided.
	Note: One exception is Personal Psychotherapy hours, which can count from the date a person begins his or her degree program.
24. What is the definition of telemedicine counseling?	Statutes and Regulations cited: B&P Code Section 4980.03; 4980.42 Telemedicine refers to the practice of health care delivery, diagnosis, consultation, treatment, transfer of medical data, and education using
	interactive audio, video, or data communications. Neither a telephone conversation nor e-mail between a provider and a client constitutes telemedicine.
	Note: Hours gained on or after 1/1/2010 will also include Telephone counseling to this category.
	The interaction must take place in real time or near real time.
25. Can group supervision be broken into one-hour increments?	Statutes and Regulations cited: B&P Code Section 2290.5 Group supervision can be broken into one-hour increments, as long as both increments (full two hours) are provided in the same week as the
	experience being claimed. Statutes and Regulations cited: B&P Code Section 4980.43
26. Can I receive supervision via videoconferencing?	An MFT Intern working for a governmental entity; school, college, or university; or an institution that is both nonprofit and charitable may obtain supervision via live two-way videoconferencing. The supervisor is responsible for ensuring that the client confidentiality is preserved.
	Statutes and Regulations cited: B&P Code Section 4980.43

The information provided in this publication is supplemental and intended to serve as a quick answer guide for common questions. The Statutes and Regulations Relating to the Practice of Marriage and Family Therapy, Licensed Clinical Social Work, and Licensed Educational Psychology contains the official legal code sections and language. The BBS encourages you to thoroughly read the Statutes and Regulations and refer to it in cases that require official legal authority or language

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